


May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>Key</p> <p><i>Programs are subject to change</i></p> <p>DR—Dining Room T—Tent P—Parlor AS—Arrington Sunporch D—Den FR—Fellowship Room BL—Braeburn Lounge WL—Wellness Lounge</p>	<p>1</p> <p>10:00am Pet Visits 2:00pm Painting (DR) 3:00 pm Rosary (AS)</p>	<p>2</p> <p>10:45am Fun & Fitness (DR) 2:00pm Manicures (P) 2:00pm Village Voices (FR)</p>	<p>3</p> <p>1:00pm Happy Hour (FR)</p>	<p>4</p> <p>10:00am Quote of the Day (DR) 2:00pm Dominoes (DR)</p>
<p>5</p> <p>10:00am Church Service (FR) 1:00pm Sunday Matinee (P)</p>	<p>6</p> <p>10:00am Bingo (DR) 1:00pm Feline Visits 2:00pm Stretching (P) 6:30pm Gettysburg Children Choir (FR)</p>	<p>7</p> <p>10:00am Current Events (P) 2:00pm Dominoes (DR)</p>	<p>8</p> <p>9:00am High School Kids (DR) 2:00pm Chat with the Chaplain (DR) 3:00pm Rosary (AS)</p>	<p>9</p> <p>10:45am Fun & Fitness (DR) 2:00pm Planting Flowers (T)</p>	<p>10</p> <p>10:00am Manicures (P) 2:00pm Life Long Learning (WL)</p>	<p>11</p> <p>9:00am Who am I (DR) 2:00pm Dominoes (DR)</p>
<p>12</p> <p>10:00am Church Service (FR) 1:00pm Sunday Matinee (P)</p>	<p>13</p> <p>10:00am Bingo (DR) 2:00pm Making & Baking (D)</p>	<p>14</p> <p>10:00am Current Events (P) 2:00pm Dominoes (DR)</p>	<p>15</p> <p>10:00am Pet Visits 2:00pm Balloon Volleyball (DR) 3:00pm Rosary (AS)</p>	<p>16</p> <p>10:00am Catholic Mass (FR) 10:45am Fun & Fitness (DR) 2:00pm Village Voices (FR) 2:00pm Documentary (DR)</p>	<p>17</p> <p>10:00am Manicures (P) 2:00pm Fun Friday (T)</p>	<p>18</p> <p>10:00am Coffee & Conversation (P) 2:00pm Jokes & Humor (DR)</p>
<p>19</p> <p>10:00am Church Service (FR) 1:00pm Sunday Matinee (P)</p>	<p>20</p> <p>10:00am Bingo (DR) 1:00pm Feline Visits 1:30pm Senior Acts (FR)</p>	<p>21</p> <p>10:00am Current Events (P) 2:00pm Dominoes (DR)</p>	<p>22</p> <p>10:00am One on One Visits 2:00pm Chat with the Chaplain (DR) 3:00pm Rosary (AS)</p>	<p>23</p> <p>10:45am Fun & Fitness (DR) 2:00pm Village Voices (FR) 3:00pm Greta playing the Harp (P) 6:15pm Do Re Me's (BL)</p>	<p>24</p> <p>10:00am Manicures (P) 2:00pm Life Long Learning (WL)</p>	<p>25</p> <p>10:00am Its Puzzling (P) 2:00pm Dominoes (DR)</p>
<p>26</p> <p>10:00am Church Service (FR) 1:00pm Sunday Matinee (P)</p>	<p>27</p> <p>10:00am Bingo (DR) 2:00pm Nature Walk (P)</p>	<p>28</p> <p>10:00am Current Events (P) 2:00pm Resident Council Mtg. 2:30pm Dominoes (DR)</p>	<p>29</p> <p>10:00am Pet Visits 2:00pm True /False Trivia (DR) 3:00pm Rosary (AS)</p>	<p>30</p> <p>10:45am Fun & Fitness (DR) 2:00pm Documentary (DR) 2:00pm Village Voices (FR)</p>	<p>31</p> <p>10:00am Manicures (P) 2:00pm Fun Friday (T)</p>	

The Village at Gettysburg Personal Care Programs & Events



Personal Care Newsletter

A Cheesy Tradition

The rolling hills of Gloucestershire, England, are usually quiet, except on the last Monday in May when the locals participate in one of the world's wildest competitions: the annual Cheese-Rolling at Cooper's Hill. These are the famous cheese races, where men and women, young and old, chase a nine-pound wheel of Double Gloucester cheese down a precipitous hill. The first one to catch the wheel wins the cheese, but the cheese rolls so fast—up to 70 mph!—that this almost never happens. Instead, the first one to cross the finish line is usually declared the winner. The most famous aspect of the race is not the cheese, but Cooper's Hill. This hill is so steep and treacherous that every year injuries occur. In 2007, in a notoriously wet and windy race, 20-year-old Christopher Anderson tumbled head-over-heels across the finish line and fell unconscious. When he awoke, miraculously unhurt, he learned that he had won a victory worth its weight in cheese.

Written records date the cheese-rolling in Gloucestershire back 200 years, but even then, it was considered an old tradition, with some claiming that it began in the 1400s. Since 1988, the cheese has been handmade by local cheese-maker Diana Smart, using milk from her own Brown Swiss, Holstein, and Gloucester cows at Churcham farm. Her cheese wheels are housed in a protective wooden casing and then wrapped in traditional blue and red ribbons. Between 1941 and 1954, due to food rationing during World War II, a wooden cheese was used. The largest cheese ever rolled was a 40-pound cheddar donated by New Zealand in 1958.

The sport's reach has gone global, and athletes from all over the world now compete. Winners have hailed from Canada, Australia, New Zealand, the United States, Belgium, Egypt, and Nepal. Hundreds of spectators often arrive to watch the festivities, taking their lives in their hands as they throng the hill to watch the speedy cheese and its foolhardy followers.

