

# The Weekly Connection

## Personal Care | May 19-25, 2024

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

### **Sunday, May 19**

10:00am Church Service (Fellowship Room)

#### Sunday Matinee

1:30pm PGA Tour CBS Channel 4

3:00pm A Royal Runaway Romance Hallmark Channel 137

### **Monday, May 20**

10:00am Bingo (Dining Room)

1:30pm Senior Acts (Fellowship Room)

### **Tuesday, May 21**

10:00am Current Events (Dining Room)

2:00pm Dominoes (Dining Room)

### **Wednesday, May 22**

10:00am One on One Visits

2:00pm Chat with the Chaplain (Dining Room)

3:30pm Rosary (Arlington Sun Porch)

### **Thursday, May 23**

10:45am Fun & Fitness (Dining Room)

2:00pm Choir Practice (Fellowship Room)

6:15pm Do Re Me's (Braeburn Lounge)

### **Friday, May 24**

10:00am Manicures (Parlor)

2:00pm Life Long Learning (Wellness Lounge)

### **Saturday, May 25**

10:00am Its Puzzling (Dining Room)

2:00pm Dominoes (Dining Room)

### **Senior ACTS**

Presents a tribute to Rogers and Hammerstein on the 80th anniversary of their partnership. The program will include a presentation of some of their music as well as readings. May 20, 1:30 in the

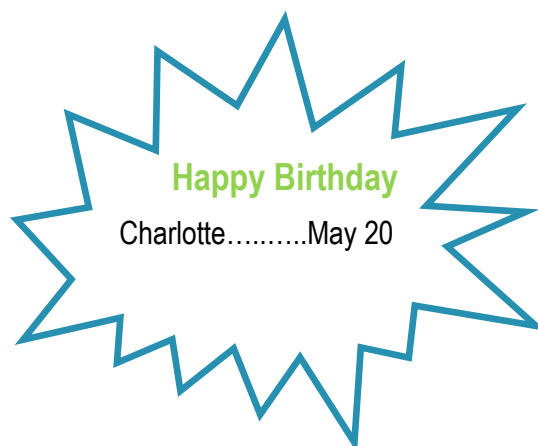
Fellowship Room.

### **Life Long Learning**

May 24 at 2:00pm

Wellness Lounge

Topic: "The Work for Freedom" – The struggle against slavery into the Pennsylvania borderlands.



2024 \$3	Sunday May 19	Monday May 20	Tuesday May 21	Wednesday May 22	Thursday May 23	Friday May 24	Saturday May 25
<b>Breakfast</b>	Assorted Juices Assorted Cold Cereals Assorted Toast Hot Oatmeal  Blueberry Pancakes Bacon	Assorted Juices Assorted Cold Cereals Assorted Toast Hot Oatmeal  Scrambled Eggs Fruit Muffin	Assorted Juices Assorted Cold Cereals Assorted Toast Cream of Wheat  Egg & Potato Bake	Assorted Juices Assorted Cold Cereals Assorted Toast Hot Oatmeal  Pancakes Bacon	Assorted Juices Assorted Cold Cereals Assorted Toast Cream of Wheat  Waffle Breakfast Sausage	Assorted Juices Assorted Cold Cereals Assorted Toast Hot Oatmeal  Cheesy Scrambled Eggs	Assorted Juices Assorted Cold Cereals Assorted Toast Cream of Wheat  Texas French Toast Sausage Links
<b>Lunch</b>	Caribbean BBQ Pork Stuffed Cabbage Roll  Brown Rice Squash Medley  Lemon Meringue Pie	Chicken Parmesan  Shrimp Po Boy  Penne Pasta with Marinara  Summer Vegetable Blend  Honeydew	Baked Fish with Dill Sauce  Kielbasa  Roasted New Potatoes  Spinach  Cinnamon Applesauce	Citrus Roasted Pork Spring Vegetable Alfredo Sweet Potato  Broccoli Dinner Roll  Caramel Bread Pudding	Baked Cod Chicken Ricotta  Risotto  Carrot Coin  Sugar Cookies	Roast Beef  Hot Pork Sandwich  Mashed Potato  Succotash  Blonde Brownie	Shrimp & Pineapple Stir Fry  Cheese Pizza  Steamed Rice  Marinated Cucumbers  Cheesecake
<b>Dinner</b>	Cream of Potato Soup  Roast Beef and Swiss on Rye Chicken Noodle Casserole  Coleslaw Dinner Roll  Fresh Cantaloupe	Vegetable Chowder  Chicken Salad Fruit Plate  Grilled Monte Cristo  Baked Potato  Coconut Cake	Turkey Noodle Soup  Open Faced Roast Beef Sandwich  Crispy Chicken Sandwich  Tater Tots  Ice Cream Sandwich	Beef Orzo Soup  Tuna Melt Casserole  Turkey Burger  Potato Wedge  Brownie	Cream of Broccoli Soup  Hamburger on a Bun Lettuce, Tomato & Pickle  Macaroni & Cheese  Stewed Tomatoes  Pineapple Whip	Vegetable Soup  Fried Fish Sandwich  Chicken Enchilada Casserole  Coleslaw  Cherry Delight Bar	Beer Cheese Soup  Grilled Turkey & Swiss Sandwich  Broccoli & Cheese Casserole  Hot German Potato Salad Corn  Fruit Gelatin Salad

Milk, water and assorted hot and cold beverages available at every meal. Additional menu choices are located on our Always Available menu.