

The Weekly Connection

Residential Living / May 12 ~ May 18, 2024

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as Shown on the Calendar

Sunday, May 12

10:00am Worship (FR)

Happy Mother's Day!

Monday, May 13

10:30am Coffee with Chaplain (CC)

11:30pm So Good (CC)

Tuesday, May 14

1:00pm Rhythm and Motion (WS)

Wednesday, May 15

9:30am Area Shopping

2:00pm Mexican Train Dominoes (CC)

3:30pm Rosary (AS)

Thursday, May 16

9:30am Weis Market

10:00am Catholic Mass (FR)

2:00pm Village Voices (FR)

Friday, May 17

2:00pm Bingo (CC)

Saturday, May 18

Residential Living Nurse Navigator Updates

Peggy's Schedule This Week

Tuesday, May 14 ~ 8am to 4pm

Friday, May 17 ~ 8am to 4pm

Peggy's Monthly Schedule will now only be posted in her office and prominent areas of campus. It will be emailed to those who have provided us an email address. If you would like a paper copy please sign up at the receptionist.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, weakness or uncontrolled bleeding call 911.

RN Supervisor 717-487-4092

**Available after 4pm Monday-Friday
or weekends only. Not available for care .
Please call 911 for Emergencies**

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following this guideline.

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 **Spiritrust Lutheran**[®]
The Village at Gettysburg



From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables should be tied tightly in a container and should not be put out until the morning of pick-up. Glass recycling continues on the first Saturday of each month. If you are able, take your bottles and jars (minus the lids) to the blue bins in the recycling room behind the dumpster. The bottles and jars do not need to be bagged.

The Rescue Mission is no longer handling our recycling for our community. We have worked with Waste Connections to provide the community a recycling dumpster to continue our recycling efforts. We will be looking at providing individual recycling bins to place your recycling items in rather than the plastic bags to comply with Waste Connections' standards. More information will be provided when we have the individual bins purchased. Please continue to follow the same routine of placing your recyclables outside on Mondays. We are also looking at options of a privacy fence for better esthetic around the recycling dumpster

Resident Garden

The resident garden will be tilled as soon as the weather and ground conditions permit. A resident garden committee met this week and will keep you informed of any updates. Until then, if you are interested in having a plot in the garden this year please contact Jess by phone or email.

Apartment Access to Main Building

The access from the apartment elevator to the skilled care center is now open. You may exit the elevator and go through the door to our Cortland hallway. You can use either the elevator from the Braeburn Lounge or next to the skilled care kitchen.

New Buildings and Grounds Team Member

Please welcome our new B&G team member, Scott Kohne. Make sure to say "hi" when you see him around campus.

Thank You

A big thank you to all who sent me birthday cards and wishes. I had a wonderful birthday in Atlantic City but it was great to get home to SpiriTrust. ~ Alyce Riffon

Thank you for all the birthday greetings! Since we moved into this community in January, you all have been welcoming, helpful, and friendly. We appreciate it greatly. ~ Marilyn Cox

The next Cannons Corner Breakfast will be on Wednesday, May 15. The menu includes Peaches and Cream Stuffed French Toast, Scrambled Eggs, Breakfast Potatoes, Baked Ham, Toast and Yogurt Parfaits. AYCE for \$8.00 or a la carte.

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered to Cannons at 11:30am on Saturday and Sunday.

Senior ACTS will present a tribute to Rogers and Hammerstein on the 80th anniversary of their partnership. The program will include a presentation of some of their music as well as readings. May 20, 1:30 in the Fellowship Room.

Totem Pole— If you are interested in going to the Totem Pole on June 6 for a matinee performance of Pump Boys and Dinettes, please contact Nikki as soon as possible. Tickets are \$58.

Cannons Corner Menu



Monday, May 13 Minestrone Soup	Baked Crab Cake, Bourbon Chicken, Roasted New Potatoes, Roasted Asparagus, Brownie with Caramel
Tuesday, May 14 Italian Wedding Soup	BBQ Pulled Beef, Spinach Egg Bake, Buttered Noodles, Honey Glazed Carrots, Fresh Fruit
Wednesday, May 15 Tuscan Bean & Tomato Soup	Oven-Fried Chicken, Loaded Baked Potato, Corn and Cheddar Casserole, Caesar Salad, Peach Crisp
Thursday, May 16 Cream of Celery Soup	Shepherd's Pie, Stuffed Shells, Dinner Roll, Wax Beans with Pimento, Cherry Pie
Friday, May 17 French Onion Soup	Baked Stuffed Cod, General Tso's Chicken, Basmati Rice, Parsley Cauliflower, Blueberry Lemon Mousse Cake
Pre-Order Saturday, May 18 Lentil Soup	Herb Baked Chicken, Three Cheese Lasagna, Scalloped Potatoes, Italian Vegetables, Butterscotch Squares
Pre-Order Sunday, May 19 Chicken Vegetable Soup	Caribbean BBQ Pork, Stuffed Cabbage Roll, Dirty Rice, Squash Medley, Lemon Meringue Pie