

Assisted Living & Memory Support Resident Menu

2024	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 2	May 12	May 13	May 14	May 15	May 16	May 17	May 18
Breakfast	Assorted Juice Oatmeal Assorted Cold Cereal						
	Cheesy Scrambled Eggs	Scrambled Eggs	Denver Scrambled Eggs	Cheesy Scrambled Eggs	Baked Cheese Omelet	Scrambled Eggs	Egg & Cheese Muffin
	Egg & Potato Bake	Pancakes with Syrup	Waffle with Syrup	Yogurt & Granola	French Toast with Syrup	Sausage Gravy over Biscuits	Blueberry Pancakes with Syrup
	Assorted Toast Cinnamon Coffee Cake	Bacon Banana	Breakfast Sausage	Assorted Toast	Turkey Sausage Link	Hashbrown Triangle	Bacon
	Mother's Day	BBQ Pulled Beef	Oven Fried Chicken	Shepherd's Pie	Baked Stuffed Cod	Herbed Baked Chicken	Caribbean BBQ Pork
Lunch	Chicken with Mushrooms and Madeira Wine Sauce	Spinach Egg Bake	Loaded Baked Potato	Stuffed Shells with Marinara	General Tso's Chicken	Three Cheese Lasagna	Stuffed Cabbage Roll
	English Cod with lemon butter	Buttered Noodles	Corn & Cheddar Casserole	Wax Beans with Pimentos	Basmati Rice	Scalloped Potatoes	Dirty Brown Rice
	Broccoli and Cauliflower Roasted Fingerling	Honey Glazed Carrots	Caesar Salad	Cherry Pie	Parsley Cauliflower	Italian Romano Vegetable Blend	Squash Medley
	Potatoes Strawberry Shortcake	Fruit Cup	Peach Crisp		Blueberry Lemon Mousse Cup	Butterscotch Squares	Lemon Meringue Pie
Dinner	Italian Wedding Soup	Tuscan Bean & Tomato Soup	Cream of Celery Soup	French Onion Soup	Lentil Soup	Chicken Vegetable Soup	Cream of Potato Soup
	Chicken Salad on a Bun	Fish & Chips	Broccoli & Mushroom Stir Fry	Cheeseburger	Egg Salad Sandwich	Battered Cod	Roasted Beef & Swiss Sandwich
	Cottage Cheese & Fruit	Italian Hoagie	Turkey Croquettes	Chef Salad	Hot Dog on Bun	Black Beans & Rice	Chicken Noodle
	Green Pea Salad	Zucchini Parmesan	Rice	Baked Beans Country Tomato Salad	Pickled Beets with Onions	Sweet Potato Fries	Casserole
	Mandarin Oranges	Chocolate Pudding Cake	Watermelon	Jello Parfait	Oatmeal Raisin Cookie	Sauteed Mixed Greens	Coleslaw
		chooside radding bake	· · · · · · · · · · · · · · · · · · ·	Solio Farian		Ambrosia Salad	Cantaloupe

Key: BW - Be Well (healthier item choice) LS - Low Sodium LF - Low Fat