## SpiriTrust Lutheran <br> The Village at Sprenkle Drive

| $2024$ <br> Week 2 | Sunday May 12 | Monday <br> May 13 | Tuesday May 14 | Wednesday May 15 | Thursday May 16 | Friday <br> May 17 | Saturday May 18 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Assorted Juice Oatmeal Assorted Cold Cereal Cheesy Scrambled Eggs <br> Egg \& Potato Bake <br> Assorted Toast <br> Cinnamon Coffee Cake | Assorted Juice Oatmeal Assorted Cold Cereal <br> Scrambled Eggs <br> Pancakes with Syrup <br> Bacon <br> Banana | Assorted Juice Oatmeal Assorted Cold Cereal <br> Denver Scrambled Eggs <br> Waffle with Syrup <br> Breakfast Sausage | Assorted Juice Oatmeal Assorted Cold Cereal Cheesy Scrambled Eggs Yogurt \& Granola Assorted Toast | Assorted Juice Oatmeal Assorted Cold Cereal <br> Baked Cheese Omelet <br> French Toast with Syrup <br> Turkey Sausage Link | Assorted Juice Oatmeal Assorted Cold Cereal <br> Scrambled Eggs <br> Sausage Gravy over Biscuits <br> Hashbrown Triangle | Assorted Juice Oatmeal Assorted Cold Cereal <br> Egg \& Cheese Muffin <br> Blueberry Pancakes with Syrup <br> Bacon |
| 든 | Mother's Day <br> Chicken with Mushrooms and Madeira Wine Sauce English Cod with lemon butter <br> Broccoli and Cauliflower Roasted Fingerling Potatoes <br> Strawberry Shortcake | BBQ Pulled Beef <br> Spinach Egg Bake <br> Buttered Noodles <br> Honey Glazed Carrots <br> Fruit Cup | Oven Fried Chicken <br> Loaded Baked Potato <br> Corn \& Cheddar Casserole <br> Caesar Salad <br> Peach Crisp | Shepherd's Pie <br> Stuffed Shells with Marinara <br> Wax Beans with Pimentos Cherry Pie | Baked Stuffed Cod <br> General Tso's Chicken <br> Basmati Rice <br> Parsley Cauliflower <br> Blueberry Lemon Mousse Cup | Herbed Baked Chicken <br> Three Cheese Lasagna <br> Scalloped Potatoes <br> Italian Romano Vegetable Blend <br> Butterscotch Squares | Caribbean BBQ Pork <br> Stuffed Cabbage Roll <br> Dirty Brown Rice <br> Squash Medley <br> Lemon Meringue Pie |
| $\begin{aligned} & \frac{1}{\mathrm{~d}} \\ & \frac{1}{c} \\ & \hline \end{aligned}$ | Italian Wedding Soup <br> Chicken Salad on a Bun <br> Cottage Cheese \& Fruit <br> Green Pea Salad <br> Mandarin Oranges | Tuscan Bean \& Tomato Soup <br> Fish \& Chips Italian Hoagie <br> Zucchini Parmesan <br> Chocolate Pudding Cake | Cream of Celery Soup <br> Broccoli \& Mushroom Stir Fry <br> Turkey Croquettes <br> Rice <br> Watermelon | French Onion Soup <br> Cheeseburger <br> Chef Salad <br> Baked Beans <br> Country Tomato Salad <br> Jello Parfait | Lentil Soup <br> Egg Salad Sandwich <br> Hot Dog on Bun <br> Pickled Beets with Onions <br> Oatmeal Raisin Cookie | Chicken Vegetable Soup <br> Battered Cod <br> Black Beans \& Rice <br> Sweet Potato Fries <br> Sauteed Mixed Greens <br> Ambrosia Salad | Cream of Potato Soup <br> Roasted Beef \& Swiss Sandwich <br> Chicken Noodle Casserole <br> Coleslaw <br> Cantaloupe |

Key: BW - Be Well (healthier item choice) | LS LowSodium I LF - Low Fat
Milk, water and assorted hot and cold beverages available at every meal. Hot or cold sandwiches, soups and cottage cheese $\&$ a fruit plate are always available.

