

2024 Week 3	Sunday May 19	Monday May 20	Tuesday May 21	Wednesday May 22	Thursday May 23	Friday May 24	Saturday May 25
Breakfast	Assorted Juice Oatmeal Assorted Cold Cereal  Baked Omelet  Cinnamon Raisin French Toast with Syrup  Peach Muffin	Assorted Juice Oatmeal Assorted Cold Cereal  Cheesy Scrambled Eggs  Egg & Potato Bake  Cinnamon Coffee Cake	Assorted Juice Oatmeal Assorted Cold Cereal  Scrambled Eggs Pancakes with Syrup  Bacon Assorted Toast	Assorted Juice Oatmeal Assorted Cold Cereal  Denver Scrambled Egg Waffle w/ Syrup  Breakfast Sausage Assorted Toast	Assorted Juice Oatmeal Assorted Cold Cereal  Cheesy Scrambled Eggs Yogurt & Granola  Assorted Toast	Assorted Juice Oatmeal Assorted Cold Cereal  Baked Cheese Omelet  Franch Toast with Syrup  Turkey Sausage Link	Assorted Juice Oatmeal Assorted Cold Cereal  Scrambled Eggs  Sausage Gravy with Biscuit  Hashbrown Triangle
Lunch	Chicken Parmesan  Shrimp Po Boy  Penne Pasta with Marinara  Summer Vegetable Blend  Honeydew	Baked Fish with Dill Sauce  Kielbasa  Roasted New Potatoes  Spinach  Cinnamon Applesauc	Citrus Roasted Pork Spring Vegetable Alfredo  Sweet Potato  Broccoli  Dinner Roll  Caramel Bread Pudding	Baked Cod Chicken Ricotta  Risotto  Carrot Coin  Sugar Cookies	Roast Beef  Hot Pork Sandwich  Mashed Potato  Succotash  Blonde Brownie	Shrimp & Pineapple Stir Fry  Cheese Pizza  Steamed Rice  Marinated Cucumbers  Cheesecake	Apricot Glazed Ham  Vegetable Quiche  Garlic Mashed Potato  Fresh Green Bean  Dinner Roll  Peach Pie
Dinner	Vegetable Chowder  Chicken Salad Fruit Plate  Grilled Monte Cristo  Baked Potato  Coconut Cake	Turkey Noodle Soup  Open Faced Roast Beef Sandwich  Crispy Chicken Sandwich  Tater Tots  Ice Cream Sandwich	Beef Orzo Soup  Tuna Melt Casserole  Turkey Burger  Potato Wedge	Cream of Broccoli Soup  Hamburger on a Bun Lettuce, Tomato & Pickle  Macaroni & Cheese  Stewed Tomatoes  Pineapple Whip	Vegetable Soup  Fried Fish Sandwich  Chicken Enchilada Casserole  Coleslaw  Cherry Delight Bar	Beer Cheese Soup  Grilled Turkey & Swiss Sandwich  Broccoli & Cheese Casserole  Hot German Potato Salad Corn Fruit Gelatin Salad	Chicken Rice Vegetable Soup  Seafood Newburg  Cheese Ravioli Breadstick  Maple Glazed Carrots  Chocolate Chip Cookie

Key: BW - Be Well (healthier item choice) | LS - Low Sodium | LF - Low Fat

Milk, water and assorted hot and cold beverages available at every meal. Hot or cold sandwiches, soups and cottage cheese & a fruit plate are always available.

--	--	--	--	--	--	--	--

Key: BW - Be Well (healthier item choice) | LS - Low Sodium | LF - Low Fat

Milk, water and assorted hot and cold beverages available at every meal. Hot or cold sandwiches, soups and cottage cheese & a fruit plate are always available.