Some things to do in this month of giving…

November 2 – Interview with a Neighbor- Come learn about one of our new neighbors on campus.

November 3 – Election Day Transportation to the Polls – Please sign up at the receptionist if you would like to ride the bus to the polling place.

November 6 – Ladies Lunch – The ladies are headed to the Apple Bin in Biglerville for lunch today. Please register at the receptionist.

November 7 – St. Francis Xavier Christmas Bazaar-Features roughly 45 local vendors, crafters, and artisans, plus serving breakfast and lunch. Please register at the receptionist.

Music With Ricky and Mickey – These two musicians both play in local bands and get together as a duo to do more of what they love…bring music to you. You'll hear a variety of classics and standards, older and newer. It's a great way to spend a Sunday afternoon.

November 10 – New Resident Meeting and Social This is for our new residents to meet some integral team members from our campus and have some time to be "new" together. Please register at the receptionist.

November 10 – Yu and I Duo -Enjoy a critically acclaimed classical violin and guitar duo. This is part of the GCCA season ticket. Please sign up at the receptionist or contact Jess for more information about the GCCA.

November 11 – Veterans Day Observance with the Apple Core Band- Join us to thank our veterans and observe the holiday with a performance by the Apple Core Band. Please register at the receptionist.

November 17 – AKI- We are headed to our favorite hibachi restaurant. Please register at the receptionist.

November 20 – Men's Breakfast- The men are headed to the New Oxford Diner this month. Please register at the receptionist.

November 21 – 11th Annual Turkey Trot- Come trot, wobble, or walk with the racers in our 11th year! Bring shelf-stable food and enjoy a crisp morning on our trail. Any distance is fine. Racers will be running a 5k. Please register at the receptionist

November 21 – Foothills Studio Tour- Enjoy door-to-door service to meet the artists and enjoy their pottery, painting, photography, jewelry making and much more. New resident, Judy Pyle is among the talented artists showing and selling their works. Please register at the receptionist and contact Jess with any questions.

November 25 – Friendsgiving- We'll be roasting the turkey and decorating the table for you to join in our annual Friendsgiving lunch. You are asked to sign up to bring an item to share from the list at the receptionist desk. This has become a wonderful Thanksgiving tradition.

November 30 – Book Club- Join our book club! They meet the last Tuesday of each month at 1:30pm in the library. Rather than everyone reading the same book, they discuss what they have read personally, suggest possible new books for our library and keep up to date on current news.

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Concordia at SpiriTrust Gettysburg

November 2026

November Birthdays



November 2
"Lefty" Biser
Cottage 118

November 11
Christine Stehmer
Cottage 104

November 14
Bill Myers
Cottage 190

November 21
Nancy Yingling
Cottage 121

November 22
Carol Angstadt
Cottage 402

November 24
Darlene Hayes
Cottage 176

November 27
Chip Boyer
Cottage 182

November 28
Carol Widerman
Cottage 168

November 30
Sam Zeiser
Cottage 160

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We have made it to the month of thanks and gratitude. We are moving towards the month of comfort and joy. I hope that we can find a little of all of these emotions as we enter into the colder months of the year with their shorter days. Segue to the first reminder this month. After all the goblins have left on Halloween, turn your clocks back an hour so that you have as much daylight as possible on Sunday, November 1. Do you have a plan on how you approach the days with shorter daylight? Do you move your evening walk inside or do you move it up to an earlier hour? Do you have projects that you save from the rest of the year to work on during the winter months? My husband is digitizing all of our accrued pictures from the last 45 years. Maybe this is the year that I can do something crafty besides playing with flowers! Whatever it is, it's always nice to have a plan to see people during the day, so take advantage of some of our trips off campus or come to an activity on campus to keep you engaged. That is the reason many of you are here: COMMUNITY. We are thankful and grateful for our neighbors and team members who help to bring us comfort and joy.

As I always suggest, take a look at the calendar and find something that interests you – there has got to be something! Meet a new neighbor, listen to some music, try a new exercise class, honor the veterans among us, help feed those in need by donating for Thanksgiving, go on an art tour, play Bingo, be a Lifelong Learner and/or enjoy a meal with friends. Many activities are summarized on the back of this calendar. Try something new. You might even like it!

Happy November!

EQUAL HOUSING OPPORTUNITY

The following programs are regularly scheduled on a weekly basis

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30am Chair Yoga (Z and WS)	8:15am Cardio Mix (Z and WS) 9:30am Mat Stretch (Z and WS) 10:30am Chair Fitness (CC)	9:30am Fit Medley (Z and WS)	9:30am Strength (Z and WS)	9:30am On Your Feet (Z and WS)	

Additional programs & events scheduled for the month of November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00am Worship (FR) **1** Make sure that you turned your clock back last night!	10:30am Sanctified Grit with Pastor Dave (CC) **2** 1:00pm Interview With a Neighbor (WL)	10:00am Bus to the Polls (RR) 1:15pm Physical Therapy Talk (CC) **3**	1:00pm Finding God's Will (CC) **4** 3:00pm Rosary (skilled care)	9:30am Weis Market (RR) **5** No Village Voices today due to marketing event	2:00pm Music 101 (WL) **6** 2:00pm Bingo 11:30am Ladies' Lunch at the Apple Bin (RR)	10:00am St. Francis Christmas Bazaar (RR) **7**
10:00am Worship (FR) **8** 2:00pm Music with Ricky and Mickey (FR)	10:30am Wellness Talk (CC) **9** 1:00 New Resident Meet and Greet (WL)	6:45pm Yu and I Duo – GCCS (RR) **10**	9:30am Area Shopping (RR) **11** 10:30am Chat With the Chaplain (CC) 1:00pm Finding God's Will (CC) 1:30pm Veterans Day Reception (FR) 3:00pm Rosary (Skilled care)	9:30am Weis Market (RR) **12** 2:00pm Village Voices Rehearsal(FR)	2:00pm Bingo **13** 2:00pm Lifelong Learning (WL)	**14**
10:00am Worship (FR) **15**	10:30am Sanctified Grit with Pastor Dave (CC) **16** 1:30pm Senior Acts (FR)	11:30 AKI (RR) **17**	1:00pm Finding God's Will (CC) **18** 3:00pm Rosary (Skilled Care)	9:30am Weis Market (RR) **19** 10:00am Catholic Mass (FR) 1:00pm Balance (WS) 2:00pm Village Voices Rehearsal (FR)	9:00am Men's Breakfast at the New Oxford Diner (RR) **20** 2:00pm Music 101 (WL) 2:00pm Bingo	8:30am 11th Annual Turkey Trot (RR) **21** 10:00am Foothills Studio Tour (RR)
10:00am Worship (FR) **22**	**23** 1:00pm Brain Games	9:30am Weis Market (RR) **24** 1:30pm RL Council Meeting (CR)	9:30am Area Shopping (RR) **25** 11:30am Friendsgiving (RR, WL) 1:00pm Finding God's Will (CC) 2:00pm Movie Matinee (WL) 3:00pm Rosary (CC)	**26** Happy Thanksgiving	No Fitness Classes Today **27** No Lifelong Learning Today 2:00pm Bingo	**28**
10:00am Worship (FR) **29**	1:30pm Book Club (Lib.) **30**			**Key: RR- Registration Required $$- Cost OC – Off Campus** **FR – Fellowship Room WG – Wellness Gym T- Tent** **WL – Wellness Lounge TR – Tranquility Room** **CC – Cannon's Corner WS – Wellness Suite** **BL- Braeburn Lounge** ***Note: Time listed in Inspirations is departure time***		.