

# The Weekly Connection

## Residential Living | August 30 ~ September 5, 2026

### What's Happening This Week

*Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)*

#### **Sunday, August 30**

10:00am Worship (FR)

#### **Monday, August 31**

1:30pm Book Club (Library)

#### **Tuesday, September 1**

1:15pm RL Physical Therapy Talk (CC)

#### **Wednesday, September 2**

9:30am Area Shopping (RR)

3:30pm Rosary (AS)

#### **Thursday, September 3**

9:30am Weis Market (RR)

1:00pm Make and Take Flower Arranging (RR, WL)

#### **Friday, September 4**

2:00pm Music 101 (WL)

2:00pm Bingo (CC)

2:30pm 1891 Stained Glass Windows at Trinity UCC (RR)

#### **Saturday, September 5**



RESIDENTIAL LIVING CONNECTION  
AUGUST 30 ~ SEPTEMBER 5, 2026  
717-334-6204

### Residential Living Nurse Navigator Updates

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency, please call 911.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

#### Janell's Schedule

Wednesday, September 2, 7:30am - 3:30pm

Thursday, September 3, 7:30am - 3:30pm

#### **RN Supervisor 717-487-4092**

**Available after 4pm Monday-Friday  
or weekends only. Not available for care.  
Please call 911 for Emergencies**

#### **Transportation for Medical Appointments**

\*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following these guidelines.



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### From Around the Village

#### Garbage, Recycling and Glass Recycling

Regular Recycling Day is on Monday and Trash is on Wednesday. Recyclables (non glass) should be tied tightly in a container and should not be put out until the morning of pick-up. Glass jars and bottles only are recycled in the four small blue bins inside the maintenance shed. Remove all lids. Please do not place any items on the floor in the shed. All other glass beside that listed is to be put in your regular trash.

#### Roofing

Work continues on our roofs.. Please keep a distance between you and the laborers on the campus as they are in "work zones". If you have questions, please refer them to our campus team.

#### Life Enrichment Updates

If you are interested in participating in our Flower Arranging activity, please sign up by Tuesday for preparation and bring a vase if you have one. We will have some extra assorted vases if you need one.

You may notice that trips using the buses have a line under 8 passengers. We can now only transport up to 8 passengers on our bus. If you sign below the 8<sup>th</sup> spot you will be on a waiting list. Please only sign up if you are sure that you can attend these activities, given this new restriction. Last minute invitations to those on the waiting list are very hard to accommodate.

Please sign up for the Stained Glass Window Tour by Wednesday, Sept. 2.

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**Weekend Dining Service**—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

#### Cannons Corner Menu



|                                                       |                                                                                                                                    |
|-------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| Monday, August 31<br>Vegetable Macaroni<br>Soup       | Baked Salmon W/ Lemon Dill Sauce, <b>Italian Baked Chicken, Roasted</b> Sweet Potatoes, Chef's Steamed Vegetable, Orange Poke Cake |
| Tuesday, September 1<br>BLT Soup                      | Beef Tips Au Jus, <b>Brown Sugar Pork Chop</b> , Garlic Parmesan Rice, Herb Buttered Corn & Green Beans, Oreo Delight              |
| Wednesday, September 2<br>Beef Noodle Soup            | Spaghetti and Meatballs, Garlic Butter Shrimp Scampi, Garlic Bread, Cheesecake with Fruit Topping                                  |
| Thursday, September 3<br>Carrot Soup                  | Classic Baked Ham, <b>BBQ Pork Ribs</b> , Mashed Yams, Lemon Buttered Broccoli, Chocolate Pudding                                  |
| Friday, September 4<br>Classic Chicken Noodle<br>Soup | Baked Meatballs W/ Gravy, Citrus Grilled Cod, Buttered Noodles, Baby Carrots, Boston Cream Cake                                    |
| Saturday, September 5<br>Cream of Tomato Soup         | Sauteed Chicken Breast, Classic Beef Stroganoff, Buttered Pasta, Mixed Vegetables, Half Frosted Banana Bars                        |
| Sunday, September 6<br>Homestyle Bean Bacon Soup      | Oven roasted Pork, New England Pot roast, Roasted Sweet Potatoes, Parmesan Green Beans, Strawberry Sundae                          |

Daily specials are **highlighted on the menu**. These items are limited and will be available on a first come-first served basis.