The Weekly Connection

Residential Living | November 22~28, 2026

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, November 22
10:00am Worship (FR)

Monday, November 23
1:00pm Brain Games

Tuesday, November 24
9:30am Weis Market (RR)
1:30pm RL Council Meeting (CR)

Wednesday, November 25
9:30am Area Shopping (RR)
11:30am Friendsgiving (RR, WL)
1:00pm Finding God's Will (CC)
2:00pm Movie Matinee (WL)
3:00pm Rosary (Skilled care)

Thursday, November 26
Happy Thanksgiving!

Friday, November 27
No Fitness Classes Today
No Lifelong Learning Today
2:00pm Bingo (CC)

Saturday, November 28

Concordia at SpiriTrust Gettysburg

Residential Living Nurse Navigator Updates

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency, please call 911.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

Janell's Schedule

Tuesday, November 23, 7:30am-3:30pm

Wednesday, November 25, 7:30am-3:30pm

Upcoming COVID clinic for Residential Living will be December 1 from 11:00am-12:00pm

RN Supervisor 717-487-4092

Available after 4pm Monday–Friday or weekends only. Not available for care. Please call 911 for Emergencies

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following these guidelines.

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From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling Day is on Monday and Trash is on Wednesday. Recyclables (non-glass) should be tied tightly in a container and should not be put out until the morning of pick-up. Glass jars and bottles only are recycled in the four small blue bins inside the maintenance shed. Remove all lids. Please do not place any items on the floor in the shed. All other glass besides that listed is to be put in your regular trash.

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Welcome Pamphlet

Copies of the Residential Living Council's new *Welcome Pamphlet* will be placed in mailboxes so that everyone can enjoy this quick reference guide. The village team would like to thank the members of the committee for putting this resource together.

Goodbyes

Sadly, we announce the resignations of our chaplain, Pastor David Newell and our beautician, Maria McCauslin. Pastor Dave will be with us until November 25th. Maria's last day was November 20.

The Beauty Shop will be closed until further notice. Please direct any questions about hair care to Jess Sheahan.

Life Enrichment

If you are planning on joining us for Friendsgiving on Wednesday, please sign up as soon as you can so that we can prepare.

We will deliver the Turkey Trot donations early next week. If you would still like to donate the table is set up in the lobby.

A memorial service for Roberta Hughes will take place on Sunday, November 22 at 11:30am in the Fellowship Room.

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717-334-6204

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

Turkey Trot

Join us to walk or cheer on the runners on Saturday, November 21 as we host our 11th Annual Turkey Trot. Please bring shelf stable food as an entry fee and register for a door prize before the event starts. The race is a 5k but you are welcome to just come out and walk with the crowd and get a few extra steps in on what is usually a brisk Saturday morning. Sign up is at the receptionist but you can just come out if you find that you have time that day.

Cannons Corner Menu	
Monday, November 23 Soup	Roasted Pork with Apples, Melt in Your Mouth Chicken, Baked Sweet Potato, Spinach, Baked Roll, Carrot Cake
Tuesday, November 24 Chicken Rice Soup	Spaghetti and Meat Sauce, Shrimp Scampi, Noodles, California Blend, Baked Roll, Apple Pie
Wednesday, November 25 Homestyle Vegetable Soup	Caribbean Shrimp, Honey Glazed Pork Chop, Cheesy Rice, Asparagus with Balsamic Sauce, Baked Roll, Chocolate Oreo Poke Cake
Thursday, November 26 Minestrone Soup Happy Thanksgiving	Roasted Turkey, Classic Baked Ham, Classic Mashed Potatoes, Sweet Potato Casserole, Baked Roll, Pumpkin Pie, Apple Pie
Friday, November 27 Cream of Potato Soup	Baked Meatballs with Gravy, Glazed Salmon, Rice, Steamed Broccoli, Baked Roll, Chocolate Cake
Saturday, November 28 Cream of Mushroom Soup	Chicken with Creamy Gravy, BBQ Beef Brisket, Mashed Potatoes, Peas and Mushrooms, Baked Roll, Vanilla Pudding
Sunday, November 29 Tomato Florentine Soup	