

The Weekly Connection

Residential Living | October 4-10, 2026

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, October 4

10:00am Worship (FR)

Monday, October 5

10:30am Sanctified Grit with Pastor Dave (CC)

1:00pm Interview With a Neighbor (WL)

Tuesday, October 6

1:15pm Physical Therapy Talk (CC)

Wednesday, October 7

1:00pm Finding God's Will (CC)

3:30pm Rosary (AS)

Thursday, October 8

9:30am Weis Market (RR)

1:00pm Balance (WS)

2:00pm Village Voices Rehearsal (FR)

Friday, October 9

11:30am Ladies' Lunch at C and D Grill (RR)

2:00pm Lifelong Learning (WL)

2:00pm Bingo (CC)

Saturday, October 10

3:15pm Lyrica Chamber Orchestra at the Seminary (RR)



Concordia at Spirit Trust
Gettysburg

RESIDENTIAL LIVING CONNECTION
OCTOBER 4-10, 2026
717-334-6204

Residential Living Nurse Navigator Updates

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency, please call 911.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

Janell's Schedule

Wednesday, October 7, 7:30am-3:30pm

Friday, October 7, 7:30am-3:30pm

RN Supervisor 717-487-4092

**Available after 4pm Monday-Friday
or weekends only. Not available for care.
Please call 911 for Emergencies**

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following these guidelines.



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From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling Day is on Monday and Trash is on Wednesday. Recyclables (non-glass) should be tied tightly in a container and should not be put out until the morning of pick-up. Glass jars and bottles only are recycled in the four small blue bins inside the maintenance shed. Remove all lids. Please do not place any items on the floor in the shed. All other glass besides that listed is to be put in your regular trash.

Please welcome our newest residents to the community:

Nancy Herring – Apartment 303
Jean Sedario – Cottage 128

Life Enrichment Updates

Please come out to our Interview With a Neighbor program on Monday, October 5 at 1:00pm in the Wellness Lounge. In the past this was a great way to meet new -comers to our campus. We have many new residents so this program will appear on our calendar for the foreseeable future! Come learn a little about our newest residents and introduce yourselves.

Spend some time with Katie E. learning about our therapy services on campus on Tuesday, Oct. 6 at 1:15 pm in Cannons Corner

If you didn't have a chance to come to our first Village Voices rehearsal, fear not! We still want you (especially tenors and basses). We have a new accompanist who will be joining us this Thursday. If you enjoy singing and can read a bit of music, come on out. We present a concert in December for our own community.

On October 11, Norm Nunamaker and friends will be doing a program in the Fellowship Room at 2:00pm.

On October 12, Beltone will be here for our Wellness Talk doing a free hearing seminar in the Fellowship Room. Snacks and free gifts will be available.

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Please clean up your community garden bed by October 31st so that we can prepare for winter.

Thank you

"Thank you for the birthday greetings! They helped make my day special!" ~ Terry Cox

"Thanks to all of you who sent me cards or texts with your good wishes on my birthday. Especially I appreciated your personal notes of kindness and sincerity."~ Bill Conover

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

Cannons Corner Menu



Monday, October 5 Cream of Broccoli Soup	Cube Steak and Gravy, Cranberry Glazed Turkey Roast, Roasted Rosemary Potatoes, Garlic Green Beans, Baked Roll, Chocolate Oreo Poke Cake
Tuesday, October 6 Italian Vegetable Soup	Louisiana Chicken, Cajun Sausage Skillet, Rice Stewed Tomatoes, Apple Cobbler
Wednesday, October 7 Lentil Soup	Baked fish fillet, Ham with Pineapple Sauce, Twice Baked Potato Casserole, Sauteed Carrots, Baked Roll, Bread Pudding
Thursday, October 8 Cream of Vegetable Soup	Pepper Steak, Sliced Turkey Breast, Delicious Rice, Chef's Steamed Vegetable, Baked Roll, Fruit Crisp
Friday, October 9 Cream of Tomato Soup	Chicken with Tomato Mushroom Sauce, Tilapia with Savory Herb Butter, Garlic Pasta, Brussels Sprouts, Baked Roll, Fruit Crisp
Saturday, October 10 Black Bean Vegetarian Chili	Garlic Herb Pork Roast, Seasoned Meatballs with Gravy, Classic Mashed Potatoes, Garlic Spinach, Baked Roll
Sunday, October 11 Vegetable Macaroni Soup	

