The Weekly Connection

Personal Care November 1 ~ 7, 2026

Sunday November 1
10:00am Worship (FR)
Matinee:
2:00pm Winter Wonder Lanes (P) Hallmark Channel
All Saints Day

Monday, November 2
10:00am Bingo (DR)
1:00pm Art Therapy (D)

Tuesday, November 3
10:00am Current Events (P)
1:00pm Tic, Tac, Toe (DR)

Wednesday, November 4
Pet Therapy
3:30pm Rosary (Sunroom)

Thursday, November 5
10:45am Fun and Fitness (DR)
1:00pm Card Games (P)

Friday, November 6
10:00am Manicure (P)
1:00pm Little Women (DR)

Saturday, November 7



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Hello November
May all of your days be
Surrounded with Happiness;
Wrapped in gentle hugs
To warm an Autumn chill,
Brightened by a
Cheerful smile, showered
With Joy and Love.

Concordia at SpiriTrust
Gettysburg

EQUAL HOUSING OPPORTUNITY

Concordia

Weekly Menu

The Village at Gettysburg



	Sun 11-01-2026	Mon 11-02-2026	Tue 11-03-2026	Wed 11-04-2026	Thu 11-05-2026	Fri 11-06-2026	Sat 11-07-2026
BREAKFAST	Scrambled Egg Bacon Fresh Fruit 100% Juice Whole Grain Toast	French Toast Sausage Link Fresh Fruit 100% Juice	Cold Cereal Cheesy Scrambled Eggs Fresh Fruit 100% Juice Whole Grain Toast	Pancakes Scrambled Egg Fresh Fruit 100% Juice	Cheese Omelet Fresh Fruit 100% Juice Glazed Donut	Waffles Sausage Patty Fresh Fruit 100% Juice	Scrambled Egg Hash Browns Fresh Fruit 100% Juice Biscuit
LUNCH	Beef Pot Roast *or* Baked Chicken Quarter Classic Mashed Potatoes Braised Cabbage Baked Roll Cherry Pie	Hamburger Steak with Gravy *or* Cranberry Glazed Turkey Roast Roasted Rosemary Potatoes Garlic Green Beans Baked Roll Rice Pudding	Louisiana Chicken *or* Cajun Sausage Skillet Rice Stewed Tomatoes Apple Cobbler	Baked Fish Fillet *or* Ham with Pineapple Sauce Baked Sweet Potato Sauteed Carrots Butterscotch Pudding	Pepper Steak *or* BBQ Chicken Quarters Rice Mixed Vegetables Baked Roll Blueberry Cheesecake	Chicken Marsala *or* Lemon Baked Tilapia Buttered Noodles Brussels Sprouts Baked Roll Scalloped Apples	Garlic Herb Pork Roast *or* Seasoned Meatballs with Gravy Classic Mashed Potatoes Spinach Baked Roll Chocolate Cream Pie
DINNER	Cream of Broccoli Soup Cheese Ravioli with Pasta Sauce *or* Baked Potato Bar Carrots Baked Roll Baked Cinnamon Apples	Homestyle Vegetable Soup Shrimp Penne *or* Egg Salad Croissant Mixed Vegetables Sugar Cookie	Lentil Soup Tavern Sandwich *or* Turkey A La King over Mashed Potatoes Coleslaw Fudge Brownie	Navy Bean Soup Tuna Melt *or* Pork and Beans Steamed Broccoli Sweet Potato Pie	Cream of Tomato Soup Ham and Potato Casserole *or* Eggplant Parmesan Noodles Green Beans Baked Roll Yellow Cake	Black Bean Vegetarian Chili Mojo Pork *or* Teriyaki Chicken Rice California Normandy Blend Ambrosia	Garden Vegetable Soup Chicken and Noodles *or* Hot Dog and Sauerkraut Seasoned Peas Baked Roll Oatmeal Raisin Cookie
	Milk offered at every meal						Week 4