

The Weekly Connection

Personal Care | October 12~ October 18, 2025

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

Sunday, October 12

10:00am Church Service (Fellowship Room)

Sunday Matinee

2:00pm Love, Fall, and Order (P) Hallmark Channel

Monday, October 13

10:00am Bingo (DR)

1:00pm Let's Bake (D)

Tuesday, October 14

10:00am Current Events (DR)

1:00pm Guess to Match Colors (DR)

3:00pm Movie Matinee :

October Sky (WL)

Wednesday, October 15

Pet Therapy

2:00pm Chat with Chaplin (DR)

3:30pm Rosary (Sunroom)

Thursday, October 16

10:00am Catholic Mass (FR)

10:45am Fun and Fitness (DR)

1:00pm How Steady are You? (DR)

Friday, October 17

10:00am Manicure (P)

1:00pm Dominoes (P)

2:00pm Music 101 (WL)

Saturday, October 18



If You Never Tasted A Bad Apple,
You Would Not
Appreciate A Good Apple.
You Have to Experience Life
To Understand Life.

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 **SpiriTrust Lutheran®**
The Village at Gettysburg



Menu 2025



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal Scrambled Eggs Hash Browns Wheat Toast Banana Coffee or Tea Orange Juice, Milk	Farina French Toast Syrup Bacon Coffee or Tea Orange Juice, Milk	Oatmeal Cheese Omelet Home fries' w/ onions White Toast Banana Coffee or Tea Orange Juice, Milk	Farina Pancakes Syrup Pork Sausage Patty Coffee or Tea Orange Juice, Milk	Oatmeal Western Scrambled Eggs White Toast Coffee or Tea Orange Juice, Milk	Farina French Toast Syrup Pork Sausage Patty Coffee or Tea Orange Juice, Milk	Oatmeal Cheesy Scrambled Eggs White Toast Coffee or Tea Orange Juice, Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Spaghetti & Meatballs Baked Chicken Breast Mixed Vegetables Peach Crisp Coffee or Tea Juice, Milk	Oven-Fried Chicken Lemon Baked Fish Baked Potato Corn Diced Pears Coffee or Tea Juice, Milk	Beef Stew Cottage Cheese & Fruit Country Mashed Potatoes Glazed Beets Coffee Cake Coffee or Tea Juice, Milk	Herb & Butter Baked Fish Orange Honey Garlic Chicken White Rice Green Beans Tropical Fruit Salad Coffee or Tea Juice, Milk	Chicken Alfredo over Linguini Cheesy Tuna Melt Tomato Salad Broccoli Chocolate Brownie Coffee or Tea Juice, Milk	Meatloaf w/gravy BLT Sandwich Garlic Roasted Potatoes Peas & Carrots Diced Pears Coffee or Tea Juice, Milk	Roast Pork Loin Lemon Baked Fish Potatoes Au Gratin Sauerkraut Dinner Roll Ice Cream Sundae Coffee or Tea Juice, Milk
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cream of Broccoli Soup w/ saltine crackers Chicken Salad Sandwich Grilled Ham & Cheese Sandwich Cucumber Salad Sugar Cookies Coffee or Tea Juice, Milk	Vegetable Soup w/ saltine crackers Hot Pork Sandwich Turkey & Cheese Sandwich Coleslaw Butterscotch Pudding Coffee or Tea Juice, Milk	Turkey Rice Soup w/ saltine crackers Chicken Caesar Salad Egg Salad on Whole Wheat Potato Chips Sliced Peaches Coffee or Tea Juice, Milk	Tomato Soup w/ saltine crackers Grilled Cheese Sandwich Baked Fish French Fries Blueberry Crisp Coffee or Tea Juice, Milk	Chicken Noodle Soup w/ saltine crackers Hot Turkey Sandwich Roast Beef & Swiss on Rye Smashed Potatoes Pineapple Coffee or Tea Juice, Milk	Split Pea Soup w/ saltine crackers Oven Baked Fish Sticks Baked Chicken Breast Stewed Tomatoes Chocolate Chip Cookies Coffee or Tea Juice, Milk	Corn Chowder w/ saltine crackers Turkey Reuben Sandwich Grilled Cheese Sandwich Sweet Potato Wedges Mandarin Oranges Coffee or Tea Juice, Milk

It is Our Pleasure to Serve You

Milk, Tea, Coffee and Decaffeinated Beverages are Available at Each Meal



Week 1



Nutrition Management, Superior Service