

The Weekly Connection

Personal Care April 19-25, 2026

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

Sunday, April 19

10:00am Church Service (Fellowship Room)

Sunday Matinee

1:00pm Groundswell (Hallmark)

Monday, April 20

10:00am Bingo (DR)

1:00pm President Jefferson Trivia (P)

Tuesday, April 21

10:00am Current Events (DR)

1:00pm Adult Coloring (D)

Wednesday, April 22

3:30pm Rosary (Sunroom)

Thursday, April 23

10:45am Fun and Fitness (DR)

1:00pm Balloon Volley (P)

Friday, April 24

10:00am Craft (D)

1:00pm James Madison Trivia (P)

Saturday, April 25



“You don’t have the power to make
Rainbows or waterfalls, or
Sunsets or roses,
But you do have the power to
Bless people by your words and smiles.
You carry within you the power
To make the world better.”



Weeks of Service: 04/19

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal Pancakes Syrup Bacon Coffee, Tea Orange Juice, or Milk	Assorted Cold Cereal Cheese Omelet Hash Browns White Toast Coffee, Tea Orange Juice, or Milk	Oatmeal Scrambled Egg Sausage Patty White Toast Banana Coffee, Tea Orange Juice, or Milk	Assorted Cold Cereal French Toast Syrup Bacon Fresh Fruit Coffee, Tea Orange Juice, or Milk	Oatmeal Cheesy Scrambled Egg Home Fries Bacon White Toast Coffee, Tea Orange Juice, or Milk	Assorted Cold Cereal Vegetable Frittata Hash Browns Muffin Banana Coffee, Tea Orange Juice, or Milk	Oatmeal Scrambled Eggs with Peppers & Onions Breakfast Ham White Toast Coffee, Tea Orange Juice, or Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Broccoli Stir Fry Vegetable Lasagna Fried Rice Mandarin Oranges Coffee, Tea Juice, or Milk	Baked Cod Baked Citrus & Herb Chicken Egg Noodles Zucchini Bread Pudding Coffee, Tea Juice, or Milk	Pineapple Glazed Ham Beef Chili White Rice Baby Carrots Warm Bread Roll Chocolate Mousse Coffee, Tea Juice, or Milk	Chicken Parmesan Linguini & Clams Mixed Vegetables Garlic Bread Tossed Salad Lemon Bar Coffee, Tea Juice, or Milk	Roast Pork Loin Stuffed Peppers Smashed Potatoes Green Beans Mandarin Oranges Coffee, Tea Juice, or Milk	Baked Flounder Cheese & Broccoli Strata Pilaf Rice Carrots Chocolate cake with Vanilla Icing Coffee, Tea Juice, or Milk	Pork Chop & Apple Sauce Bruschetta Chicken Tossed Salad Garlic Bread Cheesecake Coffee, Tea Juice, or Milk
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Vegetable Soup w/ saltine crackers Macaroni & Cheese Sloppy Joe Stewed Tomatoes Cucumber Salad Yellow Cake with Icing Coffee, Tea Juice, or Milk	Barley & Mushroom Soup w/ saltine crackers Ham & Cheese Sandwich Egg Salad Sandwich Pickles Chips Macaroni Salad Pineapple Coffee, Tea Juice, or Milk	Ham & Lima Bean Soup w/ saltine crackers Breaded Chicken Cutlets Stuffed Tomato with Tuna Beet Salad Chocolate Chip Cookie Coffee, Tea Juice, or Milk	Chicken & Rice Soup w/ saltine crackers Cottage Cheese & Fruit BLT Wrap Caesar Salad Warm Bread Roll Diced Peas Coffee, Tea Juice, or Milk	New England Clam Chowder w/ saltine crackers Turkey & Cheese Sandwich Broccoli Quiche Garden Salad Coffee Cake Coffee, Tea Juice, or Milk	Chicken Noodle Soup w/ saltine crackers Cheese Pizza Oven Baked Beer Battered Fish Tomato & Cucumber Salad Fruited Gelatin Coffee, Tea Juice, or Milk	Summer Corn Chowder w/ saltine crackers Hot Pork Sandwich Herb Roasted Chicken Broccoli Mandarin Oranges Coffee or Tea Juice, Milk



Week 3

It's Our Pleasure to Serve You

Milk, Tea, Coffee and Decaffeinated Beverages are Available at Each Meal



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Nutritious Food, Expert Management, Superior Service



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