

The Weekly Connection

Personal Care | August 30~ September 5, 2026

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

Sunday, August 30

10:00am Church Service (Fellowship Room)

Sunday Matinee

2:00pm Just My Type (P)
(Hallmark Channel)

Monday, August 31

10:00am Bingo (Dining Room)

1:30pm Brain Games (P)

Tuesday, September 1

10:00am Current Events (Dining Room)

1:00pm Art Therapy (D)

Wednesday, September 2

Pet Therapy

3:30pm Rosary (Sunroom)

Thursday, September 3

10:45am Fun and Fitness (Dining Room)

1:00pm Rock Painting (DR)

Friday, September 4

10:00am Manicures (Parlor)

1:30pm Duck Hunt (DR)

Saturday, September 5



September

September, and somewhere the last
Of the sycamore leaves
Have returned to Earth.
Wind Clears the sky of clouds.
What's left here? Grouse, silver
Salmon, and the struck pine
Not far from the house.
A tree hit by lightning.
But even now beginning to live again.
A few shoots miraculously appearing.
Hello September!!

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**Concordia at SpiriTrust
Gettysburg**



Weekly Menu

The Village at Gettysburg



	Sun 08-30-2026	Mon 08-31-2026	Tue 09-01-2026	Wed 09-02-2026	Thu 09-03-2026	Fri 09-04-2026	Sat 09-05-2026
BREAKFAST	Pancakes Hot or Cold Cereal Bacon Mandarin Oranges	Scrambled Egg Hot or Cold Cereal Bacon Banana Cheese Danish	Ham and Cheese Omelet Hot or Cold Cereal Hash Browns Pineapple Chunks Cinnamon Buns	Cinnamon French Toast Hot or Cold Cereal Sausage Link Tropical Mixed Fruit	Egg Sausage Croissant Hot or Cold Cereal Yogurt Banana	Scrambled Egg Hot or Cold Cereal Breakfast Ham Peaches Assorted Donuts	Waffles Hot or Cold Cereal Sausage Link Fruit Cocktail
LUNCH	Southern Fried Chicken Pot Roast and Vegetables Mashed Potatoes Peas and Carrots Ice Cream Sundae	Baked Salmon with Lemon Dill Sauce Italian Baked Chicken Roasted Sweet Potatoes Chef's Steamed Vegetable Orange Poke Cake	Beef Tips Au Jus Brown Sugar Pork Chop Garlic Parmesan Rice Herb Buttered Corn and Green Beans Oreo Delight	Spaghetti and Meatballs Garlic Butter Shrimp Scampi Garlic Bread Side Salad Cheesecake with Fruit Topping	Classic Baked Ham or BBQ Pork Ribs Mashed Yams Lemon Buttered Broccoli Chocolate Pudding	Baked Meatballs with Gravy or Citrus Grilled Cod Buttered Noodles Baby Carrots Boston Cream Cake	Sauteed Chicken Breast or Classic Beef Stroganoff Buttered Pasta Mixed Vegetables Half Frosted Banana Bars
DINNER	Vegetable Macaroni Soup Cheese and Pepper Pizza or Cobb Salad Breadsticks Side Salad Assorted Cookies	BLT Soup Cheeseburger Tuna Melt Potato Salad Fruit Medley	Beef Noodle Soup Chicken Cordon Rouille Casserole or Italian Sausage Sandwich Fresh Cooked Zucchini Boston Cream Pie	Carrot Soup Italian Sub Sandwich or Pulled Balsamic Chicken Sandwich French Fries Half Strawberry Rhubarb Pie	Classic Chicken Noodle Soup Turkey Noodle Bake or Corned Beef and Swiss on Rye Mixed Vegetables Mandarin Parfait	Cream of Tomato Soup Grilled Cheese Sandwich or Egg Salad Pickle Spear Potato Chips Orange Creamsicle Bar	Homestyle Bean Bacon Soup Ham Salad or Chicken Salad Sandwich Coleslaw Chocolate Chip Cookie
Milk offered at every meal							Week 3