

# The Weekly Connection

## Personal Care | February 1 ~ 7 ,2026

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

### **Sunday, February 1**

10:00am Church Service (Fellowship Room)

Sunday Matinee

2:00pm Falling In Love In Niagara (P) Hallmark Channel

### **Monday, February 2**

10:00am Bingo (DR)

1:00pm Fill The Egg Carton (DR)

Ground Hog Day!!

### **Tuesday, February 3**

10:00am Current Events (DR)

1:00pm Let's Bake Valentine Cookies (D)

### **Wednesday, February 4**

Pet Therapy

3:30pm Rosary (Sunroom)

### **Thursday, February 5**

**10:45am Fun and Fitness (DR)**

1:00pm Valentine Craft (DR)

### **Friday, February 6**

**10:00am Manicure (P)**

**1:30pm Bingo Store (DR)**

### **Saturday, February 7**

Hello February



PicMix

We welcome February with love  
In our hearts and  
Smiles on our faces.  
Have a wonderful month!

# Winter Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal Fried Eggs Home Fries w/ Onion Assorted Toast Coffee or Tea Assorted Juice, Milk	Oatmeal Pancakes Syrup Pork Sausage Patty Coffee or Tea Orange Juice, Milk	Oatmeal Scrambled Egg Warm Cinnamon Apples Assorted Toast Coffee or Tea Orange Juice, Milk	Oatmeal French Toast Syrup Bacon Coffee or Tea Orange Juice, Milk	Oatmeal Cheesy Hash Brown Egg Casserole Assorted Toast Coffee or Tea Orange Juice, Milk	Oatmeal Cheesy Hash Brown Egg Casserole Assorted Toast Coffee or Tea Orange Juice, Milk	Oatmeal Blueberry Pancakes Syrup Hash Browns Coffee or Tea Orange Juice, Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Herb Roasted Chicken Roast Beef Oven Roasted Potatoes Roasted Baby Carrot Sugar cookie Coffee or Tea Juice, Milk	Lemon Baked Fish Chicken Provençale Oven Roasted Potato Spinach Chocolate Mousse Coffee or Tea Juice, Milk	Shepherd's Pie BBQ Chicken Corn Salad Apple Sauce Coffee or Tea Juice, Milk	Stewed Chicken & Dumpling Braised Liver & Onion Mashed Potatoes Green Peas Yellow Cake w/ chocolate icing Coffee or Tea Juice, Milk	Turkey Tetrazzini Hamburger Roasted Root Vegetable Zucchini Medley Diced Pears Coffee or Tea Juice, Milk	Sweet and Sour Pork Baked Chicken Breast Steamed White Rice Broccoli Apricots Coffee or Tea Juice, Milk	Baked Ziti w/ Meat Sauce Tuna Melt Garlic Bread Italian Green Beans Banana Cake Coffee or Tea Juice, Milk
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cream of Broccoli Soup w/ saltine crackers Beef & Tomato Macaroni Battered Cod Dinner Roll Diced Peaches Coffee or Tea Juice, Milk	Turkey Vegetable Soup w/ saltine crackers Hot Dog Seafood Salad on a Croissant Coleslaw Diced Pear Coffee or Tea Juice, Milk	Tomato Bisque w/ saltine crackers Rosemary Baked Chicken Grilled Cheese Sandwich Tater Tots Blonde Brownie Coffee or Tea Juice, Milk	French Onion Soup w/ saltine crackers Meatball Sub Chicken Tenders Roll Tater Tots Mandarin Oranges Coffee or Tea Juice, Milk	French Onion Soup w/ saltine crackers Oven Fried Chicken Lemon Baked Fish French Fries Oatmeal Raisin Cookie Coffee or Tea Juice, Milk	White Bean Soup w/ saltine crackers Hot Roast Beef Sandwich Tuna Salad Platter Potato Salad Pound Cake Coffee or Tea Juice, Milk	Vegetable Soup w/ saltine crackers Turkey Sub Roll Ham and Cheese Sandwich Potato Chips Fruited Gelatin Coffee or Tea Juice, Milk



Nutritious Food, Expert Management, Superior Service

*It is Our Pleasure to Serve You*

Milk, Tea, Coffee and Decaffeinated Beverages are Available at Each Meal

