

The Weekly Connection

Personal Care | February 15—21, 2026

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

Sunday, February 15

10:00am Church Service (Fellowship Room)

Sunday Matinee

2:00pm All Things Valentine (P) Hallmark

Monday, February 16

10:00am Bingo (DR)

1:00pm Washington Trivia (P)

Washington's Birthday Observed

Tuesday, February 17

10:00am Current Events (DR)

1:00pm Adult Coloring (D)

Wednesday, February 18

10:00am Pet Therapy

2:00pm Chat With Chaplin (DR)

3:30pm Rosary (Sunroom)

Ash Wednesday

Thursday, February 19

10:00am Catholic Mass (FR)

10:45am Fun and Fitness (DR)

1:00pm Dominoes (P)

Friday, February 20

10:00am Manicure (P)

1:00pm 20 Questions (P)

Saturday, February 21



“It is better to offer
No excuse
Than a bad one”

Winter Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast Oatmeal Fried Eggs Home Fries w/Onion Assorted Toast Coffee or Tea Assorted Juice, Milk	Breakfast Oatmeal Pancakes Syrup Pork Sausage Patty Coffee or Tea Orange Juice, Milk	Breakfast Oatmeal Scrambled Egg Warm Cinnamon Apples Assorted Toast Coffee or Tea Orange Juice, Milk	Breakfast Oatmeal French Toast Syrup Bacon Coffee or Tea Orange Juice, Milk	Breakfast Oatmeal Cheese Omelet Breakfast Ham Assorted Toast Coffee or Tea Orange Juice, Milk	Breakfast Oatmeal Cheesy Hash Brown Egg Casserole Assorted Toast Coffee or Tea Orange Juice, Milk	Breakfast Oatmeal Blueberry Pancakes Syrup Hash Browns Coffee or Tea Orange Juice, Milk
Lunch Lemon Baked Fish Chicken Provençale Oven Roasted Potato Spinach Chocolate Mousse Coffee or Tea Juice, Milk	Lunch Shepherd's Pie BBQ Chicken Corn Salad Apple Sauce Coffee or Tea Juice, Milk	Lunch Stewed Chicken & Dumpling Braised Liver & Onion Mashed Potatoes Green Peas Yellow Cake w/ chocolate icing Coffee or Tea Juice, Milk	Lunch Turkey Tetrazzini Hamburger Roasted Root Vegetable Zucchini Medley Diced Pears Coffee or Tea Juice, Milk	Lunch Sweet and Sour Pork Baked Chicken Breast Steamed White Rice Broccoli Apricots Coffee or Tea Juice, Milk	Lunch Baked Ziti w/ Meat Sauce Tuna Melt Garlic Bread Italian Green Beans Banana Cake Coffee or Tea Juice, Milk	Lunch
Dinner Cream of Broccoli Soup w/ saltine crackers Beef & Tomato Macaroni Battered Cod Dinner Roll Diced Peaches Coffee or Tea Juice, Milk	Dinner Turkey Vegetable Soup w/ saltine crackers Hot Dog Seafood Salad on a Croissant Coleslaw Diced Pear Coffee or Tea Juice, Milk	Dinner Tomato Bisque w/ saltine crackers Rosemary Baked Chicken Grilled Cheese Sandwich Tator Tots Blonde Brownie Coffee or Tea Juice, Milk	Dinner Vegetable Soup w/ saltine crackers Oven Fried Chicken Lemon Baked Fish French Fries Oatmeal Raisin Cookie Coffee or Tea Juice, Milk	Dinner White Bean Soup w/ saltine crackers Hot Roast Beef Sandwich Tuna Salad Platter Potato Salad Pound Cake Coffee or Tea Juice, Milk	Dinner Vegetable Soup w/ saltine crackers Turkey Sub Roll Ham and Cheese Sandwich Potato Chips Fruited Gelatin Coffee or Tea Juice, Milk	Dinner



It is Our Pleasure to Serve You

Milk, Tea, Coffee and Decaffeinated Beverages are Available at Each Meal



NUTRITION
MANAGEMENT
SERVICES
COMPANY™
Nutritious Food, Expert Management, Superior Service

Week 2

