

The Weekly Connection

Personal Care | February 22 ~ 28, 2026

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

Sunday, February 22

10:00am Church Service (Fellowship Room)

Sunday Matinee

2:00pm Love On The Slopes (P) Hallmark

Monday, February 23

10:00am Bingo (DR)

1:00pm Toss It Like A Boss (P)

Tuesday, February 24

10:00am Current Events (DR)

1:00pm Rock Painting (DR)

Wednesday, February 25

3:30pm Rosary (Sunroom)

Thursday, February 26

10:45am Fun and Fitness (DR)

1:00pm Uzzle (D)

Friday, February 27

10:00am St. Patrick's Day Wreath (DR)

1:00pm Cont'd making the wreath

Saturday February 28



Mark Your Calendar :

February 26, 2026

At 2:15pm

**Concordia Lutheran Ministries Meeting
Personal Care and Skilled Care
Residents And Families Invited
The Meeting Will Be Held In The
Fellowship Room**

The Weekly Connection

Personal Care | February 22 — 28 2026

 **Spiritrust Lutheran**[®]
The Village at Gettysburg



Winter Menu



Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Breakfast		Breakfast		Breakfast		Breakfast		Breakfast		Breakfast		Breakfast	
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
Fried Eggs	Pancakes	Scrambled Egg	French Toast	Cheese Omelet	Cheesy Hash Brown Egg	Cheese Omelet	Cheese Omelet	Cheese Omelet	Cheesy Hash Brown Egg	Blueberry Pancakes			
Home Fries w/Onion	Syrup	Warm Cinnamon Apples	Syrup	Breakfast Ham	Casserole	Breakfast Ham	Breakfast Ham	Breakfast Ham	Casserole	Casserole	Casserole	Casserole	Syrup
Assorted Toast	Pork Sausage Patty	Assorted Toast	Bacon	Assorted Toast	Assorted Toast	Assorted Toast	Assorted Toast	Assorted Toast	Assorted Toast	Assorted Toast	Assorted Toast	Assorted Toast	Hash Browns
Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea
Assorted Juice, Milk	Orange Juice, Milk	Orange Juice, Milk	Orange Juice, Milk	Orange Juice, Milk	Orange Juice, Milk	Orange Juice, Milk	Orange Juice, Milk	Orange Juice, Milk	Orange Juice, Milk	Orange Juice, Milk	Orange Juice, Milk	Orange Juice, Milk	Orange Juice, Milk
Lunch		Lunch		Lunch		Lunch		Lunch		Lunch		Lunch	
Herb Roasted Chicken	Lemon Baked Fish	Shepherd's Pie	Stewed Chicken & Dumpling	Turkey Tetrazzini	Sweet and Sour Pork	Turkey Tetrazzini	Turkey Tetrazzini	Turkey Tetrazzini	Sweet and Sour Pork	Baked Ziti w/ Meat Sauce			
Roast Beef	Chicken Provençale	BBQ Chicken	Braised Liver & Onion	Hamburger	Baked Chicken Breast	Hamburger	Hamburger	Hamburger	Baked Chicken Breast	Baked Chicken Breast	Baked Chicken Breast	Baked Chicken Breast	Tuna Melt
Oven Roasted Potatoes	Oven Roasted Potato	Corn Salad	Mashed Potatoes	Roasted Root Vegetable	Steamed White Rice	Roasted Root Vegetable	Roasted Root Vegetable	Roasted Root Vegetable	Steamed White Rice	Steamed White Rice	Steamed White Rice	Steamed White Rice	Garlic Bread
Roasted Baby Carrot	Spinach	Apple Sauce	Green Peas	Zucchini Medley	Broccoli	Zucchini Medley	Zucchini Medley	Zucchini Medley	Broccoli	Broccoli	Broccoli	Broccoli	Italian Green Beans
Sugar cookie	Chocolate Mousse	Coffee or Tea	Yellow Cake w/ chocolate icing	Diced Pears	Apricots	Diced Pears	Diced Pears	Diced Pears	Apricots	Apricots	Apricots	Apricots	Banana Cake
Coffee or Tea	Coffee or Tea	Juice, Milk	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea
Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk
Dinner		Dinner		Dinner		Dinner		Dinner		Dinner		Dinner	
Cream of Broccoli Soup w/ saltine crackers	Turkey Vegetable Soup w/ saltine crackers	Tomato Bisque w/ saltine crackers	French Onion Soup w/ saltine crackers	Vegetable Soup w/ saltine crackers	White Bean Soup w/ saltine crackers	Vegetable Soup w/ saltine crackers	Vegetable Soup w/ saltine crackers	Vegetable Soup w/ saltine crackers	White Bean Soup w/ saltine crackers	Vegetable Soup w/ saltine crackers			
Beef & Tomato Macaroni	Hot Dog	Rosemary Baked Chicken	Meatball Sub	Oven Fried Chicken	Hot Roast Beef Sandwich	Oven Fried Chicken	Oven Fried Chicken	Oven Fried Chicken	Hot Roast Beef Sandwich	Turkey Sub Roll			
Battered Cod	Seafood Salad on a Croissant	Grilled Cheese Sandwich	Chicken Tenders Roll	Lemon Baked Fish	Tuna Salad Platter	Lemon Baked Fish	Lemon Baked Fish	Lemon Baked Fish	Tuna Salad Platter	Tuna Salad Platter	Tuna Salad Platter	Tuna Salad Platter	Ham and Cheese Sandwich
Dinner Roll	Coleslaw	Tator Tots	Tater Tots	French Fries	Potato Salad	French Fries	French Fries	French Fries	Potato Salad	Potato Salad	Potato Salad	Potato Salad	Potato Chips
Diced Peaches	Diced Pear	Blonde Brownie	Mandarin Oranges	Oatmeal Raisin Cookie	Pound Cake	Oatmeal Raisin Cookie	Oatmeal Raisin Cookie	Oatmeal Raisin Cookie	Pound Cake	Pound Cake	Pound Cake	Pound Cake	Fruited Gelatin
Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea
Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk	Juice, Milk



It is Our Pleasure to Serve You
Milk, Tea, Coffee and Decaffeinated Beverages are Available at Each Meal

Week 2

