

The Weekly Connection

Personal Care **January** 11 ~ January 17, 2026

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

Sunday, January 11

10:00am Church Service (Fellowship Room)

Sunday Matinee

2:00pm Catch Of The Day (P)
Hallmark Channel

Monday, January 12

10:00am Bingo (DR)

1:00pm Balloon Volleyball (P)

Tuesday, January 13

10:00am Current Events (DR)

1:00pm Fun With Cups (P)

Wednesday, January 14

3:30pm Rosary (Sunroom)

Thursday, January 15

10:00am Catholic Mass (FR)

10:45am Fun And Fitness (DR)

1:00pm Card Game (P)

Friday, January 16

10:00am Lets Bake (D)

1:00pm Card Game (DR)

Saturday, January 17



"In the winter's chill, the Cardinal's red hue shines bright. A symbol of love, a messenger of hope and light. In the snow covered trees, it perches with grace and Poise. A beacon of warmth, a reminder of life's joys."

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 **Spiritrust Lutheran®**
The Village at Gettysburg



Winter Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal Fried Eggs Home Fries w/Onion Assorted Toast Coffee or Tea Assorted Juice, Milk	Oatmeal Pancakes Syrup Pork Sausage Patty Coffee or Tea Orange Juice, Milk	Oatmeal Scrambled Egg Warm Cinnamon Apples Assorted Toast Coffee or Tea Orange Juice, Milk	Oatmeal French Toast Syrup Bacon Coffee or Tea Orange Juice, Milk	Oatmeal Cheese Omelet Breakfast Ham Assorted Toast Coffee or Tea Orange Juice, Milk	Oatmeal Cheesy Hash Brown Egg Casserole Syrup Pork Sausage Patty Coffee or Tea Orange Juice, Milk	Oatmeal Blueberry Pancakes Syrup Hash Browns Coffee or Tea Orange Juice, Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Herb Roasted Chicken Roast Beef Oven Roasted Potatoes Roasted Baby Carrot Sugar cookie Coffee or Tea Juice, Milk	Lemon Baked Fish Chicken Provencale Oven Roasted Potato Spinach Chocolate Mousse Coffee or Tea Juice, Milk	Shepherd's Pie BBQ Chicken Corn Salad Apple Sauce Coffee or Tea Juice, Milk	Stewed Chicken & Dumpling Braised Liver & Onion Mashed Potatoes Green Peas Yellow Cake w/ chocolate icing Coffee or Tea Juice, Milk	Turkey Tetrazzini Hamburger Roasted Root Vegetable Zucchini Medley Diced Peas Coffee or Tea Juice, Milk	Sweet and Sour Pork Baked Chicken Breast Steamed White Rice Broccoli Apricots Coffee or Tea Juice, Milk	Baked Ziti w/ Meat Sauce Tuna Melt Garlic Bread Italian Green Beans Banana Cake Coffee or Tea Juice, Milk
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cream of Broccoli Soup w/ saltine crackers Beef & Tomato Macaroni Battered Cod Dinner Roll Diced Peaches Coffee or Tea Juice, Milk	Turkey Vegetable Soup w/ saltine crackers Hot Dog Seafood Salad on a Croissant Coleslaw Diced Pear Coffee or Tea Juice, Milk	Tomato Bisque w/ saltine crackers Rosemary Baked Chicken Grilled Cheese Sandwich Tator Tots Blonde Brownie Coffee or Tea Juice, Milk	French Onion Soup w/ saltine crackers Meatball Sub Chicken Tenders Roll Tater Tots Mandarin Oranges Coffee or Tea Juice, Milk	Vegetable Soup w/ saltine crackers Oven Fried Chicken Lemon Baked Fish French Fries Oatmeal Raisin Cookie Coffee or Tea Juice, Milk	White Bean Soup w/ saltine crackers Hot Roast Beef Sandwich Tuna Salad Platter Potato Salad Pound Cake Coffee or Tea Juice, Milk	Vegetable Soup w/ saltine crackers Turkey Sub Roll Ham and Cheese Sandwich Potato Chips Fruited Gelatin Coffee or Tea Juice, Milk



Nutrition Management, Superior Service

It's Our Pleasure to Serve You

Milk, Tea, Coffee and Decaffeinated Beverages are Available at Each Meal



Week 2

