

The Weekly Connection

Personal Care | July 19-25, 2026

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

Sunday, July 19

10:00am Church Service (Fellowship Room)

Sunday Matinee

2:00pm A Suite Holiday Romance (P) Hallmark Channel

Monday, July 20

10:00am Bingo (DR)

1:00pm Dominoes (P)

Tuesday, July 21

10:00am Current Events (DR)

1:00pm Card Games (P)

Wednesday, July 22

10:00am Pet Therapy

3:30pm Rosary (Sunroom)

Thursday, July 23

10:45am Fun and Fitness (Dining Room)

1:00pm Fill The Egg Carton (DR)

Friday, July 24

10:00am Manicures (P)

1:30pm Stack It Up (DR)

Saturday, July 25



A bird does not sing
Because it has an answer.
It sings because it has
A song.

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**Concordia at SpiriTrust
Gettysburg**



EQUAL HOUSING
OPPORTUNITY



Weekly Menu

The Village at Gettysburg



	Sun 07-19-2026	Mon 07-20-2026	Tue 07-21-2026	Wed 07-22-2026	Thu 07-23-2026	Fri 07-24-2026	Sat 07-25-2026
BREAKFAST	Pancakes Hot or Cold Cereal Bacon Assorted Fruit	Scrambled Egg Hot or Cold Cereal Bacon Assorted Fruit Cheese Danish	Ham and Cheese Omelet Hot or Cold Cereal Hash Browns Assorted Fruit Cinnamon Buns	Cinnamon French Toast Hot or Cold Cereal Sausage Link Assorted Fruit	Egg Sausage Croissant Hot or Cold Cereal Yogurt Fresh Fruit	Scrambled Egg Hot or Cold Cereal Breakfast Ham Assorted Fruit Assorted Donuts	Waffles Hot or Cold Cereal Sausage Link Assorted Fruit
LUNCH	Crab Cake <i>or</i> Cheese and Broccoli Stuffed Chicken Herb Roasted Red Potatoes Glazed Broccoli Ice Cream Sundae	Glazed Ham with Pineapple <i>or</i> Honey Lemon Salmon Glazed Sweet Potatoes California Blend Peach Cobbler	Cornflake Chicken <i>or</i> Baked Salmon with Lemon Dill Sauce 1/2 Seasoned Baked Potato Harvard Beets Glazed Lemon Pound Cake	Spaghetti and Meatballs <i>or</i> Veal Parmesan Side Salad Garlic Bread Strawberry Cream Pie	Classic Meatloaf <i>or</i> Braised Pork Chop Baked Sweet Potato Herb Roasted Vegetables Banana Cake	Baked Cod Fillet <i>or</i> Herb and Citrus Butter Roasted Turkey Cheesy Potato Casserole Stewed Tomatoes Chocolate Chip Bread Pudding	Beef Tips with Sauce <i>or</i> Baked Parmesan Cruised Chicken Penne Pasta Garlic Green Beans Marble Cake
DINNER	Italian Wedding Soup Pepperoni Pizza <i>or</i> Grilled Steak Salad Breadsticks Broccoli Salad Assorted Cookies	Chicken Broccoli Soup Sloppy Joes <i>or</i> BBQ Chicken Breast Sandwich Creamy Cucumber Salad Classic Rice Krispies Treat	Creamy Bacon and Potato Soup BBQ Pulled Pork on a Bun <i>or</i> Philly Cheesesteak Baked Macaroni and Cheese Chocolate Pudding with Oreos	Beef Pasta Vegetable Soup Grilled Turkey and Swiss Sandwich <i>or</i> Egg Salad Sandwich Chips Pickle Spear Fresh Banana Cream Pie	Classic Chicken Noodle Soup Chicken Salad Sandwich <i>or</i> Ham Salad BLT Salad Frosted Brownie	Baked Potato Soup Beer Battered Cod <i>or</i> Club Sandwich French Fries Coleslaw Jello & Whip Cup	Cheeseburger Chowder Tuna Noodle Casserole <i>or</i> Baked Ziti with Four Cheese Sauce Mixed Vegetables Ice Cream Sandwich

Milk offered at every meal

Week 1

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