

The Weekly Connection

Personal Care | July 5~ July 11, 2026

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

Sunday, July 5

10:00am Church Service (Fellowship Room)

Sunday Matinee

2:00pm A Christmas Together With You (Hallmark Channel)

Monday, July 6

10:00am Bingo (DR)

1:00pm Baking (D)

Tuesday, July 7

10:00am Current Events (DR)

1:00pm Dominoes (P)

Wednesday, July 8

10:00am Pet Therapy

3:30pm Rosary (Sunroom)

Thursday, July 9

10:45am Fun and Fitness (Dining Room)

1:00pm Trivia (Fact or Fiction)

Friday, July 10

10:00am Manicure (P)

1:00pm Fun With Noodles (P)

Saturday, July 11

10:00am Coffee, donuts and Conversation (DR)



**“A real friend is one who walks
In when the rest of the
world walks out “**

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**Concordia at Spirit Trust
Gettysburg**





Weekly Menu

The Village at Gettysburg



	Sun 07-05-2026	Mon 07-06-2026	Tue 07-07-2026	Wed 07-08-2026	Thu 07-09-2026	Fri 07-10-2026	Sat 07-11-2026
B R E A K F A S T	Pancakes Hot or Cold Cereal Bacon Mandarin Oranges	Scrambled Egg Hot or Cold Cereal Bacon Banana Cheese Danish	Ham and Cheese Omelet Hot or Cold Cereal Hash Browns Pineapple Chunks Cinnamon Buns	Cinnamon French Toast Hot or Cold Cereal Sausage Link Tropical Mixed Fruit	Egg Sausage Croissant Hot or Cold Cereal Yogurt Banana	Scrambled Egg Hot or Cold Cereal Breakfast Ham Peaches Assorted Donuts	Waffles Hot or Cold Cereal Sausage Link Fruit Cocktail
L U N C H	Southern Fried Chicken Pot Roast and Vegetables Mashed Potatoes Peas and Carrots Ice Cream Sundae	Baked Salmon with Lemon Dill Sauce Italian Baked Chicken Roasted Sweet Potatoes Chef's Steamed Vegetable Orange Poke Cake	Beef Tips Au Jus Brown Sugar Pork Chop Garlic Parmesan Rice Herb Buttered Corn and Green Beans Oreo Delight	Spaghetti and Meatballs Garlic Butter Shrimp Scampi Garlic Bread Side Salad Cheesecake with Fruit Topping	Classic Baked Ham BBQ Pork Ribs Mashed Yams Lemon Buttered Broccoli Chocolate Pudding	Baked Meatballs with Gravy Citrus Grilled Cod Buttered Noodles Baby Carrots Boston Cream Cake	Sauteed Chicken Breast Classic Beef Stroganoff Buttered Pasta Mixed Vegetables Half Frosted Banana Bars
D I N N E R	Vegetable Macaroni Soup Cheese and Pepper Pizza Cobb Salad Breadsticks Side Salad Assorted Cookies	BLT Soup Cheeseburger Tuna Melt Potato Salad Fruit Medley	Beef Noodle Soup Chicken Cordon Bleu Casserole Italian Sausage Sandwich Fresh Cooked Zucchini Boston Cream Pie	Carrot Soup Italian Sub Sandwich Pulled Balsamic Chicken Sandwich French Fries Half Strawberry Rhubarb Pie	Classic Chicken Noodle Soup Turkey Noodle Bake Corned Beef and Swiss on Rye Mixed Vegetables Mandarin Parfait	Cream of Tomato Soup Grilled Cheese Sandwich Egg Salad Pickle Spear Potato Chips Orange Creamsicle Bar	Homestyle Bean Bacon Soup Ham Salad Chicken Salad Sandwich Coleslaw Chocolate Chip Cookie
	Milk offered at every meal						Week 3