

The Weekly Connection

Personal Care | June 29~ July 5, 2025

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

Sunday, June 29

10:00am Church Service (Fellowship Room)

Sunday Matinee

2:00pm Three Wise Men and a Baby (P) Hallmark Channel

Monday, June 30

10:00am Bingo (DR)

1:00pm Baking

Tuesday, July 1

10:00am Current Events (DR)

1:00pm Adult Coloring (P)

Wednesday, July 2

3:30pm Rosary (Sunroom)

Thursday, July 3

10:45am Fun and Fitness (Dining Room)

1:30pm DIY Project

Friday, July 4

Happy Independence Day

Saturday, July 5



"We hold these truths to be self-evident, that all men are created equal."

The Weekly Connection

Personal Care | June 29— July 5, 2025

 **Spiritrust Lutheran®**
The Village at Gettysburg



| 2025 Week 4 | Sunday 06/29 | Monday 06/30 | Tuesday 07/01 | Wednesday 07/02 | Thursday 07/03 | Friday 07/04 | Saturday 07/05 |
|----------------|--|---|--|---|--|--|---|
| Breakfast | Assorted Juice Oatmeal Assorted Cold Cereal Egg & Cheese Muffin Blueberry Pancakes with Syrup Bacon (GF) | Assorted Juice Oatmeal Assorted Cold Cereal Baked Omelet (GF) Cinnamon Raisin French Toast with Syrup Peach Muffin | Assorted Juice Oatmeal Assorted Cold Cereal Cheesy Scrambled Eggs Home Fries (GF) Assorted Toast Cinnamon Coffee Cake | Assorted Juice Oatmeal Assorted Cold Cereal Eggs Made to Order (GF) Pancakes with Syrup Assorted Toast Bacon (GF) | Assorted Juice Oatmeal Assorted Cold Cereal Denver Scrambled Egg Waffle with Syrup Assorted Toast Breakfast Sausage (GF) | Assorted Juice Oatmeal Assorted Cold Cereal Cheesy Scrambled Eggs Yogurt & Granola Parfait Assorted Toast | Assorted Juice Oatmeal Assorted Cold Cereal Baked Cheese Omelet French Toast with Syrup Scrapple |
| Lunch | Baked Flounder (GF) Garlic Thyme Chicken (GF) Parslled Potatoes (GF) Red Beets (GF) Tapioca Pudding | Spaghetti with Meat Sauce Chef Salad (GF) Cut Green Beans (GF) Dinner Roll Diced Pineapple (GF) | Pulled Pork on a Biscuit Cheese Quiche Roasted Red Potatoes (GF) Coleslaw (GF) Pumpkin Spice Blondies | Beef Pepper Steak Crab Cake w/ Tartar Sauce (GF) Baked Potato (GF) Steamed Broccoli (GF) Blueberry Cobbler | Rotisserie Baked Chicken Seafood Pasta Spinach (GF) Kale Salad (GF) Tropical Fruit Cup (GF) | Independence Day Sloppy Joe BBQ Chicken Mac & Cheese Broccoli Salad Pretzel Dessert | Baked Meatloaf with Tomato Sauce Oven Roasted Turkey Turkey Gravy (GF) Mashed Potatoes (GF) Mixed Vegetables (GF) Lemon Shortbread Bar |
| Dinner | Tomato Basil Soup French Dip Sandwich (GF) Chicken Broccoli Alfredo Macaroni Salad Tropical Fruit Salad (GF) | Butternut Squash Soup Chicken Tenders Grilled Ham & Swiss Cheese Sandwich Tater Tots Baked Beans (GF) Snickerdoodle Cookies | Navy Bean & Ham Soup Turkey Burger (GF) Lettuce, Tomato & Onion Grilled Chicken Sandwich Corn Salad (GF) Fresh Fruit Cup (GF) | Creamy Cauliflower Soup Chicken Salad & Fruit Plate (GF) Pepperoni Pizza (GF) Tossed Sald – choice of dressing (GF) Orange Sherbet (GF) | Chicken Corn Soup Beef Pot Pie with Puff Pastry Tuna Salad Sandwich on a Roll with Lettuce & Tomato (GF) Green Beans (GF) Lemon Mousse | Manhattan Clam Chowder Hot Turkey Sandwich (GF) Egg Salad BLT on a Croissant (GF) Mashed Sweet Potatoes Sautéed Squash & Zucchini (GF) Peaches (GF) | Beef Barley Soup Grilled Chicken Sandwich (GF) Chef Salad (GF) Carrot Raisin Salad (GF) Baked Apples (GF) |
| | | | | | | | 05/26/25 |

The Weekly Connection

Personal Care June 29—July 5, 2025



SpiriTrust Lutheran
The Village at Gettysburg



EQUAL HOUSING
OPPORTUNITY