### The Weekly Connection Personal Care | November 30~ December 6,2025

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

#### Sunday, November 30

10:00am Church Service (Fellowship Room) Sunday Matinee

2:00pm Christmas Under Wraps (P)

#### Monday, December 1

10:00am Bingo (DR) 1:00pm Uzzle (P)

#### Tuesday, December 2

10:00am Current Events (DR) 1:00pm How Steady are You? (DR)

#### Wednesday, December 3

3:30pm Rosary (Sunroom)

### Thursday, December 4

10:45am Fun and Fitness (DR)

1:00pm Dominoes (P)

3:00pm Movie Matinee:

Miracle of the White Stallion (WL)

Friday, December 5

10:00am Baking Cookies (D)

1:00pm Christmas Craft (D)

3:00pm Music 101 (WL)

Saturday, December 6



"December: A Month of lights, snow, coziness, and feasts: Time to make amends and tie up Loose ends: finish what you Started and make your Wishes come true."



Personal Care | November 30— December 6, 2025





# SpiriTrust Lutheran The Village at Gettysburg

## Fall Menu

Wednesday

Tuesday

Monday

Sunday

Saturday

0	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
December C. 2005	Farina Fried Egg Home fries' w/ onions White Toast Coffee or Tea Orange Juice, Milk	Oatmeal Pancakes Syrup Sausage Patty Coffee or Tea Orange Juice, Milk	Farina Scrambled Eggs Warm Cinnamon Apples White Toast Coffee or Tea Orange Juice, Milk	Oatmeal French Toast Syrup Hash Browns Coffee or Tea Orange Juice, Milk	Farina Cheese Omelet Breakfast Ham White Toast Banana Coffee or Tea	Oatmeal Cheesy Hash Brown Egg Casserole White Toast Coffee or Tea	Farina Blueberry Pancakes Syrup Hash Browns Coffee or Tea Orange Juice, Milk
	Trunch	Trunch	Trunch	Trunch	Lunch	Trunch	Lunch
	Herb Roasted Chicken Baked Ham Oven Roasted Potatoes Roasted Baby Carrots Sugar Cookie Coffee or Tea Juice, Milk	Lemon Baked Fish Chicken Caesar Salad Oven Roasted Potatoes Spinach Chocolate Mousse Coffee or Tea Juice, Milk	Beef Taco Salad BBQ Chicken Corn Salad Applesauce Coffee or Tea Juice, Milk	Stewed Chicken & Dumplings  Braised Liver & Onions  Buttered Peas  Tossed Salad  Yellow Cake w/ Icing  Coffee or Tea  Juice, Milk	Turkey Tetrazzini Hamburger on Bun Green Beans Pears Zucchini Medley Coffee or Tea Juice, Milk	Sweet & Sour Pork Baked Chicken Breast Broccoli White Rice Apricots Coffee or Tea	Baked Ziti with Meat Sauce Tuna Melt Garlic Knot Italian Green Beans Banana Cake Coffee or Tea Juice, Milk
	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
	Cream of Broccoli Soup w/ saltine crackers Breaded Fish	Turkey Vegetable Soup w/ saltine crackers Hot Dog on a Bun	Tomato Bisque w/ saltine crackers Grilled Cheese Sandwich	French Onion w/ saltine crackers Meatball Sandwich	Vegetable Soup w/saltine crackers Oven Fried Chicken	White Bean Soup w/ saltine crackers Hot Roast Beef Sandwich	Vegetable Soup w/ saltine crackers Turkey Sub

It is Our Reasure to Serve Sou

Ham & Cheese Sandwich

**Tuna Salad Platter** 

Lemon Baked Fish

French Fries

Potato Salad Pound Cake

Oatmeal Raisin Cookie

Cottage Cheese & Fruit

Blonde Brownies Coffee or Tea

> Coffee or Tea uice, Milk

Tater Tots

Coffee or Tea

Juice, Milk

Juice, Milk

Mandarin Oranges

Tater Tots

Rosemary Baked Chicken

Turkey & Cheese Sandwich

Beef & Tomato Macaroni

Dinner Roll

Coleslaw Pears Coffee or Tea

Juice, Milk

Fruited Gelatin Chips & Pickle

Coffee or Tea

Coffee or Tea

Juice, Milk

Juice, Milk

Milk, Tea, Coffee and Decaffeinated Beverages are Available at Each Meal

MANAGEMENT

NUTRITION

unitions Food, Expert Management, Superior Service

COMPANY SERVICES

Week 2



Weeks of Service: 11/30,

Personal Care: November 30 — December 6, 2025



Diced Peaches

Coffee or Tea

Juice, Milk