

The Weekly Connection

Personal Care | October 11 ~ October 17, 2026

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

Sunday, October 11

10:00am Church Service (Fellowship Room)

Matinee:

2:00pm Under The Autumn Moon (P) Hallmark Channel

Monday, October 12

10:00am Bingo (DR)

1:00pm Art Therapy (D)

Tuesday, October 13

10:00am Current Events (DR)

1:00pm Duck Hunt (DR)

Wednesday, October 14

3:30pm Rosary (Sunroom)

Thursday, October 15

10:00am Catholic Mass (FR)

10:45am Fun and Fitness (DR)

1:00pm Balloon Volley (P)

Friday, October 16

10:00am Manicure (P)

1:00pm Fall Craft (D)

Saturday, October 17



October brings the
Crisp air and the joyful
Work of cutting heavy,
Orange pumpkins from
Their twisted vines.

Happy October!

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**Concordia at SpiriTrust
Gettysburg**





Weekly Menu

The Village at Gettysburg



	Sun 10-11-2026	Mon 10-12-2026	Tue 10-13-2026	Wed 10-14-2026	Thu 10-15-2026	Fri 10-16-2026	Sat 10-17-2026
B R E A K F A S T	Pancakes Hot or Cold Cereal Bacon Fresh Fruit 100% Juice	Ham and Cheese Omelet Hot or Cold Cereal Hash Browns Fresh Fruit 100% Juice Mini Danish	Waffles Hot or Cold Cereal Scrambled Egg Fresh Fruit 100% Juice	Cheesy Scrambled Eggs Hot or Cold Cereal Scrapple Fresh Fruit 100% Juice Whole Grain Toast	Bacon and Egg Muffin Hot or Cold Cereal Yogurt Fresh Fruit 100% Juice	Texas French Toast Hot or Cold Cereal Sausage Link Fresh Fruit 100% Juice	Sausage Scramble Hot or Cold Cereal Hash Browns Fresh Fruit 100% Juice Whole Grain Toast
L U N C H	Classic Meatloaf or Marinated Chicken Baked Potato Normandy Blend Chocolate Cake	Herb Grilled Chicken or Parmesan Baked Salmon Seasoned Rice Lemon Pepper Green Beans Baked Roll Blueberry Cobbler	Breaded Parmesan Pork Chop or Turkey with Lemon Thyme Sauce Roasted Sweet Potatoes Seasoned Broccoli Baked Roll Pumpkin Pie	Salisbury Steak with Brown Sauce or Brown Sugar Ham Herb Mashed Potatoes Buttery Carrots Cinnamon Roll Cake	Roasted Chicken Thigh or Sirloin Pork Roast Parmesan Pasta Yellow Squash and Onions Baked Roll Peach Crisp	Sour Cream Crusted Fish or Smothered Cube Steak Lemon Chive Rice Sauteed Spinach Baked Roll Orange Sherbet Dessert	Classic Lasagna or Turkey Scallopini Chef's Steamed Vegetable Garlic Bread Eclair Pudding Dessert
D I N N E R	Navy Bean Soup Shredded Pork on a Bun or Fish with Roasted Vegetables Pickled Beets and Onions Whipped Pineapple Salad	Fresh Vegetable Soup Spaghetti with Marinara Meat Sauce or Honey Mustard Deli Sandwich Peach Salad Herb Roasted Vegetables Blonde Brownies	Beef Barley Soup Chicken and Biscuits or Egg Salad Sandwich Fruit Cocktail Salad Mixed Vegetables Ice Cream	Potato Mushroom Soup Tuna Noodle Casserole or Turkey Reuben Sandwich Lemon Cream Salad Roasted Asparagus Butterscotch Pudding	Chicken Rice Pepper Soup Monte Cristo Sandwich or Sour Cream Beef Potato Dish Grapes Three Bean Salad Chocolate Chip Cookie	Minestrone Soup Pepperoni Pizza or Italian Sub Sandwich Assorted Fruit Capri Blend Garlic Breadsticks Creamy Cake Bar	Cream of Broccoli Soup Slow Cooked BBQ Chicken Sandwich or Open Face Hot Roast Beef Sandwich Honey Roasted Carrots Pear Fruit Medley
	Milk offered at every meal						Week 1

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