

The Weekly Connection

Personal Care | October 18 ~ October 24, 2026

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

Sunday, October 18

10:00am Church Service (Fellowship Room)

Matinee:

2:00pm A Little Christmas Charm (P) (Hallmark Channel)

Monday, October 19

10:00am Bingo (DR)

1:00pm Dominoes (P)

Tuesday, October 20

10:00am Current Events (DR)

1:00pm Room To Room Chats

Wednesday, October 21

Pet Therapy

2:00pm Chat With The Chaplain (DR)

3:30pm Rosary (Sunroom)

Thursday, October 22

10:45am Fun and Fitness (DR)

1:00pm Dolly Pardon Documentary (DR)

Friday, October 23

10:00am Art Therapy (D)

1:00pm Rock Paint (D)

Saturday, October 24



An overtired harvester reflects
On a long day of picking apples,
The physical ache in his feet,
A missed barrel,
And the lingering,
Dreamy scent of apples
As sleep takes over.

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Concordia at SpiriTrust
Gettysburg





Weekly Menu

The Village at Gettysburg



	Sun 10-18-2026	Mon 10-19-2026	Tue 10-20-2026	Wed 10-21-2026	Thu 10-22-2026	Fri 10-23-2026	Sat 10-24-2026
B R E A K F A S T	Baked Oatmeal with Cinnamon Apples Egg of Choice Fresh Fruit 100% Juice	Sausage Country Gravy and Biscuits Egg of Choice Fresh Fruit 100% Juice	Pancakes Bacon Fresh Fruit 100% Juice	Chef's Choice Omelet Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	French Toast Sausage Link Fresh Fruit 100% Juice	Denver Egg Scramble Hash Browns Fresh Fruit 100% Juice Whole Grain Toast
L U N C H	Potato Spinach Soup Beef Pot Roast Grilled Salmon Classic Mashed Potatoes Baby Carrots Baked Roll Apple Pie	Italian Vegetable Soup Roasted Lemon Chicken Breaded Veal Patty Rice Pilaf Chef's Steamed Vegetable Peach Cobbler	Red Pepper Soup Pork Chops and Gravy Swiss Cube Steak Baked Yams Oven Roasted Cauliflower Baked Roll Glazed Pumpkin Cake	Fresh Tomato Soup Beef Patty with Mushroom Sauce Turkey Outlet with Cheese Sauce Mashed Potatoes Peas and Onions Chocolate Trifle	Vegetable Rice Soup Smothered Chicken Breasts Lemon and Brown Sugar Pork Penne Pasta Garlic Green Beans Baked Roll Old Fashioned Custard Pie	Cream of Broccoli Soup Parmesan Herb Crusted Tilapia Ham Roast Parsley Rice Chef's Steamed Vegetable Baked Roll Lime Poke Cake	Navy Bean Soup Glazed Meatloaf Turkey Piccata Fried Potatoes and Onions Roasted Squash Pear Crisp
D I N N E R	Potato Spinach Soup Broccoli Ham Casserole Turkey Salad with Crackers Assorted Fruit Coleslaw Baked Roll Ice Cream	Italian Vegetable Soup Cheese Tortellini in Basil Cream Sauce Meatball Sub Sandwich Pear Fruit Compote Green Beans Italian Sugar Cookie	Red Pepper Soup King Ranch Chicken Casserole Deli Sandwich Seasoned Zucchini Citrus Banana Salad	Fresh Tomato Soup Tuna Melt Baked Ziti with Italian Sausage Grapes Normandy Blend Rootbeer Floats	Vegetable Rice Soup Hamburger Casserole Turkey Sloppy Joes Peach Cottage Salad Mixed Vegetables Baked Roll M&M Cookie	Cream of Broccoli Soup Classic Chicken Salad Sandwich Garden Frittata Bake with Hashbrowns Fruit Medley Lemon Glazed Carrots Pudding	Navy Bean Soup Pork and Sausage Jambalaya Chef's Salad Bowl with Roll Cinnamon Stewed Apples Collard Greens Assorted Donuts
	Milk offered at every meal						Week 2

