

The Weekly Connection

Personal Care | September 7~ September 13, 2025

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

Sunday, September 7

10:00am Church Service (Fellowship Room)

Sunday Matinee

2:00pm To Barcelona, With Love (P) Hallmark

Monday, September 8

10:00am Bingo (DR)

1:00pm Ring Toss (P)

Tuesday, September 9

10:00am Current Events (DR)

1:00pm Dominoes (P)

Wednesday, September 10

3:30pm Rosary (Sunroom)

Thursday, September 11

10:45am Fun and Fitness (DR)

1:00pm Fall Craft (DR)

Friday, September 12

10:00am Fall Craft (CONT.)

1:00pm Adult Coloring

Saturday, September 13

10:00 am Coffee, Donuts and Conversation



O sweet September, thy first breeze bring
The dry leaf's rustle and the squirrel's laughter,
The cool fresh air whence health and vigor spring
And promise of exceeding joy hereafter.

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SpiriTrust Lutheran®
The Village at Gettysburg



| 2025 Week 4 | Sunday 09/07 | Monday 09/08 | Tuesday 09/09 | Wednesday 09/10 | Thursday 09/11 | Friday 09/12 | Saturday 09/13 |
|----------------|--|--|--|--|---|--|---|
| Breakfast | Assorted Juice Oatmeal Assorted Cold Cereal Blueberry Pancakes with Syrup Bacon 2% Milk | Assorted Juice Oatmeal Assorted Cold Cereal Baked Omelet Toast 2% Milk | Assorted Juice Oatmeal Assorted Cold Cereal Cheesy Scrambled Eggs Home Fries Muffin 2% Milk | Assorted Juice Oatmeal Assorted Cold Cereal Pancakes with Syrup Assorted Toast Bacon 2% Milk | Assorted Juice Oatmeal Assorted Cold Cereal Denver Scrambled Egg (ham onions peppers cheddar) Assorted Toast Breakfast Sausage 2% Milk | Assorted Juice Oatmeal Assorted Cold Cereal Cheesy Scrambled Eggs Scrapple Assorted Toast 2% Milk | Assorted Juice Oatmeal Assorted Cold Cereal Baked Cheese Omelet Sausage 2% Milk |
| | Flounder Almondine Parslied Potatoes Garlic Thyme Chicken Roasted Beets Peanut Butter Cookies 2% Milk | Meatballs & Spaghetti Green Beans Salami & Cheese Sandwich Garlic Knot Fresh Pineapple 2% Milk | Sliced Pork Sandwich with Pan Gravy Roasted Red Potatoes Coleslaw Sloppy Joes 2% Milk Dessert DuJour 2% Milk | Chili w/ cornbread Steamed Broccoli Yellow squash Crab Cake w/ Tartar Sauce Churros 2% Milk | Roasted Chicken Creamed Spinach Roasted Cauliflower Breaded Fish Dinner Roll Watermelon 2% Milk | Baked Meatloaf with Gravy Mashed Potatoes Carrot Herb Butter Fish of the Day Apple Spice Cake 2% Milk | Roasted Pork Loin Gravy Sauerkraut Apple Sauce Mixed Vegetables Grilled Lemon Thyme Chicken Banana Cream Pie 2% Milk |
| Lunch | Tomato Bisque French Dip Sandwich Macaroni Salad Tuna Salad Sandwich Tropical Fruit Salad 2% Milk | Shrimp & Corn Chowder Chicken Tenders Tater Tots Corn Grilled Ham & Swiss Cheese Sandwich Snickerdoodle Cookies 2% Milk | Navy Bean Soup Turkey Burger Lettuce, Tomato & Onion Caesar Salad Ham Salad Sandwich Chips & Pickle Fresh Fruit Cup 2% Milk | Creamy Cauliflower Soup Chicken Salad & Fruit Plate/rol Pepperoni Pizza Tossed Salad Rainbow Sherbet 2% Milk | Chicken Corn Soup Beef Stew with a Biscuit Chicken Ranch Salad on a Bun Green Beans Pudding Parfait 2% Milk | Manhattan Clam Chowder Hot Turkey Sandwich Gravy, Cranberry Sc. Mashed Sweet Potatoes Peas Egg Salad BLT on a Croissant Peaches 2% Milk | Beef Barley Soup Grilled Chicken Sandwich Pasta Salad Chef Salad Apple Pie 2% Milk |
| | | | | | | | |
| Dinner | | | | | | | |

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