

The following programs are regularly scheduled on a weekly basis

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00am Worship (FR)	9:30am Chair Yoga (Z and WS)	8:15 Cardio Mix (Z and WS) 9:30am Mat Stretch (Z and WS) 10:30am Chair Fitness (CC)	9:30am Fit Medley (Z and WS)	9:30am Strength (Z and WS)	9:30am Fit Medley (Z and WS)	

Additional Programs & Events Scheduled for the Month of June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00am Worship <b>1</b>	<b>2</b>  10:30am Wellness Talk With Amy (CC)	<b>3</b>  1:15pm PT Talk (CC)  4:00pm Men's Cards (CC)	<b>4</b>  9:30am Area Shopping 1:30pm Meditation (WL)  3:30pm Rosary (AS)	<b>5</b>  9:30am Weis Market 1:00pm Balance (WS)  2:00pm Village Voices (FR)	<b>6</b>  9:00am National Donut Day (WL)  2:00pm Bingo (CC)	<b>7</b>  2:00pm Gettysburg Brass Band Festival (RR)
10:00am Worship (FR) <b>8</b>  2:00pm Gettysburg Civic Chorus (RR)	<b>9</b>  10:30am Coffee with Chaplain (CC)  6:30pm Gettysburg Civic Chorus On Campus (FR)	<b>10</b>  8:30am Kitchen Kettle Village (RR)	<b>11</b>  1:00pm Brain Games (WL)  3:30pm Rosary (AS)	<b>12</b>  9:30am Weis Market  2:00pm Village Voices Concert (FR)	<b>13</b>  9:00 Men's Coffee and Donuts (CC)  2:00pm Bingo (CC) 2:00pm Life Long Learning (WL)	<b>14</b>
10:00am Worship (FR) <b>15</b>	<b>16</b>  9:00 AARP Driving Class (RR) 10:30am Seated Volleyball (FR) 1:30pm Senior Acts (FR)	<b>17</b>  9:00 AARP Driving Class (RR)  4:00pm Men's Cards (CC)	<b>18</b>  9:00am AARP Driving Class (RR) 9:30am Area Shopping 11:00am Worship Committee (CR) 1:30pm Chemistry of Cooking (WL) 2:00pm Mexican Train Dominoes (CC) 3:30pm Rosary (AS)	<b>19</b>  9:30am Weis Market 10:00am Catholic Mass (FR)  1:30pm Dixie Mix and Happy Hour (FR)	<b>20</b>  2:00pm Bingo (CC)  Longest Day Walk For Alzheimer's 6am-6pm  Hot Dog Stand	<b>21</b>
10:00am Worship (FR) <b>22</b>  11:30 Harrisburg Senators Game against Bingamton (RR)	<b>23</b>  10:30am Blood Pressure Clinic (Amy's Office)	<b>24</b>  1:00pm Rhythm and Motion 2:00pm Movie Matinee—Oklahoma (WL)	<b>25</b>  10:30am Big Mike's Crabhouse (RR)	<b>26</b>  9:30am Weis Market 1:00pm Balance (WS) 1:30pm Cooking With Jill (WL)	<b>27</b>  2:00pm Bingo (CC)  2:00pm Lifelong Learning (WL)	<b>28</b>
10:00am Worship (FR) <b>29</b>	<b>30</b>  1:30pm Book Club (Lib.)			For more details on any of the programs, please refer to Inspirations.	Program offerings are subject to change.	<b>Key:</b> RR- Registration Required \$\$- Cost OC – Off Campus FR – Fellowship Room WG – Wellness Gym T- Tent WL – Wellness Lounge TR – Tranquility Room CC – Cannon's Corner WS – Wellness Suite BL- Braeburn Lounge



Highlights in June and some updates to programs.....

Lots of Choices in June

Please make sure to follow the deadline date so that you don’t have to miss out on the fun. Here are some highlights that you may want to consider.

Activity

- June 3—1st Day of Men’s Cards
- June 6—National Doughnut Day
- June 8— Gettysburg Civic Chorus
- June 10—Kitchen Kettle Village
- June 13—Men’s Coffee and Doughnuts
- June 19—Welcome Summer Happy Hour
- June 20—Longest Day Walk
- June 22—Harrisburg Senator’s Game
- June 25—Big Mike’s Seafood
- June 26—Cooking With Jill

Sign-up by

- No sign-up deadline
- June 4
- June 6
- June 6
- June 11
- June 16
- June 19 and drop in
- June 13
- June 23
- June 24

“It was June, and the world smelled of roses. The sunshine was like powdered gold over the grassy hillside.”

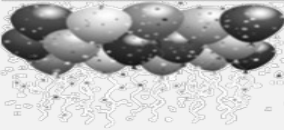
Maud Heart Lovelace



Gettysburg Gazette

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June Birthdays



Dee Krasnansky  
Apartment 405

Martha Hansen  
Cottage 128

Richard Englund  
Cottage 100

Norman Nunamaker  
Cottage 184

Judy Watt  
Cottage 4

June Nyblade  
Colttage 192

Welcome June, a month of long days, beautiful sunsets and an introduction to the warmth of summer. Let’s embrace it with whatever it has to give each day!

Be on the lookout for a few new programs and activities that will be happen- ing in June. Our Nurse Navigator, Amy Meals, will be hosting the Monthly Wellness Talks and will be encouraging you at seated volleyball. Our Execu- tive Director, Jill Flasher, will be hosting a “Cooking With Jill” activity toward the end of the month. Participating in these activities is a great way to get together with friends and our team members to learn/participate in something new. We will have two Men’s Card “afternoons” on the calendar this month plus a Men’s Doughnut and Coffee Breakfast. If you are looking to save some money on your car insurance, take the AARP Safe Driver course right here in the Wellness Lounge.

Off campus we have scheduled a bus for the Gettysburg Brass Band Festi- val, The Gettysburg Civic Chorus, a trip to Kitchen Kettle Village in Lancas- ter for some fun shopping, and a chance for great seafood at Big Mike’s in Hanover.

Please come and enjoy our “Welcome Summer Happy Hour” on June 19 then lace up your walking shoes and join the crowd for the Longest Day 12 Hour Walk on the 20th. We will be taking turns walking all day that day in support of friends, family members and care-givers to those with Alzheimer’s Disease. Come have a hot dog that day with proceeds going to the Alzhei- mer’s Association. At the end of the month enjoy one of those long Sundays on City Island in Harrisburg watching a Harrisburg Senators baseball game. It’s as American as apple pie.

“Just because it’s June, June, June!”