

The following programs are regularly scheduled on a weekly basis						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00am Worship (FR)	9:30am Chair Yoga (Z and WS)	8:15 Cardio Mix (Z and WS) 9:30am Mat Stretch (Z and WS) 10:30am Chair Fitness (CC)	9:30am Fit Medley (Z and WS)	9:30am Strength (Z and WS) 1:00pm Fun With Balance (WS)	9:30am Fit Medley (Z and WS)	
Additional Programs & Events Scheduled for the Month of May						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program offerings are subject to change. 	For more details on any of the programs, please refer to your Inspirations catalog.	Key: RR- Registration Required \$\$- Cost OC – Off Campus FR – Fellowship Room WG – Wellness Gym T- Tent WL – Wellness Lounge TR – Tranquility Room CC- Cannon’s Corner WS – Wellness Suite BL- Braeburn Lounge <i>Note: Time listed in Inspirations is</i>		9:30am Weis Market 1 2:00pm May Day Happy Hour (RR) No Village Voices Today	2 2:00pm Bingo (CC)	3
10:00am Worship (FR) 4	10:30 Wellness Talk (CC) 5	6 1:30pm PT Talk (CC)	7 9:30am Area Shopping 3:30pm Rosary (AS)	9:30am Weis Market 8 2:00pm Village Voices (FR)	9 11:30am O’Rorkes (RR) 2:00pm Bingo (CC) 2:00pm Lifelong Learning (WL)	10
10:00am Worship (FR) 11 3:15pm Gettysburg Chamber Orchestra (RR) Happy Mother’s Day	12 10:30am Bible Study and Coffee with Chaplain (CC)	13 1:00pm Rhythm and Motion (WS)	14 1:00pm Brain Games (WL) 3:30pm Rosary (AS)	9:30am Weis Market 15 10:00am Catholic Mass (FR) 2:00pm Village Voices (FR)	16 2:00pm Bingo (CC)	17 8:30am Breakfast at Oyler’s Farm (RR)
10:00am Worship (FR) 18	19 1:30pm Senior Acts (FR)	20 8:30am Boscov’s and Lunch (RR)	21 9:30am Area Shopping 10:30am Blood Pressure Clinic (Amy’s Office) 11:00 Worship Committee (CR) 2:00pm Mexican Train Dominoes (CC) 3:30pm Rosary (AS)	9:30am Weis Market 22 2:00pm Village Voices(FR)	23 2:00pm Lifelong Learning (WL) 2:00pm Bingo (CC)	24
10:00am Worship (FR) 25 2:00pm Choral Society Concert at Seminary (RR)	26 Memorial Day	27 1:30pm RL Council Meeting (CR) 2:00pm Movie Matinee (WL)	28 1:30pm Plant Your Own Planter (RR) 3:30pm Rosary (AS)	9:30am Weis Market 29 2:00pm Village Voices (FR)	30	31

Some Sign-up Deadlines for May

Event Date	Sign-up Deadline
May 1—May Day Happy Hour	Tuesday, April 29
May 9—O’Rorkes	Tuesday, May 6
May 11—Chamber Orchestra	Thursday, May 8
May 17—Breakfast at Oylers	Thursday, May 15
May 20—Boscov’s and Lunch	Sunday, May 18
May 25—Choral Society at the Seminary	Thursday, May 22
May 28—Plant Your Own Planter	Friday, May 23



May 2025

May Birthdays

Alyce Riffon
Apartment 300

Shirley Biser
Cottage 118

Marilyn Cox
Cottage 102

Judy Leslie
Cottage 162

Bob Kelley
Cottage 120

Ed Thompson
Apartment 409

Dick Struble

Cottage 138

Wow! We have a lot of May birthdays around here! If I miss the actual day for any of you, consider this a “Happy Birthday to You!” on your special day.

We are opening this month with a May Day Happy Hour. Traditions on May 1 often include gathering wildflowers and green branches (“bringing in the May”), weaving floral crowns and crowning a May Queen (sometimes with a male companion), and setting up a Maypole, around which people dance and sing. I love a holiday centered around flowers so let the “happy” begin! We will have the Dixie Mix playing some tunes for us if you want to put on your “dance around the Maypole” shoes.

Hop on the bus to have some farm- to- table breakfast on Saturday, May 17. Oylers Organic Farm serves homemade breakfasts on Saturdays and we’re sending you to try it out. They usually have several entrée offerings and fresh baked goods. After breakfast you can shop in the market for organic meats, vegetables, soups and a variety of locally sourced products.

Since the unfortunate fire at the Governor’s Mansion has caused us to cancel that trip, we have replaced it with a trip to Boscov’s and lunch in Camp Hill. Get some summer shopping done just in time for Memorial Day.

Wrapping up the month is our annual “Plant Your Own Planter” activity. We make it easy to decorate your porches with a beautiful pot of flowers.

I wanted to thank all of the residents who go out of their way to thank and recognize our team members and compliment them on “jobs well done”. It does a soul good to know that their work is recognized. We have many here on our campus that jump in whenever and wherever they are needed. The behind the scenes is even busier than what is right in front of your eyes. Your care is why we are here and for you to notice that we do our absolute best is appreciated.

Happy May , Jess