

The Weekly Connection

Residential Living / October 12 ~ 18, 2025

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, October 12

10:00am Worship (FR)

Monday, October 13

1:00pm Rhythm and Motion (WS)

Tuesday, October 14

1:30pm Town Meeting (FR)

3:00pm Movie Matinee "October Sky" (WL)

Wednesday, October 15

9:30am Area Shopping

1:30pm Chemistry of Cooking (WL)

2:30pm Mexican Train Dominoes (CC)

3:30pm Rosary (AS)

Thursday, October 16

9:30am Weis Market

10:00am Catholic Mass (FR)

1:30pm Cooking With Jill (WL)

2:00pm Village Voices (FR)

Friday, October 17

9:00am Men's Breakfast Eisenhower Diner (RR)

2:00pm Music 101 (WL)

2:00pm Bingo (CC)

Saturday, September 18

11:00am Furnace Fest at Pine Grove Furnace (RR)

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Residential Living Nurse Navigator Updates

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency please call 911.

Please let Janell Miller, know of any upcoming surgeries or procedures, falls, Emergency Room visits or hospitalizations.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

Janell's Schedule

Tuesday, October 14 - 9:00am - 4:00pm

Wednesday, October 15 - 8:00am - 4:00pm

Friday, October 17 - 8:00am - 4:00pm

RN Supervisor 717-487-4092

**Available after 4pm Monday-Friday
or weekends only. Not available for care .
Please call 911 for Emergencies**

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following this guidelines.

From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables (non glass) should be tied tightly in a container and should not be put out until the morning of pick-up. . Glass jars and bottles only are recycled in the four small blue bins inside the maintenance shed. Please do not place any items on the floor and put other glass in your regular trash.

Please clean up after your Pet: We kindly ask all pet owners to pick up after their dogs. Per the Residential Handbook

*Resident dog owners will be responsible for the immediate cleanup of feces after the exercise of their dog. All pet waste must be bagged and securely tied before disposal." Let's keep our shared space clean and enjoyable for everyone. Thank you for being a responsible neighbor.

From the Desk of the Executive Director

Jill will be out of the office enjoying some family time in Vermont starting Oct. 3rd and will return on Oct. 13th. If you need assistance, please contact Nikki Richwine.

Calendar Edits

Please note that the Residential Living marketing event for cottages and apartments is being held on October 29th. The council minutes stated that the event would take place on the 30th.

Please delete the Wellness Talk scheduled on Wednesday, October 22.

Please move the Blood Pressure Clinic from Monday, Oct. 27 to Tuesday, Oct. 28 from 10:00am-11:00am.

Display Case Collections

Do you have a "collection" that you would like to display in the case in the lobby. Historical, artistic, photos and ceramics / pottery are some suggestions. Usually display cards with facts about the collection are a nice addition. Please contact Jess if you have something for consideration.

Thank you

Many thanks to all my neighbors for your kind thoughts and wishes on my birthday. I greatly appreciate your cards, emails, and calls. ~ Bill Conover

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

COVID Vaccine Clinic

Clinic Date and Time

10/24 at 10:30am. Vaccines will be given in the Care Navigator Office located in the apartment building.

Cannons Corner Menu



Monday, October 13 Cream of Broccoli Soup	Oven Fried Chicken, Lemon Baked Fish, Baked Potato, Corn, Diced Pears
Tuesday, October 14 Vegetable Soup	Beef Stew, Cottage Cheese & Fruit, Country Mashed Potatoes, Glazed Beets, Coffee Cake
Wednesday, October 15 Turkey Rice Soup	Herbed Baked Fish, Orange Honey Chicken, White Rice, Green Beans, Tropical Fruit Salad
Thursday, October 16 Tomato Soup	Chicken Alfredo, Tuna Melt, Broccoli, Tomato Salad, Chocolate Brownie
Friday, October 17 Chicken Noodle Soup	BLT Sandwich, Meatloaf, Garlic Roasted Potatoes, Peas & Carrots, Diced Pears
Saturday, October 18 Pre-order only Split Peas Soup	Roast Pork Loin, Lemon Baked Fish, Potatoes Au Gratin, Sauerkraut, Ice Cream Sundae
Sunday, October 19 Pre-order only Corn Chowder	Herb Roast Chicken, Baked Ham, Oven Roasted Potatoes, Roasted Baby Carrots, Sugar Cookies

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