

# The Weekly Connection

## Residential Living / April 12~18, 2026

### What's Happening This Week

*Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)*

#### **Sunday, April 12**

- 10:00am Worship (FR)
- 3:00pm Music Gettysburg Mt. Vernon Virtuosi (RR)

#### **Monday, April 13**

- 10:30am Chat With the Chaplain (CC)
- 1:00pm Brain Games (WL)
- 2:00pm National Scrabble Day (RR, WL)

#### **Tuesday, April 14**

- 1:30pm Town Hall Meeting (FR)

#### **Wednesday, April 15—No Fit Medley Today**

- 9:00am Town Hall Mtg. With Concordia (FR)
- 9:30am Area Shopping (RR) - After Town Hall Mtg.
- 1:30pm Chemistry of Cooking (RR-WL)
- 2:30pm Mexican Train Dominoes (CC)
- 3:30pm Rosary (AS)

#### **Thursday, April 16**

- 9:30am Weis Market (RR)
- 10:00am Catholic Mass (FR)
- 1:30pm Cooking With Jill (RR- WL)
- 2:00pm Village Voices (FR)

#### **Friday, April 17**

- 9:00am Men's Breakfast Gateway Diner (RR)
- 10:30 New Class—On Your Feet (WS)
- 2:00pm Bingo (CC)
- 2:00pm Music 101 (WL)

#### **Saturday, April 18**

### Residential Living Nurse Navigator Updates

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency please call 911.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

#### **Janell's Schedule**

Janell will be back in her office next week. Further details about her schedule will be posted after Monday.

**RN Supervisor 717-487-4092**

**Available after 4pm Monday–Friday  
or weekends only. Not available for care.  
Please call 911 for Emergencies**

#### **Transportation for Medical Appointments**

\*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following these guidelines.

## From Around the Village

### **Garbage, Recycling and Glass Recycling**

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables (non glass) should be tied tightly in a container and should not be put out until the morning of pick-up. Glass jars and bottles only are recycled in the four small blue bins inside the maintenance shed. Please do not place any items on the floor and put other glass in your regular trash.

### **Two Town Hall Meetings Next Week**

You will see two Town Hall meetings scheduled next week. This is not a mistake. Tuesday we will have our regular quarterly Town Hall with Residential Council updates following as usual. Wednesday's Town Hall will be with representatives from Concordia Lutheran providing any updates that they may have regarding our transfer of ownership.

### **Life Enrichment Updates**

Fit Medley is canceled Wednesday due to the Town Hall meeting.

On Monday we celebrate National Scrabble Day. Please sign up at the receptionist if you would like to play. Bring your board if you said that you had one. You don't have to be a walking dictionary/thesaurus to play!

We will start our new fitness class, "On Your Feet" on Friday, April 17 at 10:30am in the Wellness Studio. Come see what it is about. A description is provided in Inspirations.

### **Tech Appointments With Mark V.**

Mark will be on campus the week of April 20th Please contact Jess by phone or email if you would like an appointment. If possible give several options for days and times.

**Weekend Dining Service**—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

**Weekend Dining Service**—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

### Cannons Corner Menu



Monday, April 13 Soup - Vegetable	Oven Fried Chicken, Carved Roast Beef, Baked Potato Wedges, Coleslaw, Bread Pudding
Tuesday, April 14 Soup - Barley & Mushroom	Meatloaf, Cheese Ravioli, Whipped Potatoes, Peas & Carrots, Peaches & Cream
Wednesday, April 15 Soup - Ham & Bean	Balsamic Glazed Pork, Citrus Baked Fish, Rice Pilaf, Zucchini, Apple Pie
Thursday, April 16 Soup - Chicken & Rice	Lemon Baked Chicken, Patty Melt, White Rice, Green Beans, Oatmeal Raisin Cookies
Friday, April 17 Soup - New England Clam Chowder	Baked Fish, Pierogies & Kielbasa, Potatoes Wedges, Baby Carrots, Cheesecake
Saturday, April 18 Pre-order only Soup - Chicken Noodle	Baked Ziti & Meat Sauce, Chicken Marsala, Garden Salad, Garlic Bread, Apple Crisp
Sunday, April 19 Pre-order only Soup - Summer Corn Chowder	Chicken Broccoli Stir Fry, Vegetable Lasagna, Fried Rice, Mandarin Oranges

### **The Weekly Connection**

Residential Living | April 12 ~ 18, 2026