

The Weekly Connection

Residential Living / April 19-25, 2026

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, April 19

10:00am Worship (FR)

Monday, April 20

10:30am Chat With the Chaplain (CC)

1:30pm Senior Acts (FR)

Tuesday, April 21

1:00 Rhythm and Motion (WS)

Wednesday, April 22

9:00am-3:00pm Earth Day Clean-up

3:30pm Rosary (AS)

Thursday, April 23

9:30am Weis Market (RR)

1:00pm Fun With Balance (WS)

2:00pm Village Voices (FR)

Friday, April 24

10:30am On Your Feet (WS)

11:30am Steinwehr Diner (RR)

2:00pm Bingo (CC)

2:00pm Life Long Learning (WL)

Saturday, April 25

Residential Living Nurse Navigator Updates

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency please call 911.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

Janell's Schedule

Monday, April 20 8:00am-4:00pm

Wednesday, April 22 8:00am-4:00pm

Thursday, April 23 8:00am-4:00pm

RN Supervisor 717-487-4092

**Available after 4pm Monday-Friday
or weekends only. Not available for care.
Please call 911 for Emergencies**

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following these guidelines.

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717-334-6204

 **Spiritrust Lutheran**[®]
The Village at Gettysburg



From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables (non glass) should be tied tightly in a container and should not be put out until the morning of pick-up. . Glass jars and bottles only are recycled in the four small blue bins inside the maintenance shed. Remove all lids. Please do not place any items on the floor in the shed. All other glass beside that listed is to be put in your regular trash.

Life Enrichment Updates

Baseball Game

If you would like to go to see the York Revolution baseball game on Sunday, May 3 please sign up in the front of the April book. We can extend the deadline a week to the 26th but this may impact our choice of seats so check your calendars and let's play ball! Tickets will be approximately \$20.

Earth Day Information

If you would like to help to get the campus ready for the summer months join us on Wednesday, April 22 for our Earth Day clean-up. We will have a list of tasks that we would like to accomplish throughout the day including general clean up, weeding in common spaces, cleaning up the skilled care and personal care patio areas and more. Please sign up in the book and designate a time that you think that you might be available. Team members will be working off and on all day.

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

There will be breakfast served in Cannons Corner Wednesday, April 22 starting at 8:00am.

Cannons Corner Menu



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| Monday, Soup - Minestrone | Baked Cod, Citrus & Honey Chicken, Egg Noodles, Zucchini, Bread Pudding |
| Tuesday, April 21 Soup - Vegetable | Pineapple Glazed Ham, Beef Chili, White Rice, Baby Carrots, Chocolate Mousse |
| Wednesday, April 22 Soup - Beef and Barley | Chicken Parmesan, Linguini and Clams, Mixed Vegetables, Garlic Bread, Lemon Bar |
| Thursday, April 23 Soup - Mulligatawny | Roasted Pork Loin, Stuffed Peppers, Smashed Potatoes, Green Beans, Mandarin Oranges |
| Friday, April 24 Soup - Cream of Broccoli | Baked Flounder, Cheese and Broccoli Strata, Rice Pilaf, Carrots, Chocolate Cake |
| Saturday, April 25 Pre-order only Soup - Tomato | Pork Chop and Apple Sauce, Chicken Bruschetta, Tossed Salad, Garlic Bread, Cheesecake |
| Sunday, April 26 Pre-order only Soup - Chicken Noodle | Chicken Waikiki, Sweet and Sour Pork, White Rice, Mixed Vegetables, Chocolate Brownie |

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