

# The Weekly Connection

## Residential Living / April 27 ~ May 3, 2025

### What's Happening This Week

*Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)*

#### **Sunday, April 27**

10:00am Worship (FR)

3:00pm Gettysburg Children's Choir at the Seminary (PR)

#### **Monday, April 28**

10:30am Blood Pressure Clinic ( Amy's Office)

1:30pm Book club (LIB)

3:00pm Gettysburg Grief Group (WL)

6:30pm Gettysburg Children's Choir (FR)

#### **Tuesday, April 29**

9:00am Men's Breakfast at Heartland Diner (RR)

1:30pm RL Council Meeting (CR)

#### **Wednesday, April 30**

9:00am Rolls Royce Museum and TJ Rockwell's (RR)

3:30pm Rosary (AS)

#### **Thursday, May 1**

9:30am Weis Market

2:00pm May Day Happy Hour (RR)

No Village Voices Today

#### **Friday, May 2**

2:00pm Bingo (CC)

#### **Saturday, May 3**

### Residential Living Nurse Navigator Updates

#### **Amy's Schedule This Week**

Monday 4/28 - Gettysburg-8:00am-4:00pm

BP Clinic 10:00am-11:00am

Tuesday 4/29 - Luther Ridge

Wednesday 4/30 - Gettysburg-8:00am-4:00pm

Thursday 5/1 - Luther Ridge

Friday 5/2 - Gettysburg-8:00am-4:00pm

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency please call 911.

Please let Amy know of any upcoming surgeries or procedures, falls, Emergency Room visits or hospitalizations.

Blood pressure can be taken during Amy's regular office hours or on Blood Pressure Clinic days. Please call to make sure that she is available.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

**RN Supervisor 717-487-4092**

**Available after 4pm Monday-Friday  
or weekends only. Not available for care .  
Please call 911 for Emergencies**

#### **Transportation for Medical Appointments**

\*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following this guideline.

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 **SpiriTrust Lutheran®**  
The Village at Gettysburg



## From Around the Village

### Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables should be tied tightly in a container and should not be put out until the morning of pick-up. Glass recycling continues on the first Saturday of each month for **bottles and jars** only. Do not place items on the floor next to the bins. This presents a safety hazard. Please put other glass in your regular garbage.

### Lawn and Garden Care

Over the next few weeks Strathmeyer will cut back ornamental grasses when they mow as time allows.

### Resident Garden

Please sign up at the receptionist (front of the book) if you would like space in the new raised bed gardens or the in-ground garden. Space in the raised beds is limited so please only sign up if you are planning on tending your garden through the season.

### Upcoming Life Enrichment

May Day Happy Hour— please sign up by Tuesday, April 29.  
Future:

The trip to the Governor's Mansion will have to be rescheduled due to the recent fire at the mansion. We will be going to Boscov's on that day instead.

Better Music Listening will be on a hiatus until further notice.

### Technology Appointments

Mark V. will be available for appointments May 5-9. Please call or email Jess for an appointment.

### Updated Receptionist Hours

Our lobby reception will now be attended to by team members on Sundays from 8:30am-4:30pm. Saturdays will be covered by volunteer residents who will greet the public but will not be answering the phones. Calls to the receptionist on "Volunteer Saturdays" will be transferred to our Personal Care or Skilled Care. Please keep calls to the receptionist to emergencies only on Saturdays.

**Weekend Dining Service**—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

### Cannons Corner Menu



Monday, April 28 Lentil Soup	Baked Fish with Dill Sauce, Kielbasa, Roasted New Potatoes, Spinach, cinnamon Apple Sauce
Tuesday, April 29 Turkey Noodle Soup	Citrus Roasted Pork, Vegetable Alfredo, Sweet Potato, Broccoli, caramel Bread Pudding
Wednesday, April 30 Beef & Orzo Soup	Chicken with Honey & Cumin, Baked Cod, Orzo Pilaf, Carrot Coins, Sugar Cookies
Thursday, May 1 Cream of Broccoli Soup	Roast Beef & Gravy, Hot Pork Sandwich, Mashed Potatoes, Succotash, Blonde Brownie
Friday, May 2 Vegetable Soup	Shrimp and Pineapple Stir Fry, Cheese Pizza, Steamed Rice, Marinated Cucumbers, Cheesecake
<b>Pre-Order</b> Saturday, May 3 Beer Cheese Soup	Apricot Glazed Ham, Vegetable Quiche, Garlic Mashed Potatoes, Green Beans, Peach Pie
<b>Pre-Order</b> Sunday, May 4 Chicken Florentine Soup	Baked Flounder, Garlic Thyme Chicken, Red Beets, Parslied Potatoes, Tapioca Pudding