

The Weekly Connection

Residential Living / February 8 ~ 14, 2026

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, February 8

10:00am Worship (FR)

Monday, February 9

10:30am Chat With The Chaplain (CC)

1:00pm Brain Games (WL)

3:00pm Prayer Circle (FR)

Tuesday, February 10

2:00pm Passport to Wellness (RR - WL)

Wednesday, February 11

11:30am AKI (RR)

3:30pm Rosary (AS)

Thursday, February 12

9:30am Weis Market

1:00pm Balance (WS)

Friday, February 13

11:00 Ladies "Galentine's" Brunch (RR-WL)

2:00pm Lifelong Learning (WL)

2:00pm Bingo (CC)

Saturday, February 14

Residential Living Nurse Navigator Updates

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency please call 911.

Please let Janell Miller, know of any upcoming surgeries or procedures, falls, Emergency Room visits or hospitalizations.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

Janell's Schedule

Wednesday, February 11 - 8:00am to 4:00pm

Thursday, February 12 - 8:00am to 4:00pm

RN Supervisor 717-487-4092

**Available after 4pm Monday-Friday
or weekends only. Not available for care .
Please call 911 for Emergencies**

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following these guidelines.

From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables (non glass) should be tied tightly in a container and should not be put out until the morning of pick-up. Glass jars and bottles only are recycled in the four small blue bins inside the maintenance shed. Please do not place any items on the floor and put other glass in your regular trash.

Water Line Repair

The main water line for the cottages is scheduled to have repairs started on Monday, February 9th. Please keep in mind that there may be an interruption of water supply during this process. This project location is a difficult area for excavation with many unknowns regarding utilities and may take extended time to complete. Updated information that we receive will be shared.

Life Enrichment

Sign-ups this week: AKI by Monday, Feb. 9. The Ladies "Galentine" Brunch by Wednesday, Feb. 11.

Sign-ups for "We the People" are still being taken. The first wave of tickets is being purchased. All others after today will be part of a second group. Tickets are \$20.

The trip to see the Gettysburg College Men's Basketball game is canceled.

There are still a few spots available for the Valentine's evening dinner in Cannons. Please sign up at the receptionist by Feb. 9 is space still allows. \$28

Thank you

To all that came out to create valentine cards for children at Doernbacher Children's Hospital, I thank you. 62 cards were created and shipped to Portland on Wednesday. ~ Jess

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

Winter Weather Preparedness

What to have prepared for a forecasted snowstorm: access to heavy coat, hat, gloves and boots, container filled with tap water, charged cell phone, flashlight, prescription medications, non-perishable food that does not need refrigeration or cooking (PB&J, Tuna). Recruit a friend or neighbor to check in with (buddy system).

Cannons Corner Menu



Monday, February 9 Soup - Split Pea	Meatloaf, Baked Chicken, Mashed Potatoes, Carrots, Chocolate Cake
Tuesday, February 10 Soup - Roasted Cauliflower	Lemon Herb Flounder, Honey Glazed Ham, Candied Sweet Potatoes, Sautéed Cabbage,
Wednesday, February 11 Soup - Beef & Barley	Beef Chili, BBQ Chicken, Confetti Corn, Cucumber Salad, Corn Pudding Muffin, Pear Crisp
Thursday, February 12 Soup - Vegetable	Roast Turkey, Roast Beef, Cornbread Stuffing, Steamed Green Peas, Lemon Bar
Friday, February 13 Soup - Tomato	Beef Stroganoff, Chicken Cacciatore, Egg Noodles, Green Beans, Apple Cobbler
Saturday, February 14 Pre-order only Soup - Vegetable	Turkey A La King, Grilled Bacon & Cheese Sandwich, Wild Rice, Spinach, Orange Cake
Sunday, February 15 Pre-order only Soup - Broccoli & Cheese	Spaghetti & Meatballs, Roast Pork Loin, Mixed Vegetables, Peach Crisp

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