

The Weekly Connection

Residential Living / January 11 ~ 17, 2026

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, January 11

10:00am Worship (FR)
3:15pm Gettysburg Chamber Orchestra Baroque Ensemble at the Seminary (RR)

Monday, January 12

10:30am Chat with the Chaplain (CC)
1:00pm Brain Games (WL)
3:00pm Prayer Circle (FR)

Tuesday, January 13

1:30pm Town Meeting (FR)

Wednesday, January 14

3:30pm Rosary (AS)

Thursday, January 15

9:30am Weis Market
10:00am Catholic Mass (FR)
1:30pm Cooking With Jill (WL)
No Fitness Classes Today

Friday, January 16

9:00am Men's Breakfast New Oxford Diner(RR)
2:00pm Bingo (CC)
2:00pm Music 101 (WL)
No Fitness Classes Today

Saturday, January 17

12:30pm Gettysburg College Women's Basketball Game (RR)

Residential Living Nurse Navigator Updates

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency please call 911.

Please let Janell Miller, know of any upcoming surgeries or procedures, falls, Emergency Room visits or hospitalizations.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

Janell's Schedule

Wednesday, January 14 - 10:30am—4:00pm

Podiatry Clinic

Friday, January 9 - 8am to 4 pm

RN Supervisor 717-487-4092

**Available after 4pm Monday-Friday
or weekends only. Not available for care.
Please call 911 for Emergencies**

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following these guidelines.

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717-334-6204

 **SpiriTrust Lutheran®**
The Village at Gettysburg 

From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables (non glass) should be tied tightly in a container and should not be put out until the morning of pick-up. . Glass jars and bottles only are recycled in the four small blue bins inside the maintenance shed. Please do not place any items on the floor and put other glass in your regular trash.

Town Hall Meeting

There is a Town Hall meeting followed by the Residential Living Association meeting on Tuesday, January 13 at 1:30pm in the Fellowship Room. All are invited to attend..

Life Enrichment

Music 101 will resume on January 16

Please come and enjoy the St.John Bell Ringers on Saturday, January 10 at 2:00pm in the Fellowship Room. They would love to share ringing out the old and ringing in the new year!

Please sign up for Cooking With Jill by Wednesday the 14th so that she may plan accordingly.

Jess will be out of town from Thursday, January 15—Monday, January 19. If you have any questions please see Nikki. There will not be fitness classes on Thursday, Friday and Monday. (MLK Day).

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

Cannons Corner Menu



Monday, January 12 Soup - Cream of Broccoli	Lemon Baked Fish, Chicken Provencal, Oven Roasted Potatoes, Spinach, Chocolate Mousse
Tuesday, January 13 Soup - Turkey Vegetable	Shepherd's Pie, BBQ Chicken, Corn Salad, Apple Sauce
Wednesday, January 14 Soup - Tomato Bisque	Stewed Chicken & Dumpling, Braised Liver & Onion, Mashed Potatoes, Steamed Green Peas, Yellow Cake w/ chocolate Icing
Thursday, January 15 Soup - French Onion	Turkey Tetrazzini, Hamburger, Roasted Root Vegetables, Diced Pears
Friday, January 16 Soup - Vegetable	Sweet & Sour Pork, Baked Chicken Breast, White Rice, Broccoli, Apricots
Saturday, January 17 Pre-order only Soup - White Bean	Baked Ziti & Meat Sauce, Tuna Melt, Garlic Bread, Italian Green Beans, Banana Cake
Sunday, January 18 Pre-order only Soup - Vegetable	Virginia Baked Ham, Fried Fish, Roasted Potatoes Wedges, Corn, Peaches

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Residential Living | January 4 ~ 10, 2026