

The Weekly Connection

Residential Living | June 14 ~ 20, 2026

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, June 14

10:00am Worship (FR)

Monday, June 15

No Chair Yoga Today

1:30pm Senior Acts (FR)

Tuesday, June 16

1:30 pm Rhythm and Motion (WS)

Wednesday, June 17

10:00am Chat with the Chaplain (CC)

2:30pm Mexican Train Dominoes (CC)

3:30pm Rosary (AS)

Thursday, June 18

No Strength Class Today

9:00am Town Hall with Brian Hortert (FR)

9:30am Weis Market (RR -Following Town Hall)

10:00am Catholic Mass – (Sunroom)

2:00pm Village Voices Concert (FR)

Friday, June 19

No Fitness Classes Today

7:00am to 5:00pm Longest Day Event

9:00am Men's Breakfast (RR)

2:00pm Bingo (CC)

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717-334-6204

Residential Living Nurse Navigator Updates

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency, please call 911.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

Janell's Schedule

Monday, June 15 8:00am - 4:00pm

Tuesday, June 16 8:00am - 4:00pm

Wednesday, June 17 7:00am - 10:30am

RN Supervisor 717-487-4092

**Available after 4pm Monday–Friday
or weekends only. Not available for care.
Please call 911 for Emergencies**

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following these guidelines



News continues from page 1 From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables (non-glass) should be tied tightly in a container and should not be put out until the morning of pick-up.. Glass jars and bottles only are recycled in the four small blue bins inside the maintenance shed. Remove all lids. Please do not place any items on the floor in the shed. All other glass beside that listed is to be put in your regular trash.

Free Medical Trip Transportation Information

Pertaining to the free transportation for medical trips that was discussed at our last Town Hall with Brian T. our COO: Residents may schedule transportation for 6 free medical trips with a maximum of 25 miles round trip from our campus. These trips must be scheduled at least 48 hours in advance and are subject to driver and vehicle availability. Please see regular transportation rules on the front of this update for more information.

Finance change

Teri Berela from the Business office is no longer with Concordia at SpiriTrust, Gettysburg. If you have any billing concerns please contact Patsy Bowser, Concordia Accounts Receivable Director at (724) 352-8223

Life Enrichment Updates

Come enjoy our own celebration of America's 250th with a concert by your resident members of the Village Voices. They will be presenting patriotic/pop music on Thursday, June 18 at 2:00pm in the Fellowship Room.

On Friday, June 19, join us on the walking trail for our Longest Day event in support of the Alzheimer's Association. We will be under the tent and on the trail from 7:00am – 5:00pm.

Please Welcome Joan Epley to our campus. Joan will be residing in Cottage 186.

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

Cannons Corner Menu	
Monday, June 15 Soup Vegetable Medley	Stuffed Shells, Country Fried Steak W/Gravy, Garlic Mashed Potatoes, Peas and Onions, Chocolate Chip Cake
Tuesday, June 16 Soup Fresh Tomato	Hawaiian Chicken, Baked Italian Sausage, Rice Pilaf, Sauteed Yellow Squash, Fruit Cobbler
Wednesday, June 17 Soup French Onion	Spaghetti and Meat Sauce, Chicken Alfredo Pasta, Garlic Bread, Side Salad, Strawberry Cake
Thursday, June 18 Soup Italian Wedding	Classic Salisbury Steak and Gravy, Baked Rosemary, Lemon Chicken, Mashed Potatoes and Gravy, Chef's Steamed Vegetable, Cheesecake
Friday, June 19 Soup Creamy Chicken Tortellini	Seasoned Baked Fish, Cube Steak with Burgundy Sauce, Lemon Pasta, Seasoned Broccoli, Pear Crisp
Saturday, June 20 Soup Homestyle Vegetable	Parmesan Crusted Pork Chops, Teriyaki Meatballs, Oven Brown Rice, Parsley Carrots, Lemon Dream Cake
Sunday, June 21 Soup	

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