

The Weekly Connection

Residential Living / June 29 ~ July 5, 2025

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, June 29

10:00am Worship (FR)

Monday, June 30

1:30pm Book Club (Lib.)

Tuesday, July 1

9:30am Men's Breakfast Gettysburg Family Restaurant (RR) -
Note change in time

11:00am Ladies Lunch Cameo Diner (RR)

1:30pm PT Talk (CC)

Wednesday, July 2

9:30am Area Shopping

2:00pm Guided Meditation (WL)

Thursday, July 3

9:30am Weis Market

1:30pm DIY Pressed Flower Bookmarks (WL-RR)

Friday, July 4

Happy 4th of July!

Special lunch in Cannons Corner today- Sign up at receptionist

No Fitness Classes Today

Saturday, July 5

Residential Living Nurse Navigator Updates

Amy's Schedule This Week

Monday 6/30 - Gettysburg - 8:00am-4:00pm

Tuesday 7/1 - Luther Ridge

Wednesday 7/2 - Luther Ridge

Thursday 7/3 - Gettysburg - 8:00am-4:00pm

Friday 7/4 - OFF

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency please call 911.

Please let Amy know of any upcoming surgeries or procedures, falls, Emergency Room visits or hospitalizations.

Blood pressure can be taken during Amy's regular office hours or on Blood Pressure Clinic days. Please call to make sure that she is available.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

RN Supervisor 717-487-4092

**Available after 4pm Monday-Friday
or weekends only. Not available for care .**

Please call 911 for Emergencies

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following this guideline.

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 **SpiriTrust Lutheran®**
The Village at Gettysburg



From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables should be tied tightly in a container and should not be put out until the morning of pick-up. Glass recycling continues on the first Saturday of each month for **bottles and jars** only. Do not place items on the floor next to the bins. This presents a safety hazard. Please put other glass in your regular garbage.

Town Meeting and Financial Review.

We will be having a special financial review for RL Residents presented by Jeannine Richman, CFO on July 9th at 10:30AM in the Fellowship room. Due to a personal issue that was conflicting with Jeannine's schedule she can not attend the Town Hall Meeting on Tuesday, July 8th. The Town Hall meeting will not be cancelled or changed. The financial review will be an additional meeting for the RL residents. If any residents have questions that they would like Jeannine to answer, please provide them to Jill Flasher by Monday, July 7th by emailing jflasher@spiritrustlutheran.org or submit in writing to the receptionist with "Attention to Jill Flasher".

Jill will be out of the office enjoying some family time at the beach starting July 2nd at 12:00PM and will return on July 8th. Have a Happy and Safe 4th of July.

Underground Utilities Marking

Central Penn Directional Drilling and Allegheny Utility Solutions will be onsite Monday, June 30th. They are contracted by the electric company to locate and map out underground utilities in preparation for the electrical supply replacement between the cottage transformers. They predict that the actual project will be scheduled at least a week and a half after the grounds are marked.

Men's Breakfast Change in Time

Due to challenges in transportation on Tuesday, the Men's Breakfast leaving time will be delayed until 9:30. Thank you for your understanding.

Thank you

Many thanks to those who sent me cards for my 95th birthday.
~ Marty Hansen

Speaking on behalf of myself and residents personally affected by Alzheimer's Disease we thank all who worked, walked, donated, dined on hot dogs or showed any support for our Alzheimer's event. With your generosity we raised over \$1700 in one day and we showed what a small community like ours can do when we all work together. Very gratefully~ Jess and the Team

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

Cannons Corner Menu



Monday, June 30 Chicken Florentine Soup	Spaghetti W / Marinara Sauce, Chef Salad, Cut Green Beans, Dinner Roll, Diced Pineapple
Tuesday, July 1 Butternut Squash Soup	Pulled Pork on a Biscuit, Cheese Quiche, Roasted Red Potatoes, Cole-slaw, Pumpkin Spiced Blondies
Wednesday, July 2 Navy Bean & Ham Soup	Beef Pepper Steak, Baked Crab Cake & Tartar, Baked Potatoes, Steamed Broccoli, Blueberry Cobbler
Thursday, July 3 Creamy Cauliflower Soup	Rotisserie Baked Chicken, Seafood Pasta, Spinach, Kale Salad, Chocolate Ice Cream
Friday, July 4 <i>Happy 4th of July!</i> <i>Special Lunch</i>	Sloppy Joe, BBQ Chicken, Macaroni & Cheese, Broccoli Salad, Pretzel Salad
Pre-Order Saturday, July 5 Manhattan Clam Chowder	Baked Meatloaf W / Tomato Sauce, Oven Roasted Turkey, Mashed Potatoes, Mixed Vegetables, Lemon Shortbread
Pre-Order Sunday, July 6 Beef & Barley Soup	Baked Flounder, Pork Chop, Roasted Potatoes, Garden Wild Rice, Peas, Coconut Cake

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