

The Weekly Connection

Residential Living / March 16 ~ 22, 2025

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, March 16

10:00am Worship (FR)

Monday, March 17

1:30pm Senior Acts (FR)

Tuesday, March 18

11:30am Outlets shopping & Lunch at the food Court (RR) - Canceled

2:00 Passport Celebration for program participants (WL)

Wednesday, March 19

9:30am Area Shopping

2:00pm Chemistry of Cooking (WL)

2:00pm Mexican Train Dominoes (CC)

3:30pm Rosary (AS)

Thursday, March 20

9:30am Weis Market

10:00am Catholic Mass (FR)

Friday, March 21

2:00pm Bingo (CC)

Saturday, March 22

Residential Living Nurse Navigator Updates

Amy's Schedule This Week

Monday 3/17 Luther Ridge

Tuesday 3/18 - Luther Ridge

Wednesday 3/19 - Gettysburg-8:00am-4:00pm

Thursday 3/20 - Luther Ridge

Friday 3/21 - Gettysburg-8:00am-4:00pm

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency please call 911.

Please let Amy know of any upcoming surgeries or procedures, falls, Emergency Room visits or hospitalizations.

Blood pressure can be taken during Amy's regular office hours or on Blood Pressure Clinic days. Please call to make sure that she is available.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

RN Supervisor 717-487-4092

**Available after 4pm Monday-Friday
or weekends only. Not available for care .
Please call 911 for Emergencies**

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following this guideline.

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 **SpiriTrust Lutheran®**
The Village at Gettysburg



From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables should be tied tightly in a container and should not be put out until the morning of pick-up. Glass recycling continues on the first Saturday of each month for **bottles and jars** only. Please put other glass in your regular garbage.

Availability of Financial Statement

Updated Financial information (Nov. YTD) has been given to Jill Flasher, Executive Director. If you wish to have a copy of the review, please contact Jill Flasher jflasher@spiritrustlutheran.org or call 717.339.1644.

Finance Office Schedule Change

The finance office will not be open on Tuesdays. Katy Simpson will be working in Hanover on Tuesdays.

Upcoming Life Enrichment

The trip to the Outlets in Gettysburg on Tuesday, March 13 is cancelled due to lack of sign-ups.

Gym Updates

Please note that the emergency response system in the gym (pendants) is under repair. Those who use the gym early in the morning or after working hours may consider changing their time to exercise if this is an important service for them..

Also, parts have been ordered to fix the cable on the multi-station weight center.

Gettysburg Times Delivery Update

Ann Harnsberger has volunteered to distribute your papers from the library. You may come in the Wellness door (or inside if you are in an apartment) any time after 7:30am to pick up your paper. Please make sure that you take only yours (and those that friends have asked you to pick up.) This is only temporary while the driver is away.

Updated Receptionist Hours

Starting on March 1, our lobby reception will now be attended to by team members on Sundays from 8:30am-4:30pm. Saturdays will be covered by volunteer residents who will greet the public but will not be answering the phones. Calls to the receptionist on "Volunteer Saturdays" will be transferred to our Personal Care or Skilled Care. Please keep calls to the receptionist to emergencies only on Saturdays.

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

Cannons Corner Menu



Monday, March 17 Vegetable & Beef Soup	Chicken Parmesan, Mushroom & Spinach Quiche, Penne Pasta w/ Marinara, Green Beans, Lemon Bar
Tuesday, March 18 Split Pea Soup	Cilantro Grilled Chicken, Baked Ziti, Parslied Potatoes, Carrot Coins, Apple Crisp
Wednesday, March 19 Chicken Noodle Soup	Chopped Steak & Mushrooms, Fried Shrimp, Layered Salad, Roasted Potatoes, Vanilla Ice Cream
Thursday, March 20 Black Bean Soup	Roasted Turkey, Pineapple Glazed Ham, Brussel Sprouts, Mashed Potatoes, Pumpkin Pie
Friday, March 21 Tomato & Rice Soup	Salmon, Chicken & White Bean Chili, Sour Cream & Chive Potatoes, Parmesan
Pre-Order Saturday, March 22 Mushroom & Barley Soup	Country Style Braised Beef Tips, Smothered Pork Chop, Rice Pilaf, Snap Peas, Poundcake with Berries
Pre-Order Sunday, March 23 Minestrone Soup	Crab Cake w/ Tatar Sauce, Bourbon Chicken, Roasted New Potatoes, Asparagus, Brownie w/ Caramel