# The Weekly Connection Residential Living / May 11 ~ 17, 2025

### What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, May 11

10:00am Worship (FR)

3:15pm Gettysburg Chamber Orchestra (RR)

Happy Mother's Day

Monday, May 12

10:30am Bible Study and Coffee with Chaplain (CC)

Tuesday, May 13

1:30pm Rhythm and Motion (WS)

Wednesday, May 14

1:00pm Brain Games (WL)

3:30pm Rosary (AS)

Thursday, May 15

9:30am Weis Market

1:00pm Fun With Balance (WS)

10:00am Catholic Mass (FR)

2:00pm Village Voices (FR)

Friday, May 16

2:00pm Bingo (CC)

Saturday, May 17

8:30am Breakfast at Oyler's Farm (RR)

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# Residential Living Nurse Navigator Updates

Amy's Schedule This Week

Monday 5/12 - Gettysburg-8:00am-4:00pm

Tuesday 5/13 - Gettysburg-8:00am-4:00pm

Wednesday 5/14 - Luther Ridge

Thursday 5/15 - Luther Ridge

Friday 5/16 - Gettysburg-8:00am-12:00pm

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency please call 911.

Please let Amy know of any upcoming surgeries or procedures, falls, Emergency Room visits or hospitalizations.

Blood pressure can be taken during Amy's regular office hours or on Blood Pressure Clinic days. Please call to make sure that she is available.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

RN Supervisor 717-487-4092
Available after 4pm Monday–Friday
or weekends only. Not available for care.
Please call 911 for Emergencies

#### **Transportation for Medical Appointments**

\*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following this quideline.



## From Around the Village

#### Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables should be tied tightly in a container and should not be put out until the morning of pick-up. Glass recycling continues on the first Saturday of each month for **bottles and jars** only. Do not place items on the floor next to the bins. This presents a safety hazard. Please put other glass in your regular garbage.

#### **Parking**

**Cottage residents** should park in their driveway or designated black-topped areas and not on any grassy area. Visitors must adhere to the same parking guidelines. Resident guests staying at the Village overnight must register the guest's vehicle using the Visitor Notification form. Additional parking spaces are available throughout the Village.

#### RL Meetings With Jill Flasher

Jill will be meeting with residents of cottages 152-166 on Friday, May 16 at 1:00pm in Cannons Corner. These informal meetings are meant for updates and general questions that you may have. For personal concerns, please make an appointment with Jill.

#### Resident Garden

Please sign up at the receptionist (front of the book) if you would like space in the new raised bed gardens or the inground garden. Space in the raised beds is limited so please only sign up if you are planning on tending your garden through the season.

#### **Upcoming Life Enrichment**

You can still hop on the bus to see the Gettysburg Chamber Orchestra at the Seminary on Sunday. Sign up at the receptionist. This is always a wonderful Mother's Day treat.

#### Thank You

Thank you for all the birthday greetings. You made the whole week special! ~ Marilyn Cox

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#### **Updated Receptionist Hours**

Our lobby reception will now be attended to by team members on Sundays from 8:30am-4:30pm. Saturdays will be covered by volunteer residents who will greet the public but will not be answering the phones. Calls to the receptionist on "Volunteer Saturdays" will be transferred to our Personal Care or Skilled Care. Please keep calls to the receptionist to emergencies only on Saturdays.

**Weekend Dining Service**—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

#### **Cannons Corner Menu**



Monday, May 12 Vegetable & Beef Soup	Chicken Parmesan, Mushroom & Spinach Quiche, Penne Pasta w/ Marinara, Green Beans, Lemon Bar
Tuesday, May 13 Split Pea Soup	Cilantro Grilled Chicken, Baked Ziti, Parslied Potatoes, Carrot Coins, Apple Crisp
Wednesday, May 14 Chicken Noodle Soup	Chopped Steak & Mushrooms, Fried Shrimp, Layered Salad, Roasted Potatoes, Vanilla Ice Cream
Thursday, May 15 Black Bean Soup	Roasted Turkey, Pineapple Glazed Ham, Brussel Sprouts, Mashed Potatoes, Pumpkin Pie
Friday, May 16	Salmon, Chicken & Whit Bean Chili,
Tomato & Rice Soup	Sour Cream & Chive Potatoes, Parmesan Roasted Zucchini, Fruit Cup
Pre-Order	Country Style Braised Beef Tips, Smothered
Saturday, May 17	Pork Chop, Rice Pilaf, Snap Peas,
Mushroom & Barley Soup	Poundcake with Berries
Pre-Order Sunday, May 18 Minestrone Soup	Crab Cake w / Tartar Sauce, Bourbon Chicken, roasted New Potatoes, Asparagus, Brownie W / Caramel

