

The Weekly Connection

Residential Living / May 18 ~ 24, 2025

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, May 18

10:00am Worship (FR)

Monday, May 19

1:30pm Senior Acts (FR)

Tuesday, May 20

8:30am Boscov's and Lunch at Baker's(RR)

No Chair Fitness Today

Wednesday, May 21

9:30am Area Shopping

10:30am Blood Pressure Clinic (Amy's Office)

11:00am Worship Committee (CR)

2:00pm Mexican Train Dominoes (CC)

3:30pm Rosary (AS)

Thursday, May 22

9:30am Weis Market

2:00pm Village Voices (FR)

Friday, May 23

2:00pm Bingo (CC)

2:00pm Lifelong Learning (WL)

Saturday, May 24

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Residential Living Nurse Navigator Updates

Amy's Schedule This Week

Monday 5/19 - Luther Ridge

Tuesday 5/20 - Luther Ridge

Wednesday 5/21 - Gettysburg - 8:00am-4:00pm

BP Clinic 10:30am - 11:30am

Thursday 5/22 - Luther Ridge

Friday 5/23 - Gettysburg-8:00am-12:00pm

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency please call 911.

Please let Amy know of any upcoming surgeries or procedures, falls, Emergency Room visits or hospitalizations.

Blood pressure can be taken during Amy's regular office hours or on Blood Pressure Clinic days. Please call to make sure that she is available.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

RN Supervisor 717-487-4092

**Available after 4pm Monday-Friday
or weekends only. Not available for care .
Please call 911 for Emergencies**

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following this guideline.

 **SpiriTrust Lutheran®**
The Village at Gettysburg



From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables should be tied tightly in a container and should not be put out until the morning of pick-up. Glass recycling continues on the first Saturday of each month for **bottles and jars** only. Do not place items on the floor next to the bins. This presents a safety hazard. Please put other glass in your regular garbage.

Parking

Cottage residents should park in their driveway or designated black-topped areas and not on any grassy area. Visitors must adhere to the same parking guidelines. Resident guests staying at the Village overnight must register the guest's vehicle using the Visitor Notification form.

Additional parking spaces are available throughout the Village.

RL Meetings With Jill Flasher

Jill will be meeting with residents of cottages 168-180 on Friday, May 23 at 1:00pm in Cannons Corner. These informal meetings are meant for updates and general questions that you may have. For personal concerns, please make an appointment with Jill.

Bus to the Polls for the Primary Election

We will have a bus leaving at 9:45 on May 20 for those who need a ride to the polls for the Primary Election. Please sign up at the receptionist.

Upcoming Life Enrichment

We will be adding a Men's Card "Night" to the calendar starting in June. This will be a resident supported "drop in" activity like Mexican Train Dominoes. Look for it on June 3 and June 17 at 4:00pm.

Choral Society Concert at the Seminary—May 25

Plant Your Own Planter—May 28 (sign up by May 23)

AARP Driving Course in June—Call Jess for Details

Updated Receptionist Hours

Our lobby reception will now be attended to by team members on Sundays from 8:30am-4:30pm. Saturdays will be covered by volunteer residents who will greet the public but will not be answering the phones. Calls to the receptionist on "Volunteer Saturdays" will be transferred to our Personal Care or Skilled Care. Please keep calls to the receptionist to emergencies only on Saturdays.

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

Cannons Corner Menu



Monday, May 19 Tuscany Bean Soup	BBQ Pulled Beef, Chicken Marsala, Buttered Noodles, Honey Glazed Carrots, Coconut Cake
Tuesday, May 20 Italian Wedding Soup	Loaded Baked Potato, Oven Fried Chicken, Tortellini w/Tomato Sauce, Caesar Salad, Peach Crisp
Wednesday, May 21 New England Clam Chowder	Shepherd's Pie, Stuffed Shells W / Marinara, Wax Beans with Pimentos, Cherry Pie
Thursday, May 22 French Onion Soup	Baked Crab Stuffed Cod, General Tso's Chicken, Basmati Rice, Parsley Cauliflower, Apple Cider Muffin
Friday, May 23 Cream of Potato Soup	Herbed Baked Chicken, Three Cheese Lasagna, Scalloped Potatoes, Italian Romano, Vegetables, Butterscotch Squares
Pre-Order Saturday, May 24 Broccoli & Cheddar Soup	Caribbean BBQ Pork, Stuffed Cabbage Casserole, Dirty Brown Rice, Squash Medley, Lemon Meringue Pie
Pre-Order Sunday, May 25 Lentil Soup	Chicken Parmesan, Shrimp Po Boy, Penne Pasta W / Marinara, Vegetable Blend, Honeydew Melon

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