

The Weekly Connection

Residential Living / May 4 ~ May 10, 2025

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, May 4

10:00am Worship (FR)

Monday, May 5

10:30am Wellness Talk (CC) - **Canceled**

Tuesday, May 6

1:30pm PT Talk (CC)

Wednesday, May 7

9:30am Area Shopping

3:30pm Rosary (AS)

Thursday, May 8

9:30am Weis Market

2:00pm Village Voices (FR)

Friday, May 9

11:30am O'Rorkes (RR)

2:00pm Bingo (CC)

2:00pm Lifelong Learning (WL)

Saturday, May 10

Residential Living Nurse Navigator Updates

Amy's Schedule This Week

Monday 5/4 - Luther Ridge

Tuesday 5/5 - Gettysburg-8:00am-4:00pm

Wednesday 5/6 - Luther Ridge

Thursday 5/7 - Gettysburg-8:00am-4:00pm

Friday 5/8 - Luther Ridge

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency please call 911.

Please let Amy know of any upcoming surgeries or procedures, falls, Emergency Room visits or hospitalizations.

Blood pressure can be taken during Amy's regular office hours or on Blood Pressure Clinic days. Please call to make sure that she is available.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

RN Supervisor 717-487-4092

**Available after 4pm Monday-Friday
or weekends only. Not available for care .**

Please call 911 for Emergencies

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following this guideline.

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 **Spiritrust Lutheran®**
The Village at Gettysburg



From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables should be tied tightly in a container and should not be put out until the morning of pick-up. Glass recycling continues on the first Saturday of each month for **bottles and jars** only. Do not place items on the floor next to the bins. This presents a safety hazard. Please put other glass in your regular garbage.

Parking

Cottage residents should park in their driveway or designated black-topped areas and not on any grassy area. Visitors must adhere to the same parking guidelines. Resident guests staying at the Village overnight must register the guest's vehicle using the Visitor Notification form. Additional parking spaces are available throughout the Village.

RL Meetings With Jill Flasher

Jill will be meeting with residents of cottages 182-192 on Friday, May 9 at 1:00pm in Cannons Corner. These informal meetings are meant for updates and general questions that you may have. For personal concerns, please make an appointment with Jill.

Resident Garden

Please sign up at the receptionist (front of the book) if you would like space in the new raised bed gardens or the in-ground garden. Space in the raised beds is limited so please only sign up if you are planning on tending your garden through the season.

Upcoming Life Enrichment

Please sign up for lunch at O'Rorkes by Tuesday, May 6 and for the Gettysburg Chamber Orchestra by Thursday, May 8.

Thank You

Thank you to my SpiriTrust friends who helped me remember my birthday, even though it was tax day. ~ Jane Eiker

Updated Receptionist Hours

Our lobby reception will now be attended to by team members on Sundays from 8:30am-4:30pm. Saturdays will be covered by volunteer residents who will greet the public but will not be answering the phones. Calls to the receptionist on "Volunteer Saturdays" will be transferred to our Personal Care or Skilled Care. Please keep calls to the receptionist to emergencies only on Saturdays.

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

Cannons Corner Menu



Monday, May 5 Chicken Florentine Soup	Spaghetti W/ Marinara Sauce, Chef Salad, Cut Green Beans, Dinner Roll, Diced Pineapple
Tuesday, May 6 Butternut Squash Soup	Pulled Pork on a Biscuit, Cheese Quiche, Roasted Red Potatoes, Coleslaw, Pumpkin Spiced Blondies
Wednesday, May 7 Navy Bean & Ham Soup	Beef Pepper Steak, Baked Crab Cake & Tartar, Baked Potatoes, Steamed Broccoli, Blueberry Cobbler
Thursday, May 8 Creamy Cauliflower Soup	Rotisserie Baked Chicken, Seafood Pasta, Spinach, Kale Salad, Chocolate Ice Cream
Friday, May 9 Chicken Corn Soup	Roasted Pork Loin, Lemon Chive Fish of the Day, Au Gratin Potatoes, Carrot Coins, Coconut Cream Pie
Pre-Order Saturday, May 10 Manhattan Clam Chowder	Baked Meatloaf with Tomato Sauce, Oven Roasted Turkey, Mashed Potatoes, Mixed Vegetables, Lemon Shortbread
Pre-Order Sunday, May 11 Beef & Barley Soup	Baked Salmon, Chicken Parmesan, Scalloped Potatoes, Rainbow Salad, Chocolate Strawberry Mousse

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