The Weekly Connection

Residential Living | November 1~7, 2026

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, November 1
10:00am Worship (FR)
Make sure you turned your clock back last night!

Monday, November 2
10:30am Sanctified Grit with Pastor Dave (CC)
1:00pm Interview With a Neighbor (WL)

Tuesday, November 3
10:00am Bus to the Polls (RR)
1:15pm Physical Therapy Talk (CC)

Wednesday, November 4
1:00pm Finding God's Will (CC)
3:00pm Rosary (skilled care)

Thursday, November 5
9:30am Weis Market (RR)
2:00pm Village Voices Rehearsal in the Wellness Lounge (WL)

Friday, November 6
11:30am Ladies Lunch at the Apple Bin (RR)
2:00pm Music 101 (WL)
2:00pm Bingo (CC)

Saturday, November 7
10:00am St. Francis Christmas Bazaar (RR)

Residential Living Nurse Navigator Updates

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency, please call 911.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

Janell's Schedule

Tuesday, November 3, 7:30am-3:30pm

Thursday, October 29, 7:30am-3:30pm

RN Supervisor 717-487-4092

Available after 4pm Monday–Friday or weekends only. Not available for care. Please call 911 for Emergencies

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following these guidelines.

Concordia at SpiriTrust Gettysburg

EQUAL HOUSING OPPORTUNITY

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From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling Day is on Monday and Trash is on Wednesday. Recyclables (non-glass) should be tied tightly in a container and should not be put out until the morning of pick-up. Glass jars and bottles only are recycled in the four small blue bins inside the maintenance shed. Remove all lids. Please do not place any items on the floor in the shed. All other glass besides that listed is to be put in your regular trash.

Transportation for group trips reminder

If there is a line at the bottom of a sign up list for a trip, please know that you may be on a waiting list if you sign up below the line. We are in a time where we are not sure of larger bus availability and may only be able to transport 8 residents for some trips. Thank you for your understanding.

Life Enrichment

See you Monday, November 2 at 1:00pm for Interview With a Neighbor in the Wellness Lounge.

Make sure to sign up at the receptionist if you need transportation to vote on Tuesday.

Apartment parking

A list of the assigned alphabetical parking spots is in our apartment residents' mailboxes. You were assigned your previous spot unless a request was made to change. If you have questions, please see Jess.

Residential Living Connection
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717-334-6204

Kelley Memorial Project

Please take a moment to stop by the skilled care patio and see the improvements made with donations to the Kelly Memorial Project. We will be soliciting volunteers to do some monthly clean-up of the area to keep it looking beautiful. Thank you to all who helped to make this possible, especially the Kelley family.

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

Cannons Corner Menu	
Monday, November 2 Cream of Broccoli Soup	Hamburger Steak with Gravy, Cranberry Glazed Turkey Roast, Roasted Rosemary Potatoes, Garlic Green Beans, Baked Roll, Rice Pudding
Tuesday, November 3 Homestyle Vegetable Soup	Louisiana Chicken, Cajun Sausage Skillet, Rice, Stewed Tomatoes, Apple Cobbler
Wednesday, November 4 Lentil Soup	Baked Fish Fillet, Ham with Pineapple Sauce, Baked Sweet Potato, Sauteed Carrots, Butterscotch Pudding
Thursday, November 5 Navy Bean Soup	Pepper Steak, BBQ Chicken Quarters, Rice, Mixed Vegetables, Baked Roll, Blueberry Cheesecake
Friday, November 6 Cream of Tomato Soup	Chicken Marsala, Lemon Baked Tilapia, Buttered Noodles, Brussels Sprouts, Baked Roll, Scalloped Apples
Saturday, November 7 Black Bean Vegetarian Chili Soup	Garlic Herb Pork Roast, Seasoned Meatballs with Gravy, Classic Mashed Potatoes, Spinach, Baked Roll, Chocolate Cream Pie
Sunday, November 8 Garden Vegetable Soup	Classic Meatloaf, Marinated Chicken, Baked Potato, Normandy Blend, Chocolate Cake