The Weekly Connection Residential Living / November 16 ~ 22, 2025

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, November 16

10:00am Worship (FR)

Monday, November 17

1:30pm Senior Acts (FR)

Tuesday, November 18

10:30am Olive Garden (RR)

3:00pm Movie Matinee Kelly's Heroes (WL)

Wednesday, November 19

1:30pm Chemistry of Cooking (WL)

2:30pm Mexican Train Dominoes (CC)

3:30pm Rosary (AS)

Thursday, November 20

9:30am Weis Market

10:00am Catholic Mass (FR)

2:00pm Village Voices (FR)

Friday, November 21

8:00 until 11:00 or Sold out Apple City Sweets (Lobby)

10:30 Indoor Active Games (RR-FR)

2:00pm Bingo (CC)

3:00pm Music 101 (WL)

Saturday, November 22

8:30am 10th Annual Turkey Trot

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Residential Living Nurse Navigator Updates

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency please call 911.

Please let Janell Miller, know of any upcoming surgeries or procedures, falls, Emergency Room visits or hospitalizations.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

Janell's Schedule

Monday, November 17 - 8:00am - 4:00pm Wednesday, November 19 - 8:00am - 4:00pm

RN Supervisor 717-487-4092

Available after 4pm Monday–Friday or weekends only. Not available for care . Please call 911 for Emergencies

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following these quidelines.



From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables (non glass) should be tied tightly in a container and should not be put out until the morning of pick-up. . Glass jars and bottles only are recycled in the four small blue bins inside the maintenance shed. Please do not place any items on the floor and put other glass in your regular trash.

Dear SpiriTrust Lutheran Family,

Grace and peace to you in the name of our Lord Jesus Christ. It is an honor to connect with a community so deeply rooted in service, compassion, and faith. My name is Rev. Dr. David B. Newell, and I bring a passion for Christ and the people of God.

My life's calling has been to help individuals and organizations grow in spiritual depth, moral strength, and purposeful service to others.

I have been privileged to serve in pastoral ministry, academics, theological education and entrepreneurial enterprise. In each facet of ministry my focus has remained on the people of God and helping them grow in Christ. I have a deep respect for the mission here—to witness the Gospel through compassionate care and holistic support.

I look forward to learning from and serving alongside the SpiriTrust Lutheran family as together we embody Christ's love in action, honoring every person as a sacred trust.

With gratitude and hope, Rev. Dr. David P. Newell

10th Annual Turkey Trot—Saturday, November 22

Can you believe it has been 10 years since our first official trot around the campus? Little changes have come over the years but the "why" is the same; support our community and get out for a little pre-Thanksgiving exercise together. Walkers can walk any distance. Bring some shelf-stable food and enjoy a Saturday morning outside. Sign up at the receptionist for planning purposes.

Thank you

I want to thank everyone who sent me a birthday card and helped me celebrate my 90th year! What a wonderful and caring community we live in as we remember and wish each other life's richest blessingsl ~ G. "Lefty" Biser

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Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

Donations of Shelf Stable Food

Collection boxes have been placed at the front and back doors

Please welcome our new Accounts Receivable Coordinator, Nisa Petenbrink Se will split his time between Gettysburg and Luther Ridger. She will be at The Village at Gettysburg community all day on Wednesdays and Fridays.

Cannons Corner Menu



Monday, November 17 Soup - Split Pea	Meatloaf, Baked Chicken, Mashed Potatoes, Carrots, Chocolate Cake w / Vanilla icing
Tuesday, November 18 Soup - Roasted Cauliflower	Honey Glazed Baked Ham, Flaked Baked Fish, Candied Sweet Potatoes, Sauteed Cabbage, Pound Cake
Wednesday, November 19 Soup - Lentil	Beef Chili, BBQ Chicken, Cucumber Salad, Confetti Corn, Corn Pudding, Pear Crisp
Thursday, November 20 Soup - Vegetable	Hot Roast Beef, Roasted Turkey, Green Peas, Lemon Bar
Friday, November 21 Soup - Tomato	Chicken Cacciatore, Beef Stroganoff, Egg Noodles, Green Beans, Apple Cobbler
Saturday, November 22 Pre-order only Soup - Navy Bean	Cheesy Tuna Melt, Turkey Ala King, Wild Rice, Spinach, Orange Cake
Sunday, November 23 Pre-order only Soup - Corn Chowder	Spaghetti and Meatballs, Baked Chicken Breast, Mixed Vegetables, Peach Crisp