

The Weekly Connection

Residential Living / September 7 ~ 13, 2025

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, September 7

10:00am Worship (FR)

2:00pm Army Band at the Majestic (RR) Note new departure time

Monday, September 8

10:30am Chat with the Chaplain (CC)

Tuesday, September 9

8:00am - 11:00am Apple City Sweets - Front Entrance

Wednesday, September 10

1:00pm Brain Games (WL)

3:30pm Rosary (AS)

4:00pm Cashtown Inn (RR)

Thursday, September 11

9:30am Weis Market

Friday, September 12

8:30am Waffles for Alzheimer's (WL)

10:00am Walk for Alzheimer's (Walking Trail)

2:00am Life Long Learning (WL)

2:00pm Bingo (CC)

No Fitness Classes Today

Saturday, September 13

Residential Living Nurse Navigator Updates

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency please call 911.

Please let Jill Flasher know of any upcoming surgeries or procedures, falls, Emergency Room visits or hospitalizations.

If you are in need of a blood pressure check please see the PC nurse on duty.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

If you are in need of a blood pressure reading, please see the PC nurse on duty.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

RN Supervisor 717-487-4092

**Available after 4pm Monday-Friday
or weekends only. Not available for care .
Please call 911 for Emergencies**

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following this guideline.

The Weekly Connection

Residential Living | September 7 ~ 13, 2025

 **SpiriTrust Lutheran®**
The Village at Gettysburg



From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables (non glass) should be tied tightly in a container and should not be put out until the morning of pick-up. . Glass jars and bottles only are recycled in the four small blue bins inside the maintenance shed. Please do not place any items on the floor and put other glass in your regular trash.

New Residential Care Navigator Hired

I am happy to inform you that we have hired a Residential Care Navigator. Her name is Janell Miller . Her start date is scheduled for September 8th. She will continue to split her time between Gettysburg and Luther Ridge. After she completes orientation, she will set up her schedule of coverage, which will be communicated in the Weekly Connection. ~Jill Flasher

Town Meeting Date Correction

Please delete the Town Meeting that appears on the September calendar.. The regularly scheduled date for this meeting is October 14 at 1:30pm in the Fellowship Room.

Alzheimer's Association Fundraising Events

On Friday, September 12, we will be hosting a "day of donating" for the Alzheimer's Association, coinciding with their annual "Walk for Alzheimer's" event. Please join us in the Wellness Lounge for a waffle breakfast and/or come out to the walking trail for a short ceremony and group walk. Donations will be accepted at the receptionist, the waffle breakfast, and on the walking trail. This year, we are competing with other SpiriTrust campuses for highest donations. The Alzheimer's Association will be donating a gift card to the winning campus to sponsor a celebration for the residents and team members.

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

Apple City Sweets

Come pick up some freshly baked treats on Tuesday morning (8am-11am) by the front entrance. Apple City Sweets will have a selection of cookies, macarons and cinnamon buns. The menu is posted at the receptionist.

Cannons Corner Menu



Monday, September 8 Tomato Bisque	Spaghetti and Meatballs, Salami and Cheese Sandwich, Cut Green Beans, Garlic Knot, Diced Pineapple
Tuesday, September 9 Shrimp and Corn Chowder	Sliced Pork Sandwich, Sloppy Joe, Roasted Red Potatoes, Coleslaw, Dessert Du Jour
Wednesday, September 10 Navy Bean and Ham Soup	Beef Chili, Baked Crab Cake and Tartar Sauce, Yellow Squash, Steamed Broccoli, Churros
Thursday, September 11 Creamy Cauliflower Soup	Oven Roasted Chicken, Breaded Fish, Creamed Spinach, Roasted Cauliflower, Watermelon
Friday, September 12 Chicken Corn Soup	Meatloaf, Herbed Baked Fish, Mashed Potatoes, Carrots, Apple Spice Cake
Saturday, September 13 Pre-order only Manhattan Clam Chowder	Roast Pork Loin, Grilled Lemon and Thyme Chicken, Saurkraut, Mixed Vegetables, Banana Cream Pie
Sunday, September 14 Tomato Soup	Baked Flounder, Pork Chop, Roasted Potatoes, Garden Wild Rice, Peas, Coconut Cake

The Weekly Connection

Residential Living | September 7 ~ 13, 2025