# **April 2024**

| Sunday  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday   |
|---|--|---|--|---|---|--|
|   | 1 10:30am-Chronicle/current events/menu reading-L 10:45am-Fun & Fitness-L 2:00pm-Bible study-L  (April Fool's Day)               | 9:00am-Newspaper Delivery-R 10:00am-Current events -L 2:00pm-Bingo-D 3:30pm-Video chats & room visits with Marilyn—R 6:15pm-Bev Wolfe (Piano Music)-L | 9:00am-Newspaper Delivery-R 10:45am-Fun & Fitness-L 2:00pm- Outdoor Sun Soakers-O 3:30pm- Catholic Rosary-D 6:00pm-Movie & Manicures-L | 9:00am-Newspaper Delivery-R 10:00am-Music & Memories-L 2:00pm-Bingo 3:30pm-Room visits & video chats-R 4:00pm-Book cart-H 6:15pm-Beatrice & (Instrumental music)-L                | 9:00am-Newspaper Delivery-R<br>10:30am-<br>2:00pm-Outdoor chit chat-O<br>(weather permitting)             | 9:00am-Newspaper Delivery-R 10:00am-Fun & Fitness-L 10:30am-current news & chronicle reading/ Menu announcement-L 2:00pm-Name 10 trivia-L  |
| 7 10:00am-Church Service-F 2:00pm-Chalk talk with Don Myers-L | 10:30am-Chronicle/current<br>events/menu reading-L<br>10:45am-Fun & Fitness-L<br>2:00pm-Spring Tulips<br>(Facts & History)-L     | 9:00am-Newspaper Delivery-R 10:00am-Current events -L 2:00pm-Bingo-D 3:30pm-1-1 room visits with Marilyn-R 6:15pm-Name that tune-L                    | 9:00am-Newspaper Delivery-R 10:45am-Fun & Fitness-L 2:00pm-Gardening club-P 3:30pm- Catholic rosary-D 6:00pm- Movie & Manicures-L      | 9:00am-Newspaper Delivery-R 10:00am-Music & Memories-L 2:00pm-Bingo 3:30pm-Room visits & video chats-R 4:00pm-Book cart-H 6:15pm-Inspirational stories-L                          | 9:00am-Newspaper Delivery-R 10:30am-Brain games-L 2:00pm-Outdoor chit chat-O (weather permitting)         | 9:00am-Newspaper Delivery-R 10:30am-Traveling zoo-L 2:00pm-Baseball team trivia-L  |
| 10:00am-Church Service-F 2:00pm-Name the State trees-L        | 10:30am-Chronicle/current 15<br>events/menu reading-L<br>10:45am-Fun & Fitness-L<br>2:00pm-Bible study-L                         | 9:00am-Newspaper Delivery-R 10:00am-Current events -L 2:00pm-Bingo-D 3:30pm-1:1 room visits with Marilyn—R 6:15pm-Bev Wolfe (Piano Music)-L           | 9:00am-Newspaper Delivery-R 10:45am-Fun & Fitness-L 2:00pm- Outdoor Sun Soakers-O 3:30pm- Catholic Rosary-D 7:00pm-Mennonite choir-L   | 9:00am-Newspaper Delivery-R 10:00am-Music & Memories-L 10:00am-Catholic Mass-F 2:00pm-Bingo 3:30pm-Room visits & video chats-R 4:00pm-Book cart-H 6:15pm-Name that Movie trivia-L | 9:00am-Newspaper Delivery-R<br>10:30am-Word games-L<br>2:00pm-Outdoor chit chat-O<br>(weather permitting) | 9:00am-Newspaper Delivery-R 10:00am-Fun & Fitness-L 10:30am-Current news/ chronicle reading/Menu announcement-L 2:00pm-Arbor Day History-L |
| 21<br>10:00am-Church Service-F<br>2:00pm-Earth Day History-L  | 10:30am-Chronicle/current events/menu reading-L 10:45am-Fun & Fitness-L 1:30pm-Resident dining committee-D 2:00pm-Resident/staff | 9:00am-Newspaper Delivery-R 10:00am-Current events -L 2:00pm-Bingo-D 3:30pm-1:1 room visits with Marilyn-R 6:15pm-Springtime poetry-L                 | 9:00am-Newspaper Delivery-R 10:45am-Fun & Fitness-L 2:00pm-Gardening club-O 3:30pm- Catholic Rosary-D 6:00pm- Movie & manicures-L      | 9:00am-Newspaper Delivery-R 10:00am-Music & Memories-L 2:00pm-Bingo 3:30pm-Room visits & video chats-R 4:00pm-Book cart-H 6:15pm-Do,Re,Mi music group-L                           | 9:00am-Newspaper Delivery-R 10:30am-Fill in the blank-L 2:00pm-Outdoor chit chat-O (weather permitting)   | 9:00am-Newspaper Delivery-R 10:00am-Fun & Fitness-L 10:30am-Current news/ chronicle reading/Menu announcement-L 2:00pm-Name the state      |
| 10:00am-Church Service-F<br>2:00pm-Hymn sing a long-L         | 10:30am-Chronicle/current<br>events/menu reading-L<br>10:45am-Fun & Fitness-L<br>2:00pm-Left,right,center<br>game-L              | 9:00am-Newspaper Delivery-R 10:00am-Current events -L 2:00pm-Bingo-D 3:30pm-1:1 room visits with Marilyn—R 6:15pm-Spring category game-L              |  |   | SPIRIT360° powering lives through purposeful living.  | Programs are subject to change  DR—Dining Room O-outdoors FR—Fellowship Room MDR—Main Dining room BL—Braeburn Lounge                       |



## **Regular Spiritual Programs**

<u>Bible study-</u> with Chaplain Amy is held on the first and third Monday of each month in the Braeburn Lounge.

<u>Catholic rosary-</u> is offered every Wednesday and as requested.

Catholic Mass-The third Thursday each month in the fellowship room.

## **Regular Physical and Emotional Programs**

<u>Manicures</u> -are normally available Wednesday evenings at 6:15 pm weekly in the Braeburn Lounge (enjoy the movie while you get pampered!) Please notify staff if you are in need of a manicure before the scheduled date.

<u>Fun & Fitness</u>-is held Mondays and Wednesdays at 10:30am in the Braeburn Lounge (lets get those bodies in motion).

## **Regular and special Intellectual Programs**

<u>Library cart</u>-is offered each Thursday through the hallways at 4:00pm.

History and Trivia programs are offered throughout the month.

<u>Resident/Staff dining committee</u> – The Fourth Monday of each month at 1:30pm in the dining room to discuss any menu changes or preferred options on the menu.

Resident/Staff dialogue -is the fourth Monday of every month at 2:00pm in the dining room . This provides a chance to give feedback about your experience here at SpiriTrust Lutheran ™ skilled care

## **Regular and special Social Programs**

Mennonite choir-Third Wednesday at 7pm every week

<u>Bingo</u>-Come out and try a game of bingo offered every Tuesday and Thursday at 2:00pm in the Braeburn lounge .

<u>Bev Wolfe</u>— Plays beautiful piano music the First and third Tuesday evening every month. In the Braeburn lounge.

## April 2024



**Skilled Care Newsletter** 



## **Happy April Birthday**

**Barbara Wilson-April 8** 

Ronnie Slusarenko-April 10

Ken Unger-April 27

### **Welcome New Residents**

Jean Dugan

Jane Hollabaugh

Maggie Mondejar

## Hello Spring!

"Spring is proof that there is beauty in new beginnings."

Matshona Dhliwayo

### Solar eclipse will occur April 8,2024

17325-(Gettysburg Pa.) will see a partial eclipse for 2 hours 28 minutes. 91.1% of the sun will be obscured by the moon at the peak.

