May 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | IT360 <br> through purposeful living. | Key <br> Programs are subject to change <br> DR-Dining Room <br> O-Outdoors <br> FR-Fellowship Room <br> BL—Braeburn Lounge <br> P-Patio | 9:30am-Newspaper delivery-H <br> 10:45am-Fun \& Fitness with Jess- <br> 2:00pm-May Day Symbols-L <br> 3:30pm-Catholic Rosary-A <br> (May Day) | 9:30am-Newspaper delivery-H <br> 10:00am-Music \& Memories <br> 2:00pm-Bingo-D <br> 3:30pm-Book cart-H <br> 6:00pm-Movie \& Manicures-L | 9:30am-Newspaper delivery-H <br> 10:30am-Flower arranging-D <br> 2:00pm-Outdoor chit chat-O (weather permitting)-0 | 9:30am-Newspaper/daily chronicle delivery-H 10:45am-Fun \& Fitness-L 2:00pm-Horse races-L |
| 9:00am-Chronicle \& Church bulletin <br> delivery-H <br> 10:00am-Church Service-F <br> 2:00pm-Don Myers-L <br> (Chalk Talk) <br> (Cinco de mayo) | 10:30am-Menu \& chronicle reading-L <br> 10:45am-Fun \& Fitness with Jess-L <br> 2:00pm-Bible Study-L <br> 6:30pm-Gettysburg children's choir-F | 9:30am-Newspaper delivery-H <br> 10:30am-Current Events-L <br> 2:00pm-Bingo-L <br> 4:00pm-Hymn sing a long-L <br> 6:15pm-Bev Wolfe-(Piano Music) | 9:30am-Newspaper delivery-H <br> 10:45am-Fun \& Fitness with Jess-L <br> 2:00pm-Garden club-O <br> 3:30pm-Catholic Rosary-A | 9:30am-Newspaper delivery-H <br> 10:00am-Music \& Memories-L <br> 2:00pm-Bingo-D <br> 3:30pm-Book cart-H <br> 6:00pm-Movie \& manicures-L | 9:30am-Newspaper delivery-H <br> 10:30am-Trivia-L <br> 2:00pm-Mother's Day social-D | 9:30am-Newspaper/daily chronicle delivery-H 10:45am-Fun \& Fitness -L 11:00am-Music videos-L |
| 9:00am-Chronicle \& church 12 bulletin delivery-H 10:00am-Church Service-F 11:00am-Musical Video-L (Mother's day) | 10:30am-Menu \& Chronicle reading-L <br> 10:45am-Fun \& Fitness with Jess-L <br> 2:00pm-Random trivia-L | 9:30am-Newspaper delivery-H <br> 10:30am-Current events-L <br> 2:00pm-Bingo-L <br> 4:00pm-Hymn sing a long-L <br> 6:00pm-Women of War History \& discussion-L | 9:30am-Newspaper delivery-H <br> 10:45am-Fun \& Fitness with Jess-L <br> 2:00pm-Garden club-L <br> 3:30pm-Catholic Rosary-A | 9:30am-Newspaper delivery-H <br> 10:00am-Music \& Memories-L <br> 10:00am-Catholic Mass-F <br> 2:00pm-Bingo-D <br> 3:30pm-Book cart-H <br> 6:00pm-Movie \& manicures-L | 9:30am-Newspaper delivery-H <br> 10:30am-word games-L <br> 2:00pm-Outdoor chit chat-O (weather permitting)-0 | 9:30am-Newspaper/daily chronicle delivery-H 10:45am-Fun \& Fitness-L 2:00pm-History of the Armed Forces <br> (Armed Forces day) |
| 9:00am-Chronicle \& church <br> bulletin delivery-H <br> 10:00am-Church Service-F <br> 11:00am-Musical video-L | 10:30am-Menu \& Chronicle reading-L <br> 10:45am-Fun \& Fitness with Jess-L <br> 1:30pm-Resident/staff dining committee-D <br> 2:00pm-Resident/staff dialogue-D | 9:30am-Newspaper delivery-H <br> 10:30am-Current events-L <br> 2:00pm-Bingo-L <br> 4:00pm-Hymn sing a long-L <br> 6:15pm-Bev Wolfe-(Piano Music) | 9:30am-Newspaper delivery-H <br> 10:45am-Fun \& Fitness with Jess-L <br> 2:00pm-Match game-L <br> 3:30pm-Catholic Rosary-A <br> 7:00pm-Mennonite Choir-L | 9:30am-Newspaper delivery-H 23 10:00am-Music \& Memories-L 2:00pm-Bingo-D 3:30pm-Book cart-H 6:00pm-Do,Re,Mi chorus-L <br> 9:30am-Newspaper delivery-H <br> 10:00am-Music \& Memories-L <br> 2:00pm-Bingo-D <br> 3:30pm-Book cart-H <br> 6:00pm-Do,Re,Mi chorus-L | 9:30am-Newspaper delivery- <br> 10:30am-Creative Corner-L <br> 2:00pm-Outdoor chit chat-O <br> (weather permitting)-0 | 9:30am-Newspaper/daily $\quad 25$ chronicle delivery-H 10:30am-Fun \& Fitness-L 11:00pm-Music videos-L |
| 9:00am-Chronicle \& church bulletin delivery-H 10:00am-Church Service-F <br> 2:00pm-Name the flowers A-Z | 10:30am-Menu \& Chronicle reading-L 10:45am-Fun \& Fitness with Jess-L 2:00pm-Memorial day program-L <br> (Memorial Day) | 9:30am-Newspaper delivery-H <br> 10:30am-Current events-L <br> 2:00pm-Bingo-L <br> 4:00pm-Hymn sing a long-L <br> 6:00pm-All about Rosie the Riveter-L | 9:30am-Newspaper delivery-H <br> 10:45am-Fun \& Fitness with Jess-L <br> 2:00pm-Garden club-L <br> 3:30pm-Catholic Rosary-A | 9:30am-Newspaper delivery-H <br> 10:00am-Music \& Memories-L <br> 2:00pm-Bingo-D <br> 3:30pm-Book cart-H <br> 6:00Pm-Movie \& manicures-L | 9:30am-Newspaper delivery 10:30am-making Suncatchers-L 2:00pm-Outdoor chit chat-O (weather permitting)-0 |  |

## Regular Spiritual Programs

Bible study-with Chaplain Amy is held on the first and third Monday of each month in the Braeburn Lounge.

Catholic rosary- is offered every Wednesday and as requested.
Catholic Mass-The third Thursday each month in the fellowship room.
Regular Physical and Emotional Programs
Manicures -are normally available Wednesday evenings at $6: 15$ pm weekly in the Braeburn Lounge (enjoy the movie while you get pampered!) Please notify staff if you are in need of a manicure before the scheduled date.

Fun \& Fitness -is held Mondays and Wednesdays at 10:30am in the Braeburn Lounge (lets get those bodies in motion).

Regular and special Intellectual Programs
Library cart -is offered each Thursday through the hallways at 4:00pm.
History and Trivia programs are offered throughout the month.
Resident/Staff dining committee- The Fourth Monday of each month at 1:30pm in the dining room to discuss any menu changes or preferred options on the menu.

This month will be the 3rd Monday for Resident/Staff dialogue \& dining committee due to Memorial Day on the 4th Monday.

Resident/Staff dialogue -is the fourth Monday of every month at 2:00pm in the dining room. This provides a chance to give feedback about your experience here at SpiriTrust Lutheran ${ }^{\text {TM }}$ skilled care

## Regular and special Social Programs

Mennonite choir-Third Wednesday at 7pm every week
Bingo-Come out and try a game of bingo offered every Tuesday and Thursday at 2:00pm in the Braeburn lounge .
Bev Wolfe-Plays beautiful piano music the First and third Tuesday evening every month. In the Braeburn lounge.

Skilled Care Newsletter

## Happy

May Birthdays
Margaret Curtis- May 1
Walter Nyblade-May 6
Pat Kessel-May 7
Kathy Givler-May 14
Jack Leeti-May 14
Wanda Redding-May 22
Jean Walter-May 25 Nadine Stock-May 31

Welcome New Residents
We hope you enjoy your stay!


MAY
"How tender is the touch of May While gentle winds are blowing, And in a sweet yet silent way, All sylvan things are growing."

