May 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|--|--|
| | IRIT360° g lives through purposeful living. | Programs are subject to change DR—Dining Room O-Outdoors FR—Fellowship Room BL—Braeburn Lounge P-Patio | 9:30am-Newspaper delivery-H 10:45am-Fun & Fitness with Jess- 2:00pm-May Day Symbols-L 3:30pm-Catholic Rosary-A (May Day) | 9:30am-Newspaper delivery-H 10:00am-Music & Memories 2:00pm-Bingo-D 3:30pm-Book cart-H 6:00pm-Movie & Manicures-L | 9:30am-Newspaper delivery-H 10:30am-Flower arranging-D 2:00pm-Outdoor chit chat-O (weather permitting)-O | 9:30am-Newspaper/daily chronicle delivery-H 10:45am-Fun & Fitness-L 2:00pm-Horse races-L |
| 9:00am-Chronicle & Church bulletin delivery-H 10:00am-Church Service-F 2:00pm-Don Myers-L (Chalk Talk) (Cinco de mayo) | 6 10:30am-Menu & chronicle reading-L 10:45am-Fun & Fitness with Jess-L 2:00pm-Bible Study-L 6:30pm-Gettysburg children's choir-F | 9:30am-Newspaper delivery-H 10:30am- Current Events-L 2:00pm-Bingo-L 4:00pm-Hymn sing a long-L 6:15pm-Bev Wolfe-(Piano Music) | 9:30am-Newspaper delivery-H 10:45am-Fun & Fitness with Jess-L 2:00pm-Garden club-O 3:30pm-Catholic Rosary-A | 9:30am-Newspaper delivery-H 10:00am-Music & Memories-L 2:00pm-Bingo-D 3:30pm-Book cart-H 6:00pm-Movie & manicures-L | 9:30am-Newspaper delivery-H 10:30am-Trivia-L 2:00pm-Mother's Day social-D | 9:30am-Newspaper/daily chronicle delivery-H 10:45am-Fun & Fitness -L 11:00am-Music videos-L |
| 9:00am-Chronicle & church bulletin delivery-H 10:00am-Church Service-F 11:00am-Musical Video-L (Mother's day) | 13 10:30am-Menu & Chronicle reading-L 10:45am-Fun & Fitness with Jess-L 2:00pm-Random trivia-L | 9:30am-Newspaper delivery-H 10:30am- Current events-L 2:00pm-Bingo-L 4:00pm-Hymn sing a long-L 6:00pm-Women of War History & discussion-L | 9:30am-Newspaper delivery-H 10:45am-Fun & Fitness with Jess-L 2:00pm-Garden club-L 3:30pm-Catholic Rosary-A | 9:30am-Newspaper delivery-H 10:00am-Music & Memories-L 10:00am-Catholic Mass-F 2:00pm-Bingo-D 3:30pm-Book cart-H 6:00pm-Movie & manicures-L | 9:30am-Newspaper delivery-H 10:30am-word games-L 2:00pm-Outdoor chit chat-O (weather permitting)-O | 9:30am-Newspaper/daily chronicle delivery-H 10:45am-Fun & Fitness-L 2:00pm-History of the Armed Forces (Armed Forces day) |
| 9:00am- Chronicle & church bulletin delivery-H 10:00am-Church Service-F 11:00am-Musical video-L | 20 10:30am-Menu & Chronicle reading-L 10:45am-Fun & Fitness with Jess-L 1:30pm-Resident/staff dining committee-D 2:00pm-Resident/staff dialogue-D | 9:30am-Newspaper delivery-H 10:30am- Current events-L 2:00pm-Bingo-L 4:00pm-Hymn sing a long-L 6:15pm-Bev Wolfe-(Piano Music) | 9:30am-Newspaper delivery-H 10:45am-Fun & Fitness with Jess-L 2:00pm-Match game-L 3:30pm-Catholic Rosary-A 7:00pm-Mennonite Choir-L | 9:30am-Newspaper delivery-H 10:00am-Music & Memories-L 2:00pm-Bingo-D 3:30pm-Book cart-H 6:00pm-Do,Re,Mi chorus-L | 9:30am-Newspaper delivery- 10:30am-Creative Corner-L 2:00pm-Outdoor chit chat-O (weather permitting)-O | 9:30am-Newspaper/daily chronicle delivery-H 10:30am-Fun & Fitness-L 11:00pm-Music videos-L |
| 9:00am-Chronicle & church bulletin delivery-H 10:00am-Church Service-F 2:00pm-Name the flowers A-Z | 10:30am-Menu & Chronicle reading-L 10:45am-Fun & Fitness with Jess-L 2:00pm-Memorial day program-L (Memorial Day) | 9:30am-Newspaper delivery-H 10:30am- Current events-L 2:00pm-Bingo-L 4:00pm-Hymn sing a long-L 6:00pm-All about Rosie the Riveter-L | 9:30am-Newspaper delivery-H 10:45am-Fun & Fitness with Jess-L 2:00pm-Garden club-L 3:30pm-Catholic Rosary-A | 9:30am-Newspaper delivery-H 10:00am-Music & Memories-L 2:00pm-Bingo-D 3:30pm-Book cart-H 6:00Pm-Movie & manicures-L | 9:30am-Newspaper delivery 10:30am-making Suncatchers-L 2:00pm-Outdoor chit chat-O (weather permitting)-O | |



Regular Spiritual Programs

<u>Bible study-</u> with Chaplain Amy is held on the first and third Monday of each month in the Braeburn Lounge.

<u>Catholic rosary-</u> is offered every Wednesday and as requested.

<u>Catholic Mass</u>-The third Thursday each month in the fellowship room.

Regular Physical and Emotional Programs

<u>Manicures</u> -are normally available Wednesday evenings at 6:15 pm weekly in the Braeburn Lounge (enjoy the movie while you get pampered!) Please notify staff if you are in need of a manicure before the scheduled date.

<u>Fun & Fitness</u> -is held Mondays and Wednesdays at 10:30am in the Braeburn Lounge (lets get those bodies in motion).

Regular and special Intellectual Programs

Library cart -is offered each Thursday through the hallways at 4:00pm.

History and Trivia programs are offered throughout the month.

<u>Resident/Staff dining committee</u>— The Fourth Monday of each month at 1:30pm in the dining room to discuss any menu changes or preferred options on the menu.

This month will be the 3rd Monday for Resident/Staff dialogue & dining committee due to Memorial Day on the 4th Monday.

Resident/Staff dialogue -is the fourth Monday of every month at 2:00pm in the dining room . This provides a chance to give feedback about your experience here at SpiriTrust Lutheran ™ skilled care

Regular and special Social Programs

Mennonite choir-Third Wednesday at 7pm every week

<u>Bingo</u>-Come out and try a game of bingo offered every Tuesday and Thursday at 2:00pm in the Braeburn lounge .

<u>Bev Wolfe</u>—Plays beautiful piano music the First and third Tuesday evening every month. In the Braeburn lounge.

May 2024





May Birthdays

Margaret Curtis- May 1

Walter Nyblade-May 6

Pat Kessel-May 7

Kathy Givler-May 14

Jack Leeti-May 14

Wanda Redding-May 22

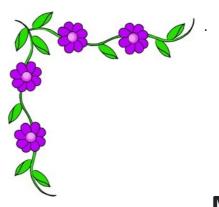
Jean Walter-May 25

Nadine Stock-May 31



We hope you enjoy your stay!

Skilled Care Newsletter



MAY

"How tender is the touch of May While gentle winds are blowing, And in a sweet yet silent way, All sylvan things are growing."

