## **April 2025**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		April Fools Day 1  10:00am-FL: Knit & Crochet Group with RL Residents 1:30pm-BL: Fact or Foolery Game 3:30pm-BL: Book Club	10:00am-BL: Word Puzzle Group 1:30pm-CLS: Chair Exercise - Tai Chi Video 3:00pm-BL: More or Less Game	10:00am-BL: Video - Foxes in Urban Environments 12:30pm-FR: Classic Movie & Discussion "The Window" 1:30pm-CLS: Left, Right, Center Game 3:00pm-BL: Faith Break with Pastor Aaron	10:00am-BL: Video - America's Most Scenic Drives 1:30pm-CLS: Chair Exercise 1:30pm-FR: Darrell Henry with "York Revolution Conversation" 3:00pm-CLS: Yahtzee 6:00pm-FR: Card Game Night	10:00am-BL: News Snippets & Coffee 1:30pm-2A Elevator: Walking Group 2:00pm-FR: Bingo with Residential Living
9:30am-11:00am: Room Delivery - Worship Video on the iPad 9:30am-Traveling Beverage Cart 3:00pm-FR: Worship Service	7 10:00am-BL: IN2L Karaoke 1:30pm-CLS: Chair Exercise - Patriotic Video 3:00pm-BL: Virtual Travel - Alaska State Parks	9:30-11:00 West York HS Student Group – Games & More 1:00pm-CLS: Shopping at Dollar Tree 1:00pm-FR: SPCA Visit 3:30pm-BL: Book Club	10:00am-CLS: Coloring Group 1:30pm-CLS: Chair Exercise - Tai Chi Video 2:30pm-DR: Happy Hour DIY Easter Basket Cupcakes 5:30pm-Cafe: Board Games	10 10:00am-BL: Piggy Bankers Game on IN2L 1:30-2:30pm-FL: Reading with Devers 2nd Grade Students 3:00pm-BL: Faith Break with Pastor Aaron	10:00am-BL: Video - America's Most Scenic Drives	10:00am-Front Lobby: Sunshine Group 2:00pm-BL: Movie Matinee - "A Man Called Otto" with Tom Hanks
Palm Sunday 13 9:30am-11:00am: Room Delivery - Worship Video on the iPad 9:30am-Traveling Beverage Cart 3:00pm-FR: Palm Sunday Service	14 10:00am-CLS: Uno 1:30pm-CLS: Chair Exercise - Patriotic Video 3:00pm-BL: Gaither Family Concert Video	10:00am-FL: Knit & Crochet Group with RL Residents 1:30pm-CLS: Jeopardy 3:30pm-BL: Book Club	10:00am-BL: Word Puzzle Group 1:30pm-CLS: Chair Exercise - Tai Chi Video 2:30pm-CLS: Craft Corner - Easter Hats 6:00pm-FR: Bingo with RL with St. Matthews Church	1:00pm-CR: Grief Support Group 1:30pm-CLS: Lucky Dog Card Game 3:00pm-FR: Maundy Thursday Worship Service	Good Friday 18 10:00am-BL: Video - The Jesus Film: The Easter Story 1:30pm-CLS: Chair Exercise 3:00pm-FR: Good Friday Service	19 10:00am-BL: News Snippets & Coffee 1:30pm-2A Elevator: Walking Group 2:30pm-FL: Salon Recital
Easter Sunday 9:30am-11:00am: Room Delivery - Worship Video on the iPad 9:30am-Traveling Beverage Cart 3:00pm-FR: Easter Sunday Worship Service	10:00am-BL: Frank Sinatra Concert Video 1:30pm-CLS: Chair Exercise - Patriotic Video 1:30pm-FL: Bookworm Book Club 3:00pm-BL: Video - Dry Bar Comedy	10:00am-BL: Crossword Puzzles on IN2L 10:00am-FR: Speaker Brianna Berger on "Aches & Pains" 1:00pm-CLS: Bus Trip - "A Country Ride" 3:30pm-BL: Book Club	10:00am-CLS: Coloring Group 1:00pm-OnSite Dermatology (See Nursing) 1:30pm-CLS:Chair Exercise - Tai Chi Video 2:30pm-DR: Ice Cream Social 6:00pm-BL: Movie Night	10:00am-BL: IN2L Trivia 1:30pm-BL: Video - Animal Odd Couples 3:00pm-BL: Faith Break with Pastor Aaron	10:00am-BL: Video - Wild Alaska 1:30pm-CLS: Chair Exercise 3:00pm-CLS: Yahtzee 6:00pm-FR: Card Game Night	10:00am-Front Lobby: Sunshine Group 1:30pm-BL: Good News Stories 2:30-FR: Wii Bowing with RL Residents
9:30am-11:00am: Room Delivery - Worship Video on the iPad 9:30am-Traveling Beverage Cart 3:00pm-FR: Worship Service	10:00am-BL: Songs to Make You Smile 1:30pm-CLS: Chair Exercise - Patriotic Video 3:00pm-BL: The Rice Game on IN2L	10:00am-FL: Knit & Crochet Group with RL Residents 1:30pm–CLS: Hangman 3:30pm-BL: Book Club	10:00am-BL: Word Puzzle Group 1:30pm-CLS: Chair Exercise - Tai Chi Video 2:30-CLS: Cooking Club - Peanut Butter Cookies		SPIRIT360° powering lives through purposeful living.	Key  AZ—Azalea Room  BL—Bayberry Lounge 2nd Floor  CLS—Community Life Suite  FL—Family Lounge  FR—Fellowship Room  Programs are subject to change



### **April Highlights**

#### **Fact or Foolery Game**

Tuesday, April 1 at 1:30 pm in the Bayberry Lounge

Can you tell fact from fiction? Real from fake? Make your best guess in this fun trivia game.

#### **Book Club - New Book**

Tuesday, April 1 at 3:30 pm in the Bayberry Lounge

We will be starting a new book in April! Come help choose our new book, then you can sit back and enjoy hearing the story or take a turn reading; it is up to you.

#### **Beltone Hearing Aid Center of York**

Thursday, April 3 at 9:00-11:30 am

Please speak to a nurse if you would like an appointment.

#### **Darrell Henry with "York Revolution Conversation"**

Friday, April 4 at 1:30 pm in the Fellowship Room

Join Darrell Henry, the "voice" of the York Revolution Baseball team, in a spirited conversation about seasons past and a look head at the 2025 season.

#### **SPCA Visit**

#### Tuesday, April 8 at 1:00 pm in the Fellowship Room

Aly Malay, from the SPCA, will discuss the challenges and the joys of the SPCA in York County. The donations that we have collected will be given to Aly to take back to the animals in need.

#### **Happy Hour - Easter Basket Cupcakes**

Wednesday, April 9 at 2:30 pm in the Dining Room

Join the fun and decorate a tasty cupcake to make it look like an Easter Basket.

#### **Craft Corner - Easter Hats**

Wednesday, April 16 at 2:30 pm in the Community Life Suite

We will decorate straw hats with flowers together and make a pretty spring decoration for your door or as a special new hat to wear for Easter.





# Personal Care Newsletter APRIL FOOL'S DAY FACTS

April Fools' Day, celebrated on the first of April in many countries, is known for the fun tradition of playing practical jokes, like pretending someone's shoelaces are untied or sending them on silly "fool's errands." Although this day has been celebrated for centuries, its true beginnings are unclear and might never be fully known. The celebration is somewhat similar to ancient festivals such as the Roman festival of Hilaria and Indian Holi festival which occurred near the end of March.

Some people think that the modern idea of April Fools' Day started in France after an edict was issued by King Charles IX in August 1564. This decree changed the new year celebration from Easter to January 1, and those who kept celebrating on Easter were teased and called "April Fools." Others believe the day's name refers to the changeable weather at this time of year which can "fool" people.

Different countries have their own ways of celebrating April Fools' Day, but it always gives people a reason to enjoy playful pranks. In France, for example, someone who is tricked is called a poisson d'avril, which means "April fish" and likely

refers to a young fish that's easy to catch. French children often tape paper fish on the backs of their friends without them noticing. Many media outlets around the world also join in the fun by publishing fake news stories or headlines just for the day.