May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	IRIT360° g lives through purposeful living.	Key AZ—Azalea Room BL—Bayberry Lounge 2nd Floor CLS—Community Life Suite FL—Family Lounge FR—Fellowship Room Programs are subject to change		1 10:00am-CLS: Uno 1:30pm-BL: The Minister's Cat Game 3:00pm-BL: Faith Break with Pastor Aaron	10:00am-BL: Video - America's Mo Scenic Drives 1:30pm-CLS: Chair Exercise 3:00pm-CLS: Yahtzee 6:00pm-FR: Card Game Night	10:00am-BL: News Snippets & Coffee 1:30pm-2A Elevator: Walking Group 2:00pm-FR: Bingo with Residential Living
9:30am-11:00am: Room Delivery - Worship Video on the iPad 9:30am-Traveling Beverage Cart 3:00pm-FR: Worship Service	Cinco de Mayo 10:00am-BL: Finish the Lyrics Game 1:30pm-CLS: Chair Exercise - Tai Chi Video 3:00pm-BL: Virtual Travel - Mexico	9:30-11:00 Games & More with West York HS Student Group 1:00pm-CLS: Shopping at Dollar Tree 3:30pm-BL: Book Club	10:00am-CLS: Coloring Group 1:30pm-CLS: Chair Exercise 2:30pm-DR: Lady's Tea Party 5:30pm-Cafe: Board Games	7 10:00am-BL: Piggy Bankers Game on IN2L 1:30-BL: Yea or Neigh Game 3:00pm-BL: Faith Break with Pastor Aaron	10:00am-BL: Video - Animals of Mexico 1:30pm-CLS: Chair Exercise 2:30pm-DR: PC Bingo 6:00pm-FR: Card Game Night	10:00am-Front Lobby: Sunshine Group 1:30-FR: Reel Talk with Jan "The Iron Lady" Video & Discussion 1:30pm-BL:5 Clue What is it? 3:00pm-CLS: Left, Right, Center Game
Mothers Day 9:30am-11:00am: Room Delivery - Worship Video on the iPad 9:30am-Traveling Beverage Cart 3:00pm-FR: May Memorial Service	10:00am-FR: Video - Gaither Family Concert 1:30pm-CLS: Chair Exercise 3:00pm-FR: York Nurse Honor Guard Presentation	10:00am-FL: Knit & Crochet Group with RL Residents 11:30pm-CLS: Bus Trip - Lunch Out at the Manchester Café (\$\$) 3:30pm-BL: Book Club	10:00am-BL: Word Puzzle Group 1:30pm-CLS: Chair Exercise 2:30pm-CLS: Craft Corner - Beaded Bracelets 6:00pm-FR: Bingo with RL with Quickel Church	10:00am-BL: Lucky Dog Card Game 1:00pm-CR: Grief Support Group 1:30pm-DR: PC Resident Council Meeting 3:00pm-BL: Faith Break with Pastor Aaron	16 10:00am-BL: Video - America's Most Scenic Drives 1:30pm-CLS: Chair Exercise 2:30pm-FR: Classic Movie & Discussion "Ninotchka" 3:00pm-CLS: Hangman 6:00pm-FR: Card Game Night	17 10:00am-BL: News Snippets & Coffee 1:30pm-2A Elevator: Walking Group 2:30pm-FL: Salon Recital
9:30am-11:00am: Room Delivery - Worship Video on the iPad 9:30am-Traveling Beverage Cart 3:00pm-FR: Worship Service	10:00am-BL: Let's Sing with Andy Anderson Video 1:30pm-CLS: Chair Exercise - Tai Chi Video 1:30pm-FL: Bookworm Book Club 3:00pm-BL: Family Feud Game	10:00am-FL: Knit & Crochet Group with RL Residents 1:30pm-CLS: Yahtzee 3:30pm-BL: Book Club	10:00am-CLS: Coloring Group 1:30pm-CLS:Chair Exercise 2:30pm-DR: Ice Cream Social 6:00pm-BL: Movie Night	10:00am-BL: IN2L Trivia 10:30am-FR: Online Lecture: "Founding Fathers- The Rivalry That Shaped America" 1:30pm-CLS: Jeopardy 3:00pm-BL: Faith Break with Pastor Aaron	10:00am-BL: Video - World's Greatest Natural Icons - Earth 1:30pm-CLS: Chair Exercise 2:00-FR: Life Long Learning - "Todd Platts Chat" 3:00pm-CLS: Uno 6:00pm-FR: Card Game Night	10:00am-Front Lobby: Sunshine Group 1:30pm-BL: Good News Stories 3:00pm-CLS: Walker Safety Class
9:30am-11:00am: Room Delivery - Worship Video on the iPad 9:30am-Traveling Beverage Cart 3:00pm-FR: Worship Service	Memorial Day 10:00am-BL: Gaither Family Patriotic Songs Video 1:30pm-CLS: Chair Exercise - Patriotic Video 2:30pm-BL: Memorial Day Fun Facts	10:00am-BL: Crossword Puzzles on IN2L 1:00pm-CLS: Bus Trip - "A Country Ride" 3:30pm-BL: Book Club	10:00am-BL: Word Puzzle Group 1:00pm-OnSite Dermatology (See Nursing) 1:30pm-CLS: Chair Exercise 3:00pm-BL: The Rice Game on IN2L	1:30pm-CLS: Noodle Hockey 3:00pm-BL: Faith Break with Pastor Aaron	10:00am-BL: Video - Dry Bar Comedy 1:00p-FR: Life Long Learning Donna Haase "Hospital Ship" 2:30-CLS: Cooking Club	10:00am-BL: News Snippets & Coffee 1:30pm-2A Elevator: Walking Group 2:30-FR: Wii Bowing with RL Residents



May Highlights

Shopping at Dollar Tree - Sign up Required

Tuesday, May 6 at 1:00pm in the Community Life Suite

Lady's Tea Party

Wednesday, May 7 at 2:30 pm in the Family Lounge

Salon Recital

Saturday, May 17 at 2:30pm in the Dining Room

York Nurse Honor Guard Presentation

Monday, May 12 at 3:00pm in the Fellowship Room

Lunch Out at the Manchester Café - Sign up Required

Tuesday, May 13 at 11:30 am in the Community Life Suite

Ice Cream Social

Wednesday, May 21 at 2:30pm in the Dining Room

Online Lecture: "Founding Fathers - The Rivalry That Shaped America"

Thursday, May 22 at 10:30 am in the Fellowship Room

Walker Safety Class

Saturday, May 24 at 3:00pm in the Community Life Suite

"A Country Ride" Bus Trip - Sign up Required

Tuesday, May 27 at 1:00 pm in the Community Life Suite

Cooking Club

Friday, May 30 at 2:30 pm in the Community Life Suite



May 2025

Personal Care Newsletter

Hello Residents!

With the arrival of spring, nature is blooming all around us. I hope you have the opportunity to enjoy the fresh air and sunshine.

May offers a variety of ways to participate in activities. There's something for everyone, so come enjoy the fun with friends. We hope to see you out and about.

Take care,

Tania Hare
Life Enrichment Leader
SpiriTrust Lutheran®
750 Kelly Drive, York PA 17404
717.848.2585 ext. 11334
email@spiritrustlutheran.org | www.SpiriTrustLutheran.org

