

# The Weekly Connection

## Personal Care | August 3-9, 2025

### **Hello Residents!**

Happy August! There are many ways to gather with friends and the enjoy the summertime this week. We hope to see you out and about!

Take care,

Tania Hare,  
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**“It’s always summer  
somewhere.”**

— Lily Pulitzer

### **“Today’s Events and Programs”**

**Be sure to check the  
daily event sheets posted  
throughout the building  
so you don’t miss out on  
activities.**

#### **Locations of the daily event sheets:**

**1st Floor** - Posted by both  
entrances to the Dining  
Room

**2nd Floor** - Posted on the  
desk near the Nursing Office  
and on the counter located  
at C Hall

**3rd Floor** - Posted on the  
wall next to the elevator

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## ***Weekly Program Features:***

### **Popsicles on the Patio**

**Monday, August 4**

**3:00 pm Pond Patio**

Enjoy the sound of the water, fresh air, and a treat to beat the heat! If the weather outside is too hot to handle, we can enjoy our popsicles in the Community Life Suite.

### **Shopping at Dollar Tree**

**Tuesday, August 5**

**1:00 pm Meet in the Community Life Suite**

This quick shopping trip will give you the chance to pick up a few things at Dollar Tree. Seating is limited so please sign up in the CLS or let Tania or Candy know that you would like to come along.

### **Cooking Club -**

### **Chocolate Mug Cake**

**Wednesday, August 6**

**3:00 pm in the Community Life Suite**

This is a moist and delicious cake and we don't have to heat up the kitchen! Everyone will make their own serving of cake in a mug and we will bake them in the microwave.

### **Brianna M. Berger “Exercising Your Way to a Healthy Heart”**

**Thursday, August 7**

**1:00 pm in the Fellowship Room**

Discover signs of an unhealthy heart and learn preventative measures that you can take.

### **PC Bingo**

**Friday, August 8**

**2:30 pm in the Dining Room**

Fun and prizes!

### **Close Counts with RL Residents**

**Saturday, August 9**

**2:30 pm in the Fellowship Room**

Come join us for this fun trivia game where the best “guestimate” wins.