

## Special Events

**April 7<sup>th</sup> Virtual Voyager “Japan Part II” (Fellowship Room) 1:00 pm** Join Rich and Helen, travel vloggers, for part II of their travels to Japan. Enjoy the beautiful sites of Kyoto, Nara, Kobe, Shinkansen, Toyama, Kanazawa, and the Kurobe Alpine Route.

**April 8<sup>th</sup> Online Lecture “Jane Pauley: Remaining the Rest of Your Life” (Fellowship Room) 11:00 am** What if the next chapter is your most interesting one yet? In this uplifting conversation, Emmy-winning journalist and bestselling author Jane Pauley invites you to see reinvention not as a risk, but as an opportunity. True to Road Scholar’s spirit, Jane explores curiosity as a lifelong practice, sharing stories from decades of conversations with remarkable people and the “learning adventures” that changed how she sees the world. With the candor and warmth that have made her one of America’s most trusted voices, Jane reflects on the pivotal moments that shaped her extraordinary career, the advice she’d give her younger self and the mindset that helped her navigate profound changes in the world of media — and in life — with grace. **Facilitator: Gene Burk**

**April 8<sup>th</sup> Joe Tomlinson “Gospel Music” (Fellowship Room) 1:00 pm** Joe Tomlinson is a singer, song writer, video music producer, and dedicated musician whose heart for ministry shines when he is sharing his music in care homes and community living centers. Join Joe for an hour of uplifting gospel favorites that will leave you feeling encouraged and joyful.

**April 10<sup>th</sup> Life Long Learning: Chip Kaufman “Native American Languages Once Spoken Along the Susquehanna: Legacy in Names” (Fellowship Room) 1:00 pm** From the first inhabitants who migrated into the Susquehanna River area thousands of years ago to the period of European settlement in the 1600s to 1800s, many American Indian languages were spoken by diverse tribes who made the area their home or passed through on trade or exploratory ventures. Their legacy lives on in the Susquehanna valley through place names from Iroquoian and Algonquian Languages once spoken in the area. This presentation will cover 17th century European contact with the regions early inhabitants and how those contacts shaped place names we take for granted in New York and Lancaster counties. Highlighting this will be origins and meetings of such names as Susquehanna, Codorus, Chickies, Turkey Hill, Conewago, Accomack, Tuckahoe, Conestoga, and others. **Presenter: Chip Kauffman, Retired Certified U.S. Government Linguist**

**April 13<sup>th</sup> Penn State Extension “Calcium” (Fellowship Room) 1:00 pm** Calcium is an important mineral for growth and bone health. About 1.5 percent of our body weight is calcium. Most, about 99 percent, is found in our bones. People who do not eat or drink enough calcium-rich foods have a higher risk of osteoporosis as they age. Join Karen Carrier in a discussion about calcium and our bodies. **Presenter: Karen Carrier, Health & Wellness Educator**

**April 17<sup>th</sup> Movie & Discussion with Rich Santel “Easter Parade” (Fellowship Room) 1:00 pm** *Easter Parade* showcases Fred Astaire as a headstrong performer who, after losing his partner, bets he can mold shy chorus girl Judy Garland into a Broadway star. Through rehearsals, heartbreak, and showstopping routines set to Irving Berlin tunes, ambition blossoms into romance and triumph. **Runtime: 103 minutes**

**April 18<sup>th</sup> Hanover Lancers Drum & Bugle Corps (York, PA) 7:00 pm** The Hanover Lancers Drum & Bugle Corps is excited to present their 13th annual Profiles in Music – *A Drum & Bugle Corps Showcase* on Saturday, April 18 at 6 pm. This year’s show will again be held at the Waldner Performing Arts Center at York College of Pennsylvania. Groups slated to perform include: Doughboy Foundation’s American Expeditionary Forces, (AEF) Headquarters Band, Sacramento Freelancers Alumni Drum & Bugle Corps, Buccaneer Alumni Drum & Bugle Corps, Caballeros Alumni Drum & Bugle Corps, and the Hanover Lancers Drum & Bugle Corps. **Cost: \$28.00**

**April 22<sup>nd</sup> Phil Frigm “Music Art Therapy for Veterans Program” (Fellowship Room) 10:30 am** Phil Frigm is a Past President of LMCYC, a native of York County, a graduate of Northeastern High School, and a U.S. Marine combat veteran of the Vietnam War. His program will cover veterans’ stories, except, these stories will be put to music! Phil was involved with a non-profit veterans’ support group that uses music arts therapy to treat PTSD. Veterans collaborate with professional songwriters; they tell their stories; then help write the lyrics for their song. The veteran’s song is then recorded by a professional band in Nashville, TN. They call this “*When the Story Becomes a Song.*” Please join us for this one-of-kind program.

**April 23<sup>rd</sup> Therapy Talk “The Eyes Have It” (Fellowship Room) 1:00 pm** Vision impairment is common as we age. Brianna will discuss common diagnoses and strategies to help you overcome them. **Presenter: Brianna M. Berger, COTA/L, Clinical Therapy Director**

**April 24<sup>th</sup> Lavender Acres Winery (Hellam, PA) 1:30 pm** Visit Lavender Acres and explore their impressive selection of 23 dry red and white wines. Red wine enthusiasts can enjoy varietals such as Cabernet Sauvignon, Cabernet Franc, and three distinctive Bordeaux-style blends. White wine lovers will appreciate options like a naked Chardonnay, Riesling, and Albariño, along with other unique dry whites. For those who prefer bubbles, Rosé and sparkling wines are also available. In addition, Lavender Acres features a sweet wine collection with 13 selections and offers other varietals bottled monthly. With such a diverse lineup, every wine lover is sure to find something perfectly suited to their taste.

**April 30<sup>th</sup> York Revolution Baseball Game (York, PA) 10:00 am** Enjoying a game with the York Revolution means crackling bats, cheering fans, and excitement, as the team battles it out. Come enjoy a day out at “The Old Ballgame”. **Cost: \$17.00 (ticket & food voucher)**

 **Spiritrust Lutheran**  
The Village at Kelly Drive



# Inspirations Companion

April 2026

## April Fun Facts

- There are two thoughts on how April got its name, but no one is for sure. The first is that it got its name after Aphrodite, the Greek goddess of love. The second is that the word April in Latin means "to open" and refers to the flowers and trees opening.
- April is considered the funniest month.
- Professional baseball begins its season in April.
- The Lyrids are one of the oldest known meteor showers: it has been observed for 2,700 years. The first recorded observation of these fast and bright meteors by Chinese skygazers goes back to 687 BC! The April Lyrids usually occur between April 16 and April 26.
- In France, the first day of April is called Poisson d'Auril which means April Fish. Kids pin or tape paper fish to the back of their friends and yell "Poisson d'Auril" when they find it.



EQUAL HOUSING  
OPPORTUNITY

The following programs are regularly scheduled on a weekly basis

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:00 Worship Service (FR)	4:00 Wii Bowling (FR)	4:00 Wii Bowling (FR) 6:00 Kelly Choir (FR)	2:00 Faith Sharing (CR) 3:30 Easy Exercise (FR) 4:00 Pinochle (FL)	1:00 Sprenkle Drive Visits (OFF) 2:30 Chair Yoga with Carol (FR)	10:00 Conversation Café (FR) 4:00 Pinochle (FL) 6:00 Game Night (FL)	6:00 Mexican Train Dominoes (FR)

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Additional programs & events scheduled for the month of April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Key:</b> RR – Registration Required OC – Off Campus CR – Conference Room FL – Family Lounge WS – Wellness Suite					
		\$\$ – Cost CD – Closing Date DR – Dining Room FR – Fellowship Room PP – Patio by Pond	10:30 Walmart (RR)(OC) <b>1</b> CD 3/30 3:00 Worship Committee (CR)	9:00-11:30 Beltone Hearing Aid Center (RR)(FR) <b>2</b> 3:00 Maundy Thursday Service (FR)	3:00 Good Friday Service <b>3</b>	2:30 Bingo (FR) <b>4</b>
12:30 Easter Carry Out Meal (RR)(Café)\$\$ <b>5</b> 3:00 Easter Service (FR)	9:30 RL Birthday Breakfast (RR)(FR)\$\$ <b>CD 4/4</b> <b>6</b> 2:00 Uno Flip (FL)	10:00 Knit & Crochet (FL) <b>7</b> 1:00 Virtual Voyager “Japan Part II” (FR) 2:45 Spirit Movers (FR)	11:00 Online Lecture “Jane Pauley: Reimagining the Rest of Your Life” (FR) <b>8</b> 1:00 Joe Tomlinson “Gospel Music” (FR)	1:30 Cooking Demo “Napa Chicken Salad” (RR)(FR) <b>9</b> CD 4/7 2:00 Dining Committee Meeting (CR)	10:00 Errand Day (RR)(OC) <b>10</b> CD 4/9 1:00 Life Long Learning: Chip Kaufman “Native American Languages Once Spoken Along the Susquehanna: Legacy in Names” (FR)	2:45 Salon Recital (FL) <b>11</b>
<b>12</b>	10:30 Weis Shopping (RR)(OC) <b>CD 4/12</b> <b>13</b> 1:00 Penn State Ext, Karen Carrier “Calcium” (FR)	9:30-11:00 West York HS: Games & More (FL) <b>14</b> 1:00 Blood Pressure Clinic (WS) 1:00 Live Music with Peter Senaca (FR)	12:00 “Widow & Widower Lunch” Sprenkle Drive Rachel & Reuben’s <b>15</b> 1:30 Reading with Devers Elementary (FL) 6:00 Bingo (FR)	8:30 Pretzel Sale (RR)(FL)\$\$ <b>16</b> 1:00 Grief Support Group (CR) 4:00 Happy Hour (RR)(FR) <b>CD 4/15</b>	<b>11:00 Social Committee Meeting (FR)</b> <b>17</b> 1:00 Movie & Discussion with Rich Santel “Easter Parade” (FR)	12:00 Covered Dish (FR) <b>18</b> 2:00 Uno Flip 7:00 Hanover Lancers (RR)(OC)\$\$ <b>CD 4/11</b>
<b>19</b>	1:00 Bookworm Book Club: Book Share (FL) <b>20</b> 2:00 Residential Living Board Meeting (CR)	10:00 Knit & Crochet (FL) <b>21</b> 12:30 Lunch Out “Longhorn Steakhouse” (RR)(OC) <b>CD 4/19</b> 2:45 Spirit Movers (FR)	10:30 Phil Frigm “Music Art Therapy for Veterans Program” (FR) <b>22</b>	1:00 Therapy Talk with Brianna Berger “The Eyes Have It” (FR) <b>23</b> 4:30 Pizza Party (RR)(FR)	12:30 Carry Out for a Cause (RR) <b>24</b> 1:30 Lavender Acres Winery (RR)(OC)\$\$ <b>CD 4/20</b>	2:30 Wii Bowling with PC (FR) <b>25</b>
<b>26</b>	10:30 Weis Shopping (RR)(OC) <b>CD 4/26</b> <b>27</b> 2:00 Ice Cream Social “Peach” (RR)(FR) <b>CD 4/26</b> 2:30 Trivia with Friends (RR)(FR) <b>CD 4/26</b>	11:00 Boscov’s (RR)(OC) <b>28</b> CD 4/27 1:00 Craft Corner “Scrabble Tile Wall Art” (RR)(FR) <b>CD 4/27</b>	9:00-12:00 Tech Support with Carol Page (FR)(RR) <b>29</b> CD 4/28	10:00 York Revolution Baseball Game (RR)(OC)\$\$ <b>30</b> CD 4/16		Program additions or changes since catalog was published are <b>bold</b> . Program offerings are subject to change.