

## **SPECIAL EVENTS**

**February 2<sup>nd</sup> Occupational Therapy & Hand Arthritis (Fellowship Room) 11:00 am** Come use your fine motor skills to make a Valentine Craft with Occupational Therapist, Barbara. **Presenter: Barbara Dieterle OTR/L, Occupational Therapist**

**February 3<sup>rd</sup> Virtual Voyager “Norway’s West: Fjords, Mountains, & Bergen” (Fellowship Room) 1:00 pm** From sparkling fjords to majestic mountains and Bergen’s historic charm, this tour brings Norway’s wonders to life.

**February 6<sup>th</sup> Life Long Learning: Michael Maloney “Rattlesnake Colonel” (Fellowship Room) 2:00 pm** Thomas Cresap’s remarkable life offers an inviting window into Colonial America. A bold frontiersman, soldier, and politician, he helped drive westward expansion and navigated the era’s great conflicts. Despite his achievements, Cresap was divisive. Pennsylvanians labeled him the “Maryland Monster,” and some British officers called him the “Rattlesnake Colonel.” Yet Western Maryland settlers saw him as a folk hero, and the Iroquois fondly named him “Big Spoon” for his generosity. Admired by some and feared by others, his story—drawn from vivid historical records—brings the drama and complexity of the eighteenth-century frontier to life. **Presenter: Michael Maloney, Author & Historian**

**February 9<sup>th</sup> YSO “Carmen Meets Beethoven” (Fellowship Room) 4:00 pm** The concert begins with Strauss’ Roses from the South and Beethoven’s lighthearted Overture to Fidelio. From a menacing beginning to an electrifying finish, Georges Bizet’s memorable Carmen Suites tells the fated story of a lovestruck soldier and passionate Carmen in two suites. York Symphony’s Concertmaster Denise Dillenbeck shines in Nancy Ives’ Immortal Beloved. Ives arranged the piece to celebrate Beethoven’s unknown muse and showcases these women’s voices.

**February 13<sup>th</sup> Valentine’s Day Celebration (Fellowship Room) 1:00 pm** Enjoy a Valentine’s feast of Garden Salad, Tuscan Chicken in its famous ‘Marry Me’ cream sauce, roasted potatoes, lemon-kissed broccoli, and a luxurious red velvet cake to end the evening sweetly. **Cost: \$14.00**

**February 19<sup>th</sup> Live Music with Adelynn Wood (Fellowship Room) 1:00 pm** Adelynn Wood, a BFA-trained musical theatre performer with a background in professional dinner theatre, will serenade you with beautiful love ballads.

**February 20<sup>th</sup> Online Lecture “Forging a Friendship – Jefferson & Madison’s Northern Journey” (Fellowship Room) 11:00 am** Between May 21 and June 16, 1791, Thomas Jefferson and James Madison traveled together through Upstate New York and parts of New England. Though the new nation was in a moment of political tension, Madison said the trip was for “health, recreation and curiosity.” In honor of Presidents’ Day, join esteemed author and professor Louis Masur as he traces their journey, exploring shared interests in landscape, botany, history, and Indigenous vocabulary. This lecture draws from his latest book, “Founding Friendships: Jefferson, Madison, and the Northern Tour of 1791,” which brings new insight into the enduring bond between these two Founding Fathers — what Jefferson later called “a source of constant happiness.” **Facilitator: Gene Burk**

**February 20<sup>th</sup> Movie & Discussion with Rich Santel “Brief Encounter” (Fellowship Room) 1:00 pm** *Brief Encounter* follows Laura Jesson (Celia Johnson) and Dr. Alec Harvey (Trevor Howard), whose unexpected meeting sparks a poignant, restrained love affair. Supported by memorable performances from Stanley Holloway and Joyce Carey, David Lean’s film remains a beautifully crafted study of longing, duty, and heartbreak. **Runtime: 86 minutes.**

**February 24<sup>th</sup> Visiting Angels “What is Home Care? Bringing Care Home.” (Fellowship Room) 2:00 pm** Jill Kaylor of Visiting Angels will outline the growing need for elder care and early planning. She will highlight the benefits of non-medical home care—support with daily tasks, medication reminders, companionship, and respite. Visiting Angels provides licensed, highly screened caregivers, with services funded privately or through select programs as needed by families.

**February 27<sup>th</sup> Stephen Nicholas “The History of the Moravian Church” (Fellowship Room) 2:00 pm** How did the first Protestant church get started seventy years before the Lutheran Reformation? Where does the name come from? How did the Moravians get to America? Where are Moravian churches today? What do Moravians believe and practice? This program was created for the Osher Life Long Learning Institute at Penn State York by Stephen Nicholas, a pastor who served the Moravian Church for forty one years. **Presenter: Stephen Nicholas, Author & Historian**



# **Inspirations Companion**

**February 2026**



♥ **February (do you see that extra “r”?) is one of the most frequently misspelled words in the English language. In 2015, even the White House press office got it wrong—several times over the course of the month.**

♥ **For more than 40 years, February has been Black History Month. The precursor to Black History Month, however, is a lot older. Black leaders in 1926 dedicated the second week in February to the recognizing the history of African Americans—a week chosen to coincide with the birthdays of Abraham Lincoln (Feb. 12) and Frederick Douglass (Feb. 14).**

♥ **It's the month for a lot of other causes, too. February also marks American Heart Month, along with some other “months” you might not recognize: Canned Food Month, Grapefruit Month, Hot Breakfast Month, and our favorite, Return Shopping Carts to the Supermarket Month.**

♥ **In Welsh, February is sometimes known as “y mis bach,” which means “little month.”**

♥ **February was misspelled somewhere in this article; did you catch it?**



**The following programs are regularly scheduled on a weekly basis**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:00 Worship Service (FR)	4:00 Wii Bowling (FR)	4:00 Wii Bowling (FR) 6:00 Kelly Choir (FR)	2:00 Faith Sharing (FR) 3:30 Easy Exercise (FR) 4:00 Pinochle (FL)	1:00 Sprenkle Drive Visits (OFF) 2:30 Chair Yoga with Carol (FR)	10:00 Conversation Café (FR) 4:00 Pinochle (FL) 6:00 Game Night (FL)	6:00 Mexican Train Dominoes (FR)

**FEBRUARY 2026** ❤

**Additional programs & events scheduled for the month of February**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 11:00 Therapy Talk "Occupational Therapy & Hand Arthritis" (FR) <b>1:00 Board Games (FR)</b>	3 10:00 Knit & Crochet (FL) 1:00 Virtual Voyager "Norway's West: Fjords, Mountains, & Bergen" (FR) 2:45 Spirit Movers (FR)	4 <b>1:00 Walmart/Weis Shopping (RR)(OC) CD 2/3</b> 3:00 Worship Committee (CR)	5 9:30 Residential Living Birthday Breakfast (RR)(FR)& <b>CD 2/3</b>	6 11:00 Social Life Committee (FR) 2:00 Life Long Learning: Michael Maloney "Rattlesnake Colonel" (FR)	7 2:30 Bingo (FR)
8 6:00 Super Bowl Party (FR)	9 10:30 Weis Shopping (RR)(OC) <b>CD 2/8</b> 4:00 YSO "Carmen Meets Beethoven" (RR)(FR) <b>CD 2/8</b>	10 9:30-11:00 West York HS: Games & More (FL) 1:00 Blood Pressure Clinic (WS) 2:00 Uno Flip (FL)	11 <b>1:00 Craft Corner "Beeswax Food Covers" (RR)(FR) CD 2/9</b>	12 1:30 Cooking Demo "S'more Fluff" (RR)(FR) <b>CD 2/11</b> 2:00 Dining Committee Meeting (CR)	13 10:00 Errand Day (RR)(OC) <b>CD 2/12</b> 1:00 Valentine's Day Celebration (RR)(FR)\$\$ <b>CD 2/10</b>	14 <b>2:00 Flip 7 (FL)</b> 
15	16 1:00 Bookworm Book Club: Book Share (FL)	17 9:00 Fastnachts & Coffee (RR)(FR) <b>CD 2/13</b> 10:00 Knit & Crochet (FL) 12:30 Lunch Out "Cheddars" (RR)(OC) <b>CD 2/16</b> 2:45 Spirit Movers (FR)	18 12:00 "Widow & Widower Lunch" Sprenkle Drive Rachel & Reuben's 3:00 Ash Wednesday Service (FR) <b>5:10 Northeastern High School "Charlie &amp; the Chocolate Factory" (RR)(OC) CD 2/16</b> 6:00 Bingo (FR)	19 8:30 Pretzel Sale (RR)(FL)\$\$ 1:00 Grief Support Group (CR) 1:00 Live Music with Adelynn Wood (FR)	20 <b>11:00 Online Lecture "Forging a Friendship- Jefferson &amp; Madison's Northern Journey" (FR)</b> 1:00 Movie & Discussion with Rich Santel "Brief Encounter" (FR)	21 10:00 United States of America Trivia with Candace (Café) 2:00 Uno Flip
22	23 10:30 Weis Shopping (RR)(OC) <b>CD 2/22</b> 2:00 Ice Cream Social "Banana Splits" (RR)(FR) <b>CD 2/22</b>	24 11:00 Boscov's (RR)(OC) <b>CD 2/23</b> 2:00 Visiting Angels "What is Home Care? Bringing Care Home." (FR)	25 9:00 Podiatry (Lower Level) <b>CD 2/20</b> 9:00-12:00 Tech Support with Carol Page (FR)(RR) <b>CD 2/24</b> 10:00 Leg Up Farmers Market Tour (RR)(OC) <b>CD 2/23</b>	26 <b>11:00 Trivia with Friends (RR)(FR) CD 2/25</b> 4:30 Pizza Party (RR)(FR)	27 12:30 Carry Out for a Cause (RR) 2:00 Life Long Learning: Stephen Nicholas "The History of the Moravian Church" (FR)	28 2:30 Wii Bowling with PC (FR)
				Program additions or changes since catalog was published are in <b>bold</b> . Program offerings are subject to change.	Key: RR – Registration Required OC – Off Campus CR – Conference Room FL – Family Lounge WS – Wellness Suite	\$\$ – Cost CD – Closing Date DR – Dining Room FR – Fellowship Room PP – Patio by Pond