

SPECIAL EVENTS

January 5th Occupational Therapy & Adaptive Equipment (Fellowship Room) 11:00 am Join Barbara in learning about various adaptive equipment available to make things easier for everyday living. **Presenter: Barbara Dieterle OTR/L, Occupational Therapist.**

January 9th Frauds Alerts & Scams (Fellowship Room) 2:00 pm Scams and fraud are on the rise, and seniors are often specifically targeted. This talk will raise awareness about common scams, warning signs to watch for, and practical steps to stay safe. Attendees will learn how to protect themselves, where to report fraud, and how to respond with confidence if something doesn't feel right. **Presenter: Patricia White, York County Aging**

January 13th Online Lecture "Silent Victory- The U.S. Submarine War in the Pacific, 1941-45" (Fellowship Room) 1:30 pm Join Dr. Spencer Jones, esteemed historian and author, to explore how American submarines overcame early setbacks, from faulty torpedoes to daunting odds, to achieve what became known as the "silent victory". In this lecture, Dr. Jones will reveal how their success beneath the waves helped decide the outcome of the Pacific war. **Facilitator: Gene Burk**

January 14th Destination Dinner "Japan" (Fellowship Room) 4:30 pm Enjoy a menu of Salmon Onigiri (Salmon Rice Ball) Sunomono Salad (Cucumber Salad), Yaki Udon (Stir Fry Noodles), and for dessert, a Matcha Rare Cheesecake. **Cost: \$15.00**

January 16th Movie & Discussion with Rich Santel "National Velvet" (Fellowship Room) 1:00 pm *National Velvet* (1944) stars Elizabeth Taylor, Mickey Rooney, Donald Crisp, Anne Revere, and Angela Lansbury in a beloved tale of young Velvet Brown, whose bond with her horse inspires a daring Grand National quest, blending heartfelt drama and timeless charm in vivid Technicolor. This film celebrates determination and the courage to dream beyond expectations. **Runtime: 123 minutes.**

January 19th YSO "Winter Moons & Appalachian Spring" (Fellowship Room) 4:00 pm Immerse yourself in the beauty of nature as the York Symphony celebrates the harmonious blend of dance and music. *Dance It Forward* captures the elegant fusion between ballet and music that will leave you inspired. Strauss' "Emperor Waltz" begins our evening with a playful march melding into a vibrant Viennese waltz. The rich American Indian tradition of storytelling beneath the full winter moon inspired Jerod's Tate's "Winter Moons," featuring Tate as the narrator. Lastly, Copland's ballet, "Appalachian Spring," embraces 1930's optimistic American culture. Come and enjoy a fantastic show highlighting lively dancers and captivating music.

January 23rd Pennsylvania Dutch (German) Language & Culture (Fellowship Room) 1:00 pm Kannscht du Pennsylvaanisch Deitsch schwetze? Can you speak Pennsylvania Dutch? Spoken primarily in parts of southeastern Pennsylvania, the unique Germanic language called "Pennsylvania Dutch" is a combination of German dialect and modified English that reflects both the languages of America's early settlers and the anglicized language of today. This introductory session will focus on the uniqueness of the German- and English-based forms of "Dutch" and related cultures. In addition to exploring such Dutchified expressions as Throw Papa down the stairs his slippers, students will learn how to say a few basic expressions in Pennsylvania Dutch (German). The speaker is an instructor of languages and linguistics who grew up in Lancaster County where he was in contact with speakers of both the German and "Dutchy" English forms. This colorful dialect is still very much in use. **Presenter: Chip Kauffman, Retired Certified U.S. Government Linguist**

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January 27th York County Emergency Services" (Fellowship Room) 1:00 pm The Department of Emergency Services provides customer service to the residents and first responders of the County of York, Pennsylvania through preparedness, planning, mitigation and providing of resources by using the latest in communication technology for the safety of all. Join Shen Keiser for a Q&A about the services provided for York, PA residents. **Presenter: Shen Keiser, Emergency Management Specialist**

January 29th York County History Center (York, PA) 9:15 am Embark on an immersive journey through York County's rich history at the new History Center Museum. Begin your exploration at the History Makers Tower, where a state-of-the-art touchscreen display invites you to delve into the lives of History Makers from all walks of life. Discover York County's pivotal role in early expansion across Pennsylvania and its long-overlooked contributions to the Underground Railroad. Learn about the innovations in farming and industry that cemented the county's status as a place of progress and resilience. Experience a building transformed into a vibrant space where history comes to life. **Cost: \$10.00**



Inspirations Companion

January 2026

January Facts

★ In Pasadena, California, there has been a Rose Parade held every year since 1890. It has since been broadcasted worldwide and is typically viewed in over 100 countries around the globe.

★ Some historical names for January include "Wulfmonath," which came from the Anglo-Saxons because it was the month hungry wolves would come scavenging. King Charlemagne would call it "Wintermanoth," meaning "winter/cold month."

★ January was a monumental year for Alaska! As of January 3, 1959, Alaska officially became the One of the most influential events in the U.S. happened in January – on January 1, 1892, Ellis Island opened, allowing for the immigration of over 20 million people!

★ The Quadrantid meteors appear in the early January sky, producing up to 25 meteors per hour at their peak. They'll be at their best on the night of January 4 into January 5. For the best chance at spotting them, venture out between midnight and dawn (if you can stand the cold).

<u>The following programs are regularly scheduled on a weekly basis</u>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:00 Worship Service (FR)	4:00 Wii Bowling (FR)	4:00 Wii Bowling (FR) 6:00 Kelly Choir (FR)	2:00 Faith Sharing (FR) 3:30 Easy Exercise (FR) 4:00 Pinochle (FL)	1:00 Sprenkle Drive Visits (OFF) 2:30 Chair Yoga with Carol (FR)	10:00 Conversation Café (FR) 4:00 Pinochle (FL) 6:00 Game Night (FL)	6:00 Mexican Train Dominoes (FR)

JANUARY 2026

Additional programs & events scheduled for the month of January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Program additions or changes since catalog was published are bold . Program offerings are subject to change.	RR – Registration Required OC – Off Campus CR – Conference Room FL – Family Lounge WS – Wellness Suite	Key: \$\$ – Cost CD – Closing Date DR – Dining Room FR – Fellowship Room PP – Patio by Pond	1  2:00 Uno Flip (FL)	2 11:00 Social Life Committee (FR)	3 2:30 Bingo (FR)
4	5 11:00 Therapy Talk "Occupational Therapy & Adaptive Equipment" (FR) 2:00 Residential Living Association Meeting (FR)	6 10:00 Knit & Crochet (FL) 2:45 Spirit Movers (FR)	7 9:30 Residential Living Birthday Breakfast (RR)(FR)\$\$ CD 1/5 10:30 Walmart (RR)(OC) CD 1/6 3:00 Worship Committee (CR)	8 9:00-11:30 Beltone Hearing Aid Center (RR)(FR) 1:30 Cooking Demo "Sweet Potato Salad" (RR)(FR) CD 1/7 2:00 Dining Committee Meeting (CR)	9 10:00 Errand Day (RR)(OC) CD 1/8 2:00 Patricia White "Fraud Alerts & Scams" (FR)	10 2:45 Salon Recital (FL)
11	12 10:30 Weis Shopping (RR)(OC) CD 1/11	13 9:30-11:00 West York HS: Games & More (FL) 1:00 Blood Pressure Clinic (WS) 1:30 Online Lecture "Silent Victory- The U.S. Submarine War in the Pacific, 1941-45" (FR)	14 11:00 Craft Corner "Decoupage Pencil Holder" (RR)(FR) CD 1/12 4:30 Destination Dinner "Japan" (RR)(FR)\$\$ CD 1/12	15 RL BOOK SALE 10-3 (CR) 8:30 Pretzel Sale (RR)(FL)\$\$ 1:00 Grief Support Group (CR) 1:30 Reading with Devers Elementary (FL)	16 RL BOOK SALE 10-3 (CR) 1:00 Movie & Discussion with Rich Santel "National Velvet" (FR)	17 RL BOOK SALE 10-4 (CR) 2:00 Uno Flip (FL)
18	RL BOOK SALE 10-3 & 4-5 (CR)	19 NO Wii BOWLING 1:00 Civil Rights Movement Trivia (RR)(FR) CD 1/18 2:00 Residential Living Board Meeting (CR) 4:00 YSO "Winter Moons & Appalachian Spring" (RR)(FR) CD 1/18	20 10:00 Knit & Crochet (FL) 12:30 Lunch Out "The First Post" (RR)(OC) CD 1/19 2:45 Spirit Movers (FR)	21 9:00 Trader Joe's Shopping Trip (RR)(OC) CD 1/19 12:00 "Widow & Widower Lunch" Sprenkle Drive Rachel & Reuben's 6:00 Bingo (FR)	22 4:30 Pizza Party (RR)(FR)	23 1:00 Life Long Learning "Chip Kauffman: Pennsylvania Dutch (German) Language & Culture" (FR) 3:15 Jazz Duo "Molly Kathleen & Nathan Connor" (FR)
25		26 10:30 Weis Shopping (RR)(OC) CD 1/27 2:00 Ice Cream Social "Praline Pecan" (RR)(FR) CD 1/25	27 11:00 Boscov's (RR)(OC) CD 1/26 1:00 Shen H Keiser "York County Emergency Services" (FR)	28 9:00-12:00 Tech Support with Carol Page (FR)(RR) CD 1/27 1:00 Virtual Voyager "Japan" (FR)	29 9:15 York County History Center Museum (RR)(OC)\$\$ CD 1/26	30 12:30 Carry Out for a Cause (RR)
						31 2:30 Wii Bowling with PC (FR)