

SPECIAL EVENTS

July 1st Virtual Voyager “Alaska” (Fellowship Room) 10:00 am Discover Alaska like never before. Travel through national parks, coastal fjords, massive mountains, and wild rivers shaped by thousands of years of ice. Meet the iconic wildlife that defines Alaska — bears, moose, eagles, whales — and step inside communities that live at the edge of civilization. Each location reveals a different part of Alaska’s character: mysterious, remote, rugged, and unbelievably beautiful.

July 2nd Thaddeus Stevens & Lydia Hamilton Smith Center for History & Democracy (Lancaster, PA) 9:00 am Visitors can explore 16 galleries that examine the fight against slavery, the Underground Railroad, the Civil War, Reconstruction, and the continuing pursuit of equal rights. A new museum operated by LancasterHistory, the Center is located on the site of Stevens' former law office and the home he shared with Lydia Hamilton Smith. This is a self guided tour. Lunch will be enjoyed after at a local eatery. **Cost: \$18.00**

July 6th 250th Anniversary Picnic with PC and Staff (Dining Room, Family Lounge, & Pond Patio) 11:30 am Enjoy a buffet style picnic with PC residents and Staff to celebrate the 250th anniversary of the United States of America. On the menu: Hot Dogs, Cheeseburgers, Potato Salad, Cole Slaw, and Fresh Watermelon for dessert. **Cost \$10.00**

July 9th Movie at West Manchester Regal Cinemas: “Young Washington” (York, PA) 1:10 pm Before he became the first president of the United States, young George Washington tests his honor, loyalty, and courage by fighting in the Revolutionary War. Join the Sprenkle residents for a day at the movies. Movie begins at 1:50 pm for those that would like to drive themselves. **Cost: \$8.00**

July 13th Live Music with Keil Holland “Summer Fun” (Fellowship Room) 1:30 pm Join singer Keil Holland as he serenades the group with a collection of summer-themed songs.

July 14th Old Tyme Carnival & Fireworks(West Manchester, PA) 7:30 pm Hop on the bus and join Sprenkle residents for an evening of food trucks, & fireworks. Please bring a lawn chair for the fireworks. This is a cash only carnival.

July 16th Online Lecture “George Washington & the Road to Independence” (Fellowship Room) 10:00 am We now think of George Washington as America’s foremost patriot, but he came to accept war and independence only slowly. Far from embracing his selection as commander-in-chief, he feared it would lead to his ruin — and possible death. Join author and historian Dr. Edward Lengel as he explores how Washington’s hope for America’s future led him to take on leadership in the struggle for independence. Celebrate the United States of America’s 250th anniversary in 2026 through the lens of Washington’s leadership in the Revolutionary War. **Facilitator: Gene Burk**

July 17th Life Long Learning – Peter Miele “Revolutionaries in the Riverland: The Mifflin’s, The Wright’s, and the Legacy of the American Revolution”(Fellowship Room) 2:00 pm Historian Peter Miele explores the Mifflin and Wright families' roles in the American Revolution, highlighting their contributions to Pennsylvania history and the lasting legacy of Revolutionary ideals and leadership. Presenter: **Peter Miele, Local Historian & Senior Project Leader for the Susquehanna Discovery Center**

July 22nd Karen Carrier “Mediterranean Eating on a Budget” (Fellowship Room) 1:00 pm Come out and learn how you can fit Mediterranean eating habits into your lifestyle and your Budget. A recipe demonstration and food tasting will be included! The Mediterranean Diet has been increasingly heralded as one of the healthiest diets in the world. The Dietary Guidelines for Americans, 2020-2025 includes a Healthy Mediterranean-Style Pattern that reflects culinary traditions that have been associated with positive health outcomes in studies of Mediterranean-Style diets. **Presenter: Karen Carrier, Penn State Extension Educator**

July 23rd Online Lecture “Psychology of Kindness- Strategies for Prosocial Behavior” (Fellowship Room) 10:00 am How can small acts of kindness and positive thinking shape a happier, more fulfilling life? As part of our “Age Well” series, join author Dr. Catherine Sanderson, a leading expert in positive psychology, for an engaging lecture on the science behind well-being, resilience and optimism. Explore research-backed strategies for fostering positivity and gain practical tools to strengthen happiness in everyday life. **Facilitator: Gene Burk**

July 29th The Pride of the Susquehanna Boat Ride (Harrisburg, PA) 12:15 pm Step aboard the Susquehanna Pride for a memorable paddlewheel riverboat cruise along the beautiful Susquehanna River. Sit back, relax, and enjoy scenic views, local history, and the natural beauty of central Pennsylvania from the water. Enjoy a stop for ice cream after the ride. **Cost: \$15.00**

July 30th Life Long Learning- Paul Schenk “A History of Amish One Mindedness- The Ordnung, Banning, and Shunning” (Fellowship Room) 1:30 pm Paul Schenk will discuss the ordnung, banning, and shunning, in the Amish community from the Schleithem Confession of Faith of 1527 to the Early Amish Discipline of 1809. **Presenter: Paul Schenk, Local Historian**

July 31st Movie & Discussion with Rich Santel “Mrs. Miniver” (Fellowship Room) 1:00 pm Mrs. Miniver (1942), directed by William Wyler, is a wartime drama about a British family enduring the early years of World War II, emphasizing resilience and community spirit. It stars Greer Garson as Kay Miniver, alongside Walter Pidgeon and Teresa Wright. **Runtime: 134 minutes**

July 2026

HAPPY 250TH BIRTHDAY AMERICA

The United States turns 250 years old on July 4, 2026, marking its semiquincentennial—the 250th anniversary of the nation's founding and Declaration of Independence.

The 250th is expected to include a mix of historical exhibits, community projects, concerts, educational programs, and local celebrations across the country.

Philadelphia is known as the birthplace of America because many of the nation’s founding events took place there. Pennsylvania is expected to be one of the biggest focal points for the 250th celebration due to its important role in the founding of the United States.

Fun Fact: When the Declaration of Independence was signed in 1776, there were only about 2.5 million people living in the colonies—today the United States has more than 340 million people and has grown into one of the most diverse nations in the world.



JULY 2026

Programs & events scheduled for the month of July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Key: RR – Registration Required OC – Off Campus CR – Conference Room FL – Family Lounge WS – Wellness Suite	\$\$ – Cost CD – Closing Date DR – Dining Room FR – Fellowship Room PP – Patio by Pond	10:00 Sprenkle Produce Trip (RR)(OC) CD 6/31 1 10:00 Virtual Voyager “Alaska”(FR) 2:00 Faith Sharing (CR) 3:00 Worship Committee (CR) 3:30 Easy Exercise (FR) 4:00 Pinochle (FL)	9:00 Thaddeus Stevens & Lydia Hamilton Smith Center for History & Democracy (RR)(OC)\$\$ CD 7/1 2 2:00 Uno Flip (FL)	10:00 Conversation Café (CR) 3 4:00 Pinochle (FL)	12:00 July 4 th Covered Dish (FR) 4 6:00 Mexican Train Dominoes (FR) 
3:00 Worship Service (FR) 5	11:30 250 th Anniversary Picnic with RL, PC, & Staff (RR)(Dining Room/FL/PP) \$\$ CD 7/1 6 2:00 Residential Living Association Meeting (FR) 3:30 Wii Bowling (FR)	10:00 Knit & Crochet (FL) 7 1:00 Mexican Train Dominoes (FR) 3:30 Wii Bowling (FR)	10:00 Sprenkle Produce Trip (RR) (OC) CD 7/7 8 2:00 Faith Sharing (CR) 3:30 Easy Exercise (FR) 4:00 Pinochle (FL)	9:00-11:30 Beltone Hearing Aid Center (RR)(FR) 9 1:15 Movie at West Manchester “Young Washington” (RR)(OC)\$\$ CD 7/6 1:30 Cooking Demo “Peach & Honey Yogurt Granola Cups” (RR)(FR) CD 7/8 2:00 Dining Committee Meeting (FR)	10:00 Conversation Café (CR) 10 10:00 Errand Day/Walmart (RR)(OC) CD 7/9 2:00 Flip 7 (FL) 4:00 Pinochle (FL)	2:30 Bingo (FR) 11 6:00 Mexican Train Dominoes (FR)
3:00 Worship Service (FR) 12	10:30 Weis Shopping (RR)(OC) CD 7/12 13 1:30 “Summer Fun” Live Music with Keil Holland (FR) 3:30 Wii Bowling (FR)	1:00 Blood Pressure Clinic (WS) 14 2:30 Spirit Movers (FR) 3:30 Wii Bowling (FR) 7:30 Old Tyme Carnival & Fireworks with Sprenkle (RR)(OC) CD 7/10	10:00 Sprenkle Produce Trip (RR)(OC) CD 7/14 15 2:00 Faith Sharing (CR) 3:30 Easy Exercise (FR) 4:00 Pinochle (FL) 6:00 Bingo (FR)	8:30 Pretzel Sale (RR)(FL)\$\$ 16 10:00 Online Lecture: George Washington & the Road to Independence (FR) 4:00 Happy Hour on the Patio (RR)(PP) CD 7/13	10:00 Conversation Café (CR) 17 11:00 Social Life Committee (FR) 2:00 Life Long Learning: Peter Miele “Revolutionaries in the Riverland: The Mifflin’s, the Wright’s and the Legacy of the American Revolution” (FR) 4:00 Pinochle (FL)	2:00 Uno Flip (FL) 18 6:00 Mexican Train Dominoes (FR)
3:00 Worship Service (FR) 19	9:30 Residential Living Birthday Breakfast (RR)(FR) 20 CD 7/16 2:00 Residential Living Board Meeting (CR) 3:30 Wii Bowling (FR)	10:00 Knit & Crochet (FL) 21 12:30 Lunch Out “Graybill’s Diner” (RR)(OC) CD 7/17 2:30 Spirit Movers (FR) 3:30 Wii Bowling (FR)	10:00 Sprenkle Produce Trip (OC)(RR) CD 7/21 22 1:00 Penn State Ext. Karen Carrier “Mediterranean Food” (FR) 2:00 Faith Sharing (CR) 3:30 Easy Exercise (FR) 4:00 Pinochle (FL) 6:00 Emigsville Band (Parking Lot)	10:00 Online Lecture: Psychology of Kindness— Strategies for Prosocial Behavior (FR) 23 1:00 Mexican Train Dominoes (FR) 4:30 Pizza Party (RR)(FR)	10:00 Conversation Café (CR) 24 11:00 Craft Corner (FR) CD 7/23 1:00 Trivia with Friends (FR) CD 7/23 4:00 Pinochle (FL)	2:30 Wii Bowling with PC (FR) 25 6:00 Mexican Train Dominoes (FR)
3:00 Worship Service (FR) 26	10:30 Weis Shopping (RR)(OC) CD 7/26 27 2:00 Ice Cream Social “Neapolitan Banana Splits” (RR)(FR) CD 7/26 3:30 Wii Bowling (FR)	10:30 Boscov’s (RR)(OC) CD 7/27 28 2:30 Spirit Movers (FR) 3:30 Wii Bowling (FR)	9:00-12:00 Tech Support with Carol Page (FR)(RR) CD 7/28 29 10:00 Sprenkle Produce Trip (OC)(RR) CD 7/28 12:15 The Pride of Susquehanna Boat Ride (RR)(OC) CD 7/22 2:00 Faith Sharing (CR) 3:30 Easy Exercise (FR) 4:00 Pinochle (FL)	1:30 Life Long Learning: Paul Schenk “A History of Amish One Mindedness- The Ordnung, Banning, and Shunning” (FR) 30 2:30 York State Fair (RR)(OC) CD 7/27	10:00 Conversation Café (CR) 31 12:30 Carry Out for a Cause (RR)\$\$ 1:00 Movie & Discussion with Rich Santel “Mrs. Miniver” (FR) 4:00 Pinochle (FL)	